

GLENDALE'S SOCIAL-EMOTIONAL TEAM NEWSLETTER - JANUARY 2024



Social-Emotional Learning in the Classroom

Social-Emotional Learning (SEL) continues in Glendale classrooms. After having focused on Bullying Prevention and Empathy units, we will focus on Emotion Management - how to calm down strong feelings. We will utilize the Second Step curriculum and lessons from The Leader in Me program, among other resources.

Please contact Mrs. Kawa, should you have any questions.

Community Resources

Please see the attached pages for resources and programs within the community.

Counseling Available

Please contact us if you are interested in short-term, solution-focused counseling in school, or if you are interested in a referral through the Sweet Home Family Support Center for individual or family counseling in the community. The Family Support Center may also be reached directly at (716) 250-1229.

Contact Us

Mrs. Kawa (716) 250-1512

School Counselor

Miss Ciezki (716) 250 - 1508

School Social Worker

Miss Hearn (716) 250-1509

School Psychologist

Please call Mrs. Kawa at (716) 250-1512 to join this program.

Weekend BackPack Program

**Sweet Home has partnered with FeedMore
WNY to provide the BackPack program!**

The BackPack Program is a free program offered by FeedMore WNY. Its goal is to provide nutritious and easy-to-prepare foods to children to take home on weekends and school vacations.

Each week, your child will be provided with nutritious, non-perishable food provided by FeedMore, supplemented by additional food and toiletries donated to and packed by SHEF.

Participation in this program will not affect eligibility for other food assistance programs!

**Contact Sweet Home's
coordinator to enroll
your child today!**

**sweethomefoundation@yahoo.com
(716) 250-1605**



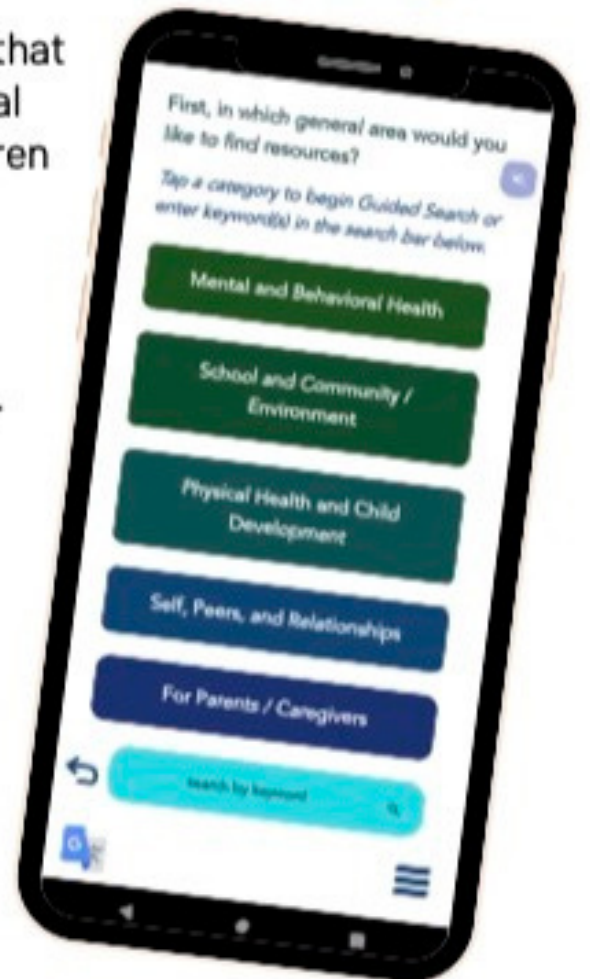
eriepath

find your way

Erie Path is Erie County's new smartphone app that helps parents and caregivers address the mental and behavioral health challenges faced by children and adolescents:

- ▶ **Find available programs and services** for children and adolescents.
- ▶ **Access information** that explains what their children and adolescents may face.
- ▶ **Explore practical strategies** for helping children and adolescents in their care.

Erie Path also includes resources for adult mental and behavioral health services, information for housing, employment, childcare, food pantries, medical care, social services, and senior services that can benefit adults and caregivers.



SCAN ME



erie.gov/eriepath

SCAN CODE WITH YOUR SMARTPHONE



WE ARE STRONGER TOGETHER

Are you the parent or caregiver of a child in Erie County who struggles with emotional or behavioral Health challenges? At times do you feel helpless or lost, with no idea where to turn for help?

YOU ARE NOT ALONE!!!!

Family Peer Parent Connection is a welcoming and inspiring place to share frustrations, concerns and ideas with caregivers who truly understand. We help parents/caregivers feel less alone by connecting them with the other parents/caregivers experiencing similar situations. We help parents/caregivers learn more about the services that are available to them in the community and connect them with resources that meet their needs.

**MEETINGS HELD MONTHLY
ON THE 2ND THURSDAY**

STARTING JANUARY 11TH

10AM-11AM

@ Amherst Community Center

220 North Pointe Parkway, Buffalo, NY 14228

FOR MORE INFORMATION:
CONTACT HEATHER WOOD
FAMILY PEER SUPPORT SPECIALIST



✉ hwood@ndyfs.org

📞 716-486-3295





MHA
Mental Health Advocates
Be Heard. Be Helped.

TAKE A
BREAK!

FAMILY SUPPORT PROGRAM

RESPIRE PROGRAM

Family Support Program is happy to partner with Sensational Fun, Inc.

Sensational Fun, Inc. Empowering Diverse Abilities

2881 Southwestern Blvd Orchard Park, New York 14127

www.sensationalfun.org

For any school age child with emotional,
social and behavior mental health challenges
and their caregivers.

New families- Request an application & Pre- Approval.
(Active families email/call to sign up)

*Need own Transportation

A Free respite for families with Kids: 4yrs - 12yrs.



**For more information and on how to apply: contact Toddie Rogers email/call
trogers@mhawny.org (716)886-1242 ext. 346

www.mhawny.org | (716)886-1242 | 1021 Broadway 5th Floor Buffalo, NY 14212