

Dr. Mark Henry
Superintendent of Schools

Melinda Hood, R.N., BSN
Director, Health Services

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Dr. Mark Henry, Superintendent
Board of Trustees, Cypress-Fairbanks ISD

In accordance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code, I submit this yearly report on behalf of the School Health Advisory Council (SHAC) to the Cypress-Fairbanks ISD Board of Trustees. CFISD's SHAC met four times in the 2022-2023 academic year to address the goals, topics, and recommendations listed below.

SHAC goals:

- Address topics included in the coordinated school health model, including recess, human growth & development education, safe schools, childhood obesity, and childhood nutrition

SHAC topics of discussion:

- Recommended curriculum materials for the 4th and 5th grade Human Growth Development lessons, the High School Health Course Human Sexuality Unit, and the Instruction on Prevention of Child Abuse, Family Violence, Dating Violence and Sex Trafficking.
- Physical activity and fitness planning subcommittee: continued the publication of the *Monthly Movement Calendar* for use by elementary campuses to promote daily physical activity
- Fentanyl threats, community awareness and the effectiveness of naloxone as a countermeasure for those whose have an opioid overdose/poisoning were discussed.

SHAC recommendations for your consideration:

- None

Sincerely,

Melinda Hood, R.N., BSN

Director, CFISD Health Services