











# Learning Fun in the Summer Sun August Grades K & 1

Calvert County Public Schools Suggested Summer Learning Activities for Families

## HAPPY SUMMER, CCPS FAMILIES!

Summertime is the perfect time to explore the world around us. After all, school is not the only place where we can learn. Look around, learning opportunities are everywhere! To spark a few ideas, we've included activities across a wide range of subjects. Perhaps you'll enjoy a book under a shade tree, notice the stars in the evening sky, look up the strange bug in your garden, look for math patterns in a favorite song, or organize a fun water obstacle course. Feel free to pick and choose a few activities each week that seem interesting and fun! Consider keeping a journal or notebook to keep track of your activities. *Look for a new Learning Fun grid each month on the CCPS website. Visit [calvertnet.k12.md.us/SummerLearning](http://calvertnet.k12.md.us/SummerLearning)*

<p><b><u>Stretch It Out!</u></b> Pick 5 different muscles to stretch. Hold each stretch for 20 seconds.</p>	<p><b>Be a Family Helper:</b> Do something helpful around the house without being asked.</p>	<p><b>Found Sounds</b> Find 10 found sound items (trash can, spoon). Sort the found sounds into loud and soft sounds.</p>	 Pick a topic and listen to it with a stuffed animal, sibling, or friend.	<p><b>Family Folklore:</b> Ask an older family member to share a family story or tradition.</p>
<p><b><u>Mindful Minute</u></b> Sit quietly. Use senses to notice as much as you can about your surroundings. Listen, observe, breathe, and feel.</p>	<p>Pick your top 5 <i>favorite books</i>. Put them in order from your most to least favorite. Create an award, trophy, or badge for the book you rated as your favorite.</p>	<p><b>Writing Fun</b> Put salt, flour, or rice on a cookie sheet. Practice writing words that your adult helper names.</p>	<p><b>Poetry Place</b> Write a collection of poems about summertime. For a challenge, see if you can create poems that don't rhyme. Try a shape poem for fun!</p>	 Try exercising to the alphabet with your family!
 <p><b>What can stop an apple from browning?</b> Work through an experiment to test different kitchen substances to see what will stop apples from browning before you eat them.</p>	<p><b>Light Source Drawing</b> Place object(s) so it sits between you and a light source (sun, lamp) to create a cast shadow on your paper. Trace the shadow with pencil without moving the object. Experiment! Trace multiple shadows all over your paper or trace the object at a different time of day using the sun- does the shadow shape change?</p>	<p>Can you make bubbles that are shaped like a cube? Check out <a href="#">THIS RESOURCE</a> to learn more about having mathematical fun with soap bubbles.</p> 	<p><b>Draw Your Food</b> Find any food in your home- fruit, cereal boxes, bags of chips, etc. and try to draw exactly what you see! Do you think your drawing looks realistic like a photograph or more cartoony like an illustration?</p>	 <p>Find out more about the needs of an animal you have seen in your backyard. What could you add to offer habitat or food for that animal?</p>

<p><b><u>Dance Break</u></b> Put on your favorite song and dance to the music.</p>	<p><b>Time on a Line:</b> Make a timeline showing the top fun things you did this summer in order.</p>	<p><b>Game Time</b> Read aloud the directions to a board game and then play it.</p>	<p><b>No Words Needed</b> Create a wordless picture book and share your story with a family member or friend.</p>	<p><b>Be a Chef!</b> Find a recipe from a different country and cook it with your family.</p>
<p><b>Favorite Song</b> Listen to your favorite song. What instruments do you hear? Is the song fast or slow? Is the music loud or soft? How would the song be different if those elements changed?</p>	 <p>Create a catapult out of a spoon to launch mini marshmallows or cotton balls.</p>	<p><b>Daily Reading Time</b> Read or listen to a book every day! After reading retell the story OR name the important facts after reading. an informational book.</p>	<p>As you go for a walk, look for geometric shapes. Maybe you will find tree branches that form a triangle or a circle shaped hole in the ground. Use tally marks to see which shape is found most often.</p>	 <p>Create a string telephone and have a chat with someone several feet away!</p>
<p><b><u>Animal Moves</u></b> How does a bear move? What about a crab? Can you move like a kangaroo? How many different animals can you move like?</p>	<p><b><u>Kindness</u></b> Talk to a parent or family member about a time someone did something kind for you. How did it make you feel?</p>	<p><b><u>Belly Breath</u></b> While lying in bed, place your hands on your stomach, and pay attention to the up and down of your belly as you breathe.</p>	<p>After reading a story book, retell the story with pictures cards. Draw pictures that can be put in order to retell the beginning, middle, and end.</p>	<p><b>Perform a Song</b> Perform a song for an audience- someone at home or your favorite stuffed animal. What do musicians need to think to prepare for a performance?</p>
<p><b>Dancing Speed</b> Dance to a slow song and dance to a fast song. Which one was your favorite? How did your dancing change?</p>	<p><b><u>Ball Toss</u></b> Toss a ball or object into a laundry basket or can. Move around the space and challenge yourself.</p>	<p><b>No Tech Challenge</b> Spend one day every week without TV or video games. Write about what you did instead.</p>	<p><b>Build It and They Will Come</b> Build a reading fort and read with your family, pets, or stuffed animals.</p>	<p><b><u>Hop, Hop, Hop</u></b> Hop on one foot as many times as you can. Repeat on the other side. Which leg was stronger?</p>
<p><b>“Make” your favorite meal!</b> On a piece of paper draw a plate. Cut out images from magazines, advertisements, coupons, or draw your own food. Glue or tape them on the plate. Decorate the paper around your plate as a placemat using patterns and</p>	 <p>Cut out shapes or images and attach to sticks to create a shadow puppet show.</p>	<p><b>Create a Bug Jar</b> Draw a large jar with a lid on your paper, enough to draw several bugs. Use what you know about bugs to draw different bugs using basic outlines with a pencil. Use markers or crayons to color the bugs.</p>	<p>Find 5 similar objects outside: 5 sticks or 5 flowers, etc. Ask your child to “put them in order”. Once your child orders them, ask why they chose the order they did (Size? Color? etc....).</p>	<p><b>Collect A LOT of objects.</b> Without counting, <b>estimate</b> how many. Arrange the items into groups to make them easy to count (maybe groups of 5 or 10). <b>Count</b> the total. <b>How close was your estimate?</b></p>