



Transition from KG 2 to Grade 1

Coffee Morning
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Transitioning from EYP to PYP



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Agenda:

- Introduction
- Growth Mindset
- Independence
- Responsibility
- Resilience
- Academic Rigor
- Grade 1 specifics
- Questions

The transition from KG 2 to Grade 1 can be a significant change for children. Today we want to offer some tips to help make the transition smoother and prepare you for the next stage of your child's learning journey.



Growth Mindset



A growth mindset is a belief system that fosters the idea that intelligence and abilities can be developed through hard work, dedication, and persistence.

This belief system is in contrast to a fixed mindset, which is the belief that intelligence and abilities are static and cannot be changed.



The importance of a Growth Mindset

- Promotes learning and development
- Encourages resilience
- Fosters creativity and innovation
- Enhances self-esteem
- Supports the development of other key skills



Growth Mindset at home

Promoting a growth mindset at home can help your child develop a positive attitude towards learning and increase their chances of success.

- Encourage effort over results.
- Embrace challenges
- Use positive language
- Model a growth mindset



Independence



Grade 1 students need to be independent! There are lots of ways in which you could encourage your child to become more independent.

- Encourage your child to dress themselves
- Pack their own backpack
- Take care of their belongings
- Work with your child and label everything! Bags, hats, shirts, socks, water bottles, lunchboxes **EVERYTHING!** It promotes independence, responsibility and organization

This will help them feel more confident in their ability to handle the new responsibilities of Grade 1.



Age Appropriate Chores for Children

2-3 Years Old

- Wipe down front of oven, fridge, or doors with a wet washcloth
- Throw away diapers in trash can
- Pick up toys
- Fold washcloths
- Help set table
- Wipe down front of trash can

4-5 Years Old

- All previous chores
- Put away toys
- Straighten books on bookshelf
- Put away clean silverware
- Help clean bedroom
- Sweep kitchen floor with small broom
- Clean off table
- Wipe down dirty walls
- Fold towels

6-7 Years Old

- All previous chores
- Lighter cleaning of bathroom (wipe down sink, toilet, mirror and sweep floor)
- Fold laundry
- Sweep floors
- Unload dishwasher (put items they can't reach on counter for Mom to put away)
- Wash light loads of dishes
- Take clothes out of dryer
- Put wet clothes from washer into dryer

8-9 Years Old

- All previous chores
- Dust
- Wash dishes
- Help with meal prep
- Vacuum
- Bring trash to curb on trash day
- Take care of pets
- Empty trash in house
- Weed flowers / garden
- Organize toy cabinets

10-12 Years Old

- All previous chores
- Mow the yard
- Wash basic laundry
- Make easy meals
- Mop floors
- Clean the kitchen
- Helping watch younger siblings
- Tidy the basement / garage
- Clean out car
- Do a light clean of inside fridge

13+ Years Old

- All previous chores
- Clean tub / shower
- Make dinner meals alone
- Iron clothes
- Dust ceiling fans



Modest Nom.com



In Grade 1, students are expected to take a more independent approach to their learning.

There are many reasons why responsibility is important:

- Builds self-esteem
- Increases independence
- Fosters problem-solving skills
- Builds resilience



Some ways to encourage responsibility at home:

- Encourage your child to ask questions and seek out information on their own.
- Assign age-appropriate chores
- Allow them to make choices
- Set clear expectations
- Encourage problem-solving



RESILIENCE



Bouncing Back

Promoting Resilience at home

- Teach coping skills
- Encourage physical activity
- Provide opportunities for problem-solving
- Model resilience

Resilience is the ability to bounce back from setbacks, adapt to changes, and overcome challenges. A really important skill when transitioning to a new grade.

It is an important attribute to develop as it helps individuals cope with adversity and persevere through difficult situations.

