

## School Health Advisory Council Meeting Minutes April 23, 2024

### Members in Attendance

#### Community Members:

- Carla Purcell
- Bethany Scanlon
- Jennifer Matuska
- Marcela Sabatino
- Carolyn Gonzalez
- Allison Reimers
- Ginger Patel
- Angelica Gilbert-Williams
- Heather Wilson
- Lizza Harris
- Carolyn Rospierski
- Elizabeth Bosquez, MD
- Loretta Bourn
- Teresa Thomas
- Jennifer Moya

#### Guests:

- Angela Rhymes
- Minet Cortez
- Shelly-Ann James-Perelion
- Sheila McMullin
- Kirk Eaton
- Franklin Sampson
- Doug Killian
- Pavlina Avila-Martinez
- Monica Aranda

#### District Committee Members:

- Angela Baird
- Sierra Bell
- Susan Brenz
- Emmy Durand
- Sarah Hoglund
- Melinda Hood
- Scott Hudson
- Suzy Hunter
- Jose Martinez
- Sheri McCaig

- Michelle Voelkel
- Elaine Waier
- Angela Williams-Thomas
- Amanda Tran
- Michelle Pastorek
- Celia Weaver

#### Facilitator:

- Christina Cole

#### Call to Order

Christina Cole called the meeting to order at 9:03AM.

#### Review and Approval of Minutes

No Amendments

- Motion to approve: Dr. Elizabeth Bosquez
- Second: Marcela Sabatino
- All were in favor.

#### Safe and Supportive Schools

Franklin Sampson reviewed history between 2013-2023 that has led to the current safety and security guidelines.

Wes Baker reviewed district developments from the 2022-2023 school year. This included creation of campus level threat assessment team and oversight committee to review R&D of threat assessment. The committee is multidisciplinary, including individuals with various expertise.

Dr. Pastorek reviewed the strategic plan which included: Prevention – hazard blocking efforts

Identification and Intervention – strategies to recognize and address

Respond & Recovery – mitigation steps to address a crisis event

There was an examination of target baseline for goal 2, objective 1: provide physical, mental, and behavioral health at all three stages of the strategic plan.

#### Wellness Subcommittee Report

Emmy Durand emphasized the urgent need for the SHAC to adopt a comprehensive wellness plan and

ensure its publication and accessibility to the public. The plan is required to encompass clear goals, objectives, and strategies aimed at promoting the well-being of the CFISD community. Emmy further informed the committee that a TASB (Texas Association of School Boards) template had been utilized to outline the proposed plan. Emmy reviewed the nutrition plan (NP) goals 1 and 2, which encompassed detailed objectives and outlined measures of success. This approach ensures that our wellness plan is not only comprehensive but also measurable, allowing for effective tracking of progress and outcomes.

To provide additional context and resources, copies of the CFISD Wellness Plan and the Student Welfare Wellness and Health Services FFA document were distributed to all attendees.

- Motion to adopt plan: Dr. Elizabeth Bosquez
- Second: Jennifer Moya
- All were in favor.

### Counseling Update

Franklin Sampson provided a comprehensive review of the essential role played by guidance counselors within our educational institution. The discussion delved into the array of services they offer not only to students but also to families and staff members.

Furthermore, Mr. Sampson introduced the Mental Health Intervention Team, which is a collaborative effort comprising counselors, psychologists, and officers. This team is pivotal in addressing various mental health concerns and ensuring timely interventions when needed.

The meeting also covered the initiatives spearheaded by the team, notably the Substance Use and Prevention Program, aimed at tackling issues related to substance abuse within the student body.

One significant highlight was the introduction of Digi Safe, a program that was launched during the 2023-2024 school year. This initiative serves as a proactive measure to identify search alerts on district devices. These alerts are filtered and promptly directed to school counselors for assessment of mental health risks, and to the APs to address potential school violence risks.

Additionally, parents and students associated with the flagged alerts are promptly notified, ensuring a collaborative effort in maintaining a safe and supportive educational environment.

### Health Services Update

Melinda Hood provided an overview of the mission of Health Services within our district, highlighting our commitment to ensuring the health and well-being of all students and staff members.

A review of district employees within Health Services was presented, indicating the following staffing numbers: 97 Registered Nurses (RNs), 6 Licensed Vocational Nurses (LVNs), and 60 clinical assistants. It was noted that there have been over 300,000 visits to school clinics by students.

Health Services actively partners with the HCHD (Harris County Health Department) to address epidemiological concerns and ensure proactive measures are in place to safeguard the health of our school population.

The group also provides valuable health awareness training for CFISD staff, equipping them with the knowledge and resources necessary to promote a healthy and safe learning environment.

### Physical Education Subcommittee Update

Elaine Waire extended an invitation to all SHAC members to attend the subcommittee meeting immediately following the conclusion of the SHAC meeting.

During the subcommittee meeting, the focus will be on reviewing the results of campus surveys, which garnered 41 responses. These surveys serve as valuable feedback mechanisms to gauge the needs and preferences of our school community regarding health and wellness initiatives.

Additionally, the subcommittee will discuss plans to enhance physical activities within our district, drawing inspiration from successful implementations in other districts.

The subcommittee remains committed to exploring additional recreational opportunities to encourage fitness outside of P.E. classes and UIL activities.



**Adjournment**

Meeting adjourned at 10:34AM by Christina Cole.