EVENTS & SCHOLARSHIP INFORMATION ARE POSTED ON THE K-12 SCHOOL COUNSELING WEB PAGE www.ryeneck.org

HOW TO GET THE MOST OUT OF YOUR HIGH SCHOOL EXPERIENCE

- 1. Get to know your counselor
- 2. Meet new people
- 3. Always do your best
- 4. Experience new things
- 5. Be yourself
- 6. Figure out the type of student you are

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RYE NECK HIGH SCHOOL

SCHOOL COUNSELING

CHECKLIST FOR FRESHMEN & SOPHOMORES

RyeNeckSchools

2024-2025

(914) 777-4872

CHECKLIST FOR GRADES 9 & 10

<u>AUGUST</u>

- August 26th—Tryouts begin for the 2024 fall sports season for all Varsity and JV sports (9-I 2th grades). Register on line with Family ID.
- Check student schedule for correct course selections. Any confusion, email your counselor—name is on the top of the schedule.

SEPTEMBER

- September 5th Attend High School Open House at 6:00 p.m.
- Ist semester First Year Seminar begins.
- September 11th Attend Financial Aid College Workshop 6:00 p.m. in the Performing Arts Center. Parents and students welcome.
- September 27— Last day to add a class.

<u>OCTOBER</u>

- Encourage sign-up for extra-curricular activities/clubs.
- October I I th Review first quarter progress report. Any questions or concerns, call teachers/counselor.
- October I 5th 9th & I0th Grade Parents Attend "Conversations with the Counselors at 7:00 p.m. in the Dining Hall.
- October 16th All sophomores take the Pre-ACT exam during the school day.

NOVEMBER

- November 8th Last day to drop a class.
- November 15th—SWBOCES Career Fair—all Sophomores will attend.
- November 15th Check first quarter report card. Any concerns, call teachers/ counselor.
- Sign up for winter sports.

DECEMBER

• December 20th - Review second quarter progress report. Any questions or concerns, call teachers/counselor.

<u>JANUARY</u>

- Students should attend review sessions for midterm exams offered by teachers.
- January 21st-24th Mid-term exams.
- Apply for college summer programs.

FEBRUARY

- 2nd semester First Year Seminar begins.
- February 7th- Review second quarter report card. Any questions or concerns, call teachers/counselor.
- Course selection begins. Parents are encouraged to call the School Counseling Office to schedule a course selection meeting with you, your child and their school counselor.
- Apply for college summer programs.

<u>MARCH</u>

 March 21st - Review third quarter progress report. Any questions or concerns, call teachers/counselor.

MARCH (cont.)

• Sign-up for spring sports.

<u>APRIL</u>

 April 18th - Review third quarter report card. Any questions or concerns, call teachers/counselor.

<u>MAY</u>

- Mid-May AP exams.
- Urge student to begin reviewing for Regents/Finals
- May 23rd Review final progress report. Any questions or concerns, call teachers/counselor.
- Sophomores participate in Career Exploration with the Counselors (six week course).

<u>JUNE</u>

- Students should attend review sessions offered by teachers.
- June 4, 10, 17,18, 20, 23 24, and 25 -Regents/Final exams.
- Sign up for summer school or August Regents, if needed.
- Review final report card and check for accuracy.
- Apply for summer jobs or internships.

<u>JULY</u>

- Begin summer reading.
- Seek out community service opportunities.
- Enjoy your summer!