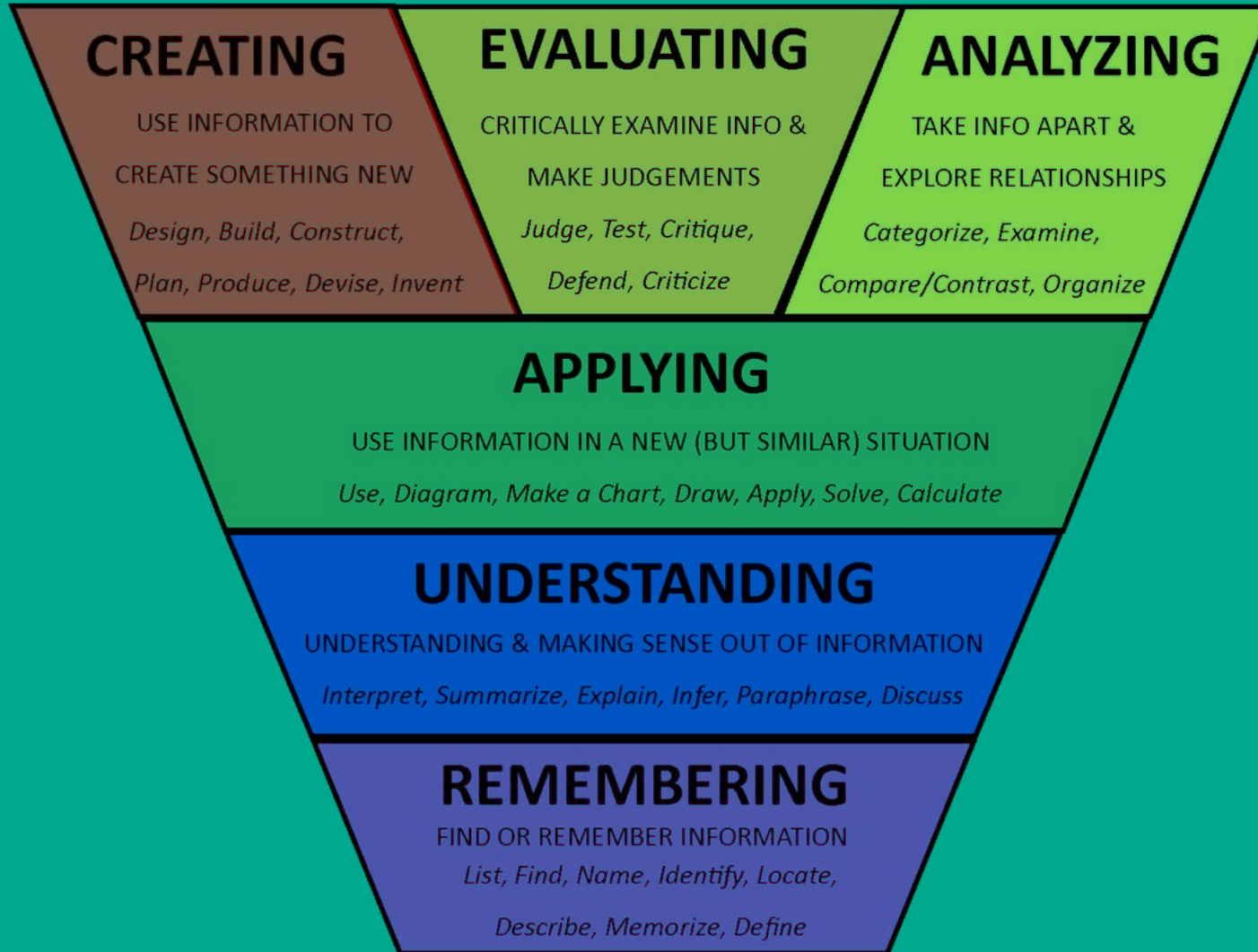


8 Ways to Build Resilience in Children:

1. Let them experience disappointment so they learn sadness doesn't last forever.
2. Validate their fears and help them make plans to do things even if they're scared.
3. Let them take (reasonable) risks and experience natural consequences.
4. Encourage them to try new things, make mistakes, and learn from their mistakes.
5. Give them opportunities to make their own decisions and help them problem solve.
6. Tell stories of people who faced hard times, persisted, and grew stronger as a result.
7. Reframe challenges as short-term problems, and opportunities for learning.
8. Remind them that although we can't control everything that happens to us, we *can* control how we respond.

