

2023-24 FALL Updates & Releases

HW State Tournament Update (11/13/23)

HW Boys and Girls Cross Country (Both CAL Champs. Boys CAL Open Champs) earned the right to be called Division III-B Champions this weekend at Northfield Mountain. The **Girls team** finished the race by going 1-2-3 and **Grace Rich** won the race outright. Not to be outdone, the **Boys placed** four runners in the top 15 to seal their first division title since 2014 (when, ironically, both Boys and Girls won the Division Championship in the same year).

Both teams will compete in the All-State Championships this Saturday, November 18th at Fort Devens at 11:00 AM. Boys race is at 11:00 while the Girls begin at 11:45. Here is a [parking map](#) for those attending the races. Spectators should use lots A, C, D, and F.

HW Boys Soccer (15-2-2, CAL Champs) lost to Gardner High School, 2-1 in Overtime the Elite Eight Round of the **MIAA Division IV State Tournament**. The Generals and Wildcats battled through a scoreless first half before Gardner opened the scoring shortly into the second. HW rebounded and, after applying pressure for the next portion of the game, tied it up and forced the game into Overtime. Each team had chances early in the extra frame but Gardner sealed their trip to the Final Four on a beautifully placed header off a Corner Kick. The Generals finished the season as CAL Champs and earned their birth in the Elite Eight with tremendous play all year. The game was an even battle throughout that went back and forth that could have gone either way. Congratulations to the squad, and especially the Seniors that were the engine of this team all year long.

HW Girls Soccer (15-1-3, CAL Champs) were bested by Lynnfield High School, 4-0 in the Elite Eight Round of the **MIAA Division IV State Tournament**. The Pioneers scored early and tacked on two more goals heading into Halftime and held off the Generals throughout the contest. Despite the tough result, one game will not define the excellence this team displayed all year long. This Senior class departs having won four straight CAL titles, two Elite Eight finishes and a State Title in 2021. Congratulations to the entire team on an incredible ride and good luck to CAL foe Lynnfield on their journey into the Final Four.

HW State Tournament Update (11/11/23)

HW Girls Soccer (15-0-3, CAL Champs) defeated Monument Mountain Regional High School yesterday, 3-0 in the Sweet Sixteen Round of the **MIAA Division IV State Tournament**. The Generals advance and will travel to Lynnfield High School to face the Pioneers on Saturday, November 11th at 12:00 PM in the Elite Eight. This is an MIAA e-Ticket game. Here is the [link to purchase tickets](#).

HW Boys Soccer (15-1-2, CAL Champs) defeated Advanced Math & Science, 2-1 in the Sweet Sixteen Round of the **MIAA Division IV State Tournament**. The Generals advance and will face Gardner High School at Gordon College on Saturday, November 11th at 5:00 PM in the Elite Eight. This is an MIAA e-Ticket game. Here is the [link to purchase tickets](#). Here are the [parking details](#) for games at Gordon College.

HW Volleyball (17-6) fell to top seeded Ipswich High School yesterday, 3-1 in the Elite Eight Round of the **MIAA Division IV State Tournament**. For much of the match, the Generals and Tigers were neck and neck, playing in front of a packed house on the road. After dropping the first nail biting set, 26-24, HW never lost their nerve picking up the second set by a razor thin margin, 25-23. With the third set sitting at 16-15, Ipswich started to pull away. The Generals never allowed it to get too far away but the Tigers took the final sets, 25-19 and 25-18 to seal their trip to the Final Four. The Generals wrap the season at 17-6 and played the entire season with poise and relentlessness. They won five of six five set matches, which speaks to the resilience they demonstrated all year. Good Luck to Ipswich as they advance and congratulations to the team on a great season.

HW State Tournament Update (11/6/23)

The Generals continue through their journeys in the MIAA State Tournament. Here are the updates for teams from Hamilton Wenham.

HW Girls Soccer (14-0-3, CAL Champs) defeated Blue Hills Vocational Technical School yesterday, 3-0 in the First Round of the **MIAA Division IV State Tournament**. The Generals advance and will face Monument Mountain at Gordon College on Wednesday, November 8th at 4:00 PM in the Sweet Sixteen. This is an MIAA e-Ticket game. To [purchase tickets, please click here](#). Here are the parking details for games at Gordon College.

