



Local School Wellness Policy: Triennial Assessment Tool 2024

School Division:
Albemarle County Public Schools

Wellness Policy Contact Name and Email:
Policies maintained through ACPS Strategic Planning Department along with appropriate stakeholders. Wellness policy reviewed through collaboration of various positions.

Wellness Policy can be found at:
<https://www.k12albemarle.org/school-board/school-board-policy>

Triennial Assessment can be found at:
www.k12albemarle.org/our-departments/nutrition

Every three years the divisions must conduct an assessment of the Local School Wellness Policy and make it available to the public. That assessment must address:

- compliance with the division Local School Wellness Policy,
- how the policy compares to the model Wellness Policy, and
- progress made in attaining the goals of the Wellness Policy.

Please visit the [Virginia Department of Education, Office of School and Community Nutrition Programs \(VDOE-SCNP\) website](#) for all tools and resources to help you complete your Triennial Assessment.

When finalized, please forward this Triennial Assessment or a link to its location to Katy Harbin, Nutrition and Wellness Specialist, at Katy.Harbin@doe.virginia.gov.

Wellness Policy Requirements

Category	Requirement	Fully in place	Partially in place	Not in place	Action Taken Toward Goals
Policy Leadership	Designate the position or committee responsible for Wellness Policy oversight.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Public Involvement	Notify the public of their ability to participate in the development, implementation, and review.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
School Meals	Serve school meals that follow USDA-FNS meal regulations. (7CFR210.10 and 7CFR220.8)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Foods Sold Outside of School Meals Program	Sell only USDA’s Smart Snacks compliant foods and beverages outside of the school meals program.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Foods Provided, Not Sold	Specify division guidelines for foods provided, not sold, including at celebrations, given as rewards, or classroom snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.

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Food and Beverage Marketing	Market only products that adhere to the USDA-FNS Smart Snacks rule.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Nutrition Education	Include at least one evidence-based goal for nutrition education. <i>Nutrition education is incorporated into the core curriculum.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nutrition education is incorporated into the core curriculum 100% of schools.
Nutrition Promotion	Include at least one evidence-based goal for nutrition promotion. <i>School cafeterias promote nutrition and wellness with posters, nutritional links, and promotions.</i>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	CNP and website provides resources to nutrition and wellness, participating in back to school nights, nutrition and wellness posters, breakfast and annual farm to school promotions featuring local farmers and local scratch cooked menu items.
Physical Education/Activity	Include at least one evidence-based goal for physical education and/or physical activity. <i>Each school will be encouraged to incorporate physical activity into the school day in ways other than PE.</i>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	13% of the schools were unsure if this goal was met daily. The wellness policy review team is evaluating policy goal to provide more details for schools and physical activity options feasible within 11 and 12 th grade.

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Other Activities that Promote Student Wellness	Include at least one evidence-based goal for other activities that promote student wellness. <i>Food items of minimal nutritional value will not be used as rewards by school staff in the classroom.</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Although schools met this goal, it was determined that more content, materials will be more consistently available for schools to reference.
Triennial Assessment	Complete a Triennial Assessment and notify the public. <i>Triennial assessment will be posted on divisions website. www.k12albemarle.org/our-departments/nutrition</i>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Public Update and Information	Specify how the public will be informed about content and implementation. https://www.k12albemarle.org/school-board	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Compliant Fundraisers	Permit only USDA-FNS Smart Snacks compliant food and beverage fundraisers. LEAs may choose to allow up to 30 school-sponsored fundraisers per site per school day to be exempt from the Smart Snacks.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Presently fundraisers are to abide by smart snacks exclusively, however this is being considered for revision based on stakeholder feedback. Wellness policy under review for revisions and updated goals.

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Fundraiser Times	Disallow food or beverage fundraisers during meal times.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Fundraiser Designee	Designate an individual to monitor all food and beverage fundraisers. This designee shall not be school nutrition personnel. School administration monitors compliance with fund raisers.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.
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Additional Wellness Goal	Click or tap here to enter text.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Click or tap here to enter text.

Additional Notes:

Through the triennial assessment as well as input from stakeholders reviewing the wellness policy, further revision will be incorporated new goals and to tailor toward SMART goals.

How does your policy compare to the model policy?

Policy was cross referenced to model policy for consideration and to ensure regulations are accurately addressed in the wellness policy.

Note progress made towards wellness goals:

Click or tap here to enter text.