Learn more at www.GoodDaysWithKids.com

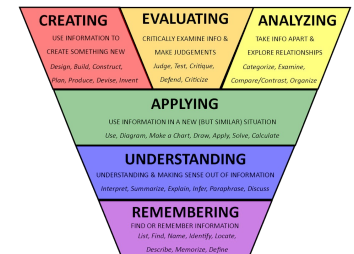
Academic Rigor



This is perhaps the biggest change that you might notice.

In Grade 1 students are expected build upon the skills that they have learnt in KG2. These skills are the foundation for future academic success.

- There are opportunities for hands on learning to suit our kinesthetic learners but learning through play is reduced.
- We will be building confidence
- **Importantly we encourage a love of learning**

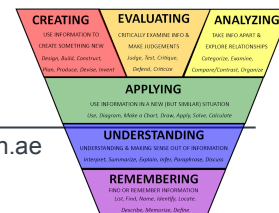


By the end of Grade One, students are expected to have a solid foundation in reading, writing, and basic math. They should be able to read and understand simple texts, write simple sentences with correct grammar and punctuation, and perform basic addition and subtraction.

Reading Comprehension: Students should be able to read aloud with fluency and accuracy, and understand the main ideas and details of a text. They should also begin to develop vocabulary and be able to use context clues to understand unfamiliar words.

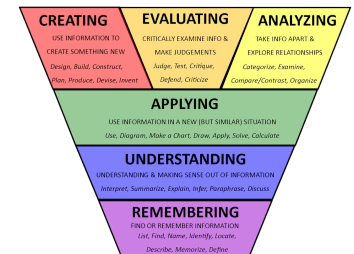
Writing Skills: Grade One students are expected to write short narratives and descriptions, using appropriate punctuation, capitalization, and grammar. They should also begin to organize their writing into paragraphs and use basic editing skills.

Math Skills: Students should be able to solve simple addition and subtraction problems, understand place value, and recognize basic 2D and 3D shapes, describing their properties. They should also develop an understanding of measurement and be able to tell time on an analog clock.



You can start preparing children for these changes by:

- encouraging taking action outside of class
- practicing basic academic skills such as addition and subtraction
- reading at bedtime
- making shopping lists
- writing simple sentences
- Providing problem solving opportunities and getting them to explain their reasoning

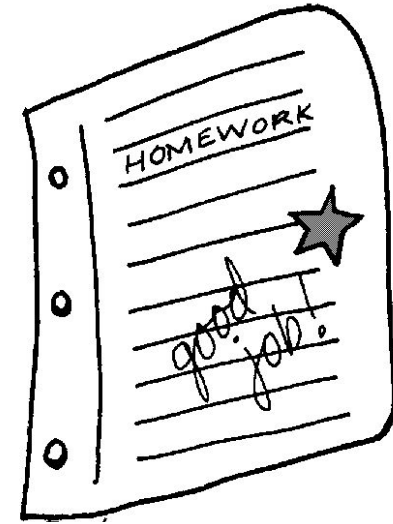


Homework Policy: Core Subjects

Homework policy:

Reading will be the priority and the expectation for home learning. In addition to reading, weekly spellings will be assigned. These are a combination of high frequency words and common exception words.

Strengthening of mathematical concepts taught in class may be assigned, and some preparation and/or consolidation of learning in other areas, primarily our Unit of Inquiry, will be given later in the year.





Arrival / Dismissal

ARRIVAL:

The school day starts for Grade One at 7:50. Any students arriving before this because they have siblings with a different start time will be supervised in the playground until it is time to walk to class

Children will be expected to say goodbye to parents at the door and walk to class independently.

DISMISSAL:

Students will be dismissed on the basketball courts at 3:30. If you are running late we will escort students to the office to wait at 3:40.

Next Steps:

- 'Move up day' will be July 02nd, a chance for students to visit the Grade one classes.
- 'Meet the Teacher' email from your Grade 1 homeroom teacher will be sent on the same day with teacher's contact details and additional information;
- Should you have any questions on Transition to Grade 1, please get in touch with Ms Wood (cwood@fairgreen.ae)

Any Questions?

Thank You!