HW Boys Soccer (14-1-2, CAL Champs) defeated Winthrop yesterday, 2-0 in the First Round of the [MIAA Division IV State Tournament](#). The Generals advance and will face Advanced Math & Science at Gordon College on Wednesday, November 8th at 7:00 PM in the Sweet Sixteen. This is an MIAA e-Ticket game. To [purchase tickets, please click here](#). Here are the parking details for games at Gordon College.

HW Volleyball (17-5) defeated Nantucket High School yesterday, 3-1 in the Sweet Sixteen Round of the [MIAA Division IV State Tournament](#). The Generals will face top seeded Ipswich at Ipswich High School on Friday, November 10th at 4:00 PM in the Elite Eight. This is an MIAA e-Ticket game. To [purchase tickets, please click here](#).

HW Boys and Girls Cross Country (Both CAL Champs. Boys CAL Open Champs) will compete in the Divisional Championships on Saturday, November 11th at Northfield Mountain at 10:00 AM.

HW State Tournament Update (11/1/23)

State Tournament Pairings have been announced for teams across the Commonwealth in all sports. Here are the updates for teams from Hamilton Wenham.

HW Volleyball (15-5) earned the #8 seed in the upcoming [MIAA Division IV State Tournament](#). The Generals will face #25 Monument Mountain on Thursday, November 2nd at 5:00 PM at Hamilton Wenham Regional High School. There is no admission charge for this game.

HW Girls Soccer (13-0-3, CAL Champs) has earned the 5th seed in the upcoming [MIAA Division IV State Tournament](#). The Generals will face the winner of Blue Hills and Westfield Tech at Gordon College on Sunday, November 5th at 3:00 PM. There is no admission charge for this game. Parking details to be posted.

HW Boys Soccer (13-1-2, CAL Champs) has earned the 4th seed in the upcoming [MIAA Division IV State Tournament](#). The Generals will face the winner of South Hadley and Winthrop at Gordon College on Sunday, November 5th at 6:00 PM. There is no admission charge for this game. Parking details to be posted.

HW Boys and Girls Cross Country (Both CAL Champs. Boys CAL Open Champs) will compete in the Divisional Championships on Saturday, November 11th at Northfield Mountain at 10:00 AM.

HW Winter Sports Information Meetings (10/13/23)

Throughout the week of October 16th, HW Winter Coaches and/or Captains will meet with Prospective Players regarding the upcoming winter seasons. Please click here for a schedule of these meetings.

Please also visit the [Winter Registration Page](#) within this website for more details and timelines re: registration as well as the [Contact Information page](#) to connect with each Varsity Team's Head Coach.

HW Athletics Earns Cape Ann League Hyland Award (6/15/23)

The Cape Ann League has presented its highest honor, the Hyland Award, to Hamilton-Wenham Regional High School's Athletic Department for the third time in the last four years it has been presented. The Generals also won the award in 2019 and 2020 (No award was presented in 2021 due to the hybrid nature of athletics that year). The distinction is presented to the school that demonstrates overall excellence in athletics in the areas of academic success, community service, participation, sportsmanship, and on-field success.

The Generals scored at or near the top of almost all categories that factor into the award. Most notable, Hamilton-Wenham led the league in participation rates once again with 71% of the school's student population involved in at least one sport. Additionally, each of the 23 Varsity Sports hosted by the Regional earned the league's academic distinction.

The Generals have excelled on the fields of competition this year as well. Over 80% of teams have qualified for the MIAA State Tournament with Boys Soccer and Volleyball reaching the Sweet Sixteen, Girls Soccer, Baseball, and Girls Lacrosse advancing to the Elite Eight, and Boys Tennis reaching their second consecutive Final Four. Girl's Tennis has reached the State Final and will attempt to earn back-to-back State Titles when they face Manchester-Essex later this weekend. Factoring into the Hyland Award presentation were league titles for Boys Cross Country, Golf, Boys Soccer, Girls Soccer, Boys Tennis and Girls Tennis.

Please continue to check cal1970.org, the [HW Athletic Web Site](#), and [Twitter](#) for updates to our schedules.