

# El Modena High School Athletics

## Helpful Athletic Clearance Tips

**PARENTS PLEASE DOWNLOAD FORMS TO HOME CAMPUS**

**PLEASE USE OUR OUSD FORMS**

### Create Athletic Clearance Account

1. Go to <https://www.homecampus.com> create your student-athlete's account by clicking *Register*.
2. Login to your email, verify your Athletic Clearance account and log into Athletic Clearance.

### Create a "New Clearance" (Each Sport Requires a "New Clearance")

3. Select "New Clearance" and fill out the student information.
  - o Complete all requested fields & **upcoming grade** for the 2024-2025 school year.
4. Please submit a **current** Physical Examination Form & Health History Form to the Health Clerk.
  - o The OUSD Physical Examination Form and Health Survey can be found under the "Student Info" tab, under physician information. Click "Download Physical Form" and Print.
  - o Please make sure the **physical is signed, dated, and stamped** by the Physician (MD or DO) before submitting physical to the health clerk.
  - o Please **DO NOT** turn the Physical Forms into your Coach.
5. Proceed to complete Medical History, Parent/Guardian Info, & Signature sections.

### Adding Siblings in Athletic Clearance

1. Using the same Athletic Clearance account, select "New Clearance" and fill out the second or third sibling's information.
2. Proceed through the steps as listed in 3, 4, 5, and 6 above.

**For questions regarding Athletic Clearance please contact:**

Francisco Flores  
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**Athletic Director**  
Ed Drzanek  
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# Physicals

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Incoming freshman and returning athletes who wish to participate in any summer or school sport program must have a physical exam prior to participation in athletic activity.

***No student will be enrolled*** in a fifth/sixth period athletic class or can participate in a summer camp ***without an up-to-date physical on file.***

To begin the process for Athletics, please visit <https://www.homecampus.com> and create your student-athlete's account by clicking *register*. Then create a "New Clearance" for each sport and select the current school year. The physical and history forms can be found on our ELMO website, or they can be picked up at the Health Office. Please turn the **completed physical and history form** into the Health Clerk in the Health Office (Main Office).

**Make sure the physical is signed, dated, and stamped by the Physician before submitting into the health clerk, attached together with the clearance information.**

You can visit your regular physician or go the local clinics listed below:

## Local clinics that complete athletic physicals

### **CALL FIRST!!!**

**Pacific Urgent Care**                      714-921-3870                      Open daily 9am to 5pm

2115 N. Tustin Street Orange, CA 92865

\$35.00: Bring Physical Form and mention El Modena High School

**PDQ Urgent Care & More**                      714-287-0459                      Open Mon-Fri 8am to 8pm; Sat/Sun 9am to 3pm

7630 E. Chapman Avenue, Suite B, Orange, CA 92869

\$25.00: Bring Physical Form

**Sunrise Multispecialists Medical Center**                      714-771-1420                      Open M-F 8am-5:30pm; Sat/Sun 9am-5pm

867 S. Tustin Street, Orange, CA 92866

\$25.00: Bring Physical Form