



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- ☒ a copy of the most recent triennial assessment, along with supporting documentation
- ☒ a copy of the current and previous board approval of the policy
- ☒ documentation demonstrating the policy has been made available to the public
- ☒ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Ozark City Schools

Month and year of current assessment: Oct 2023

Date of last Local Wellness Policy revision: March 2023

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: ozarkcityschools.net / Page / 2715

Wellness Committee Information

How often does your district wellness committee meet? 1-2 times per year

District Wellness Coordinator

Name	School	Job Title	Email Address
Cindy Smith	CO	CWP Director	csmith@ozarkcityschools.net

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Cindy Smith	CO	CWP Director	csmith@ozarkcityschools.net

District Wellness Committee Members

Name	School	Job Title	Email Address
Cindy Smith	CO	CWP Director	csmith@ozarkcityschools.net
Sandra Tharpe	CO	CWP Book Keeper	stharpe@ozarkcityschools.net
Laura Bruce	CO	MHSC	laura.bruce@ozarkcityschools.net
Angela Wessner	DA	Lead Nurse	awessner@ozarkcityschools.net
Wanille Petterman	Attend. CO	Attend/Contact	dpeterman@ozarkcityschools.net
Brandy Parr	Parent	Parent	parrfait3@gmail.com
Andrea Aponte Alvarez	Parent	Parent	andreaapontealvarez@hotmail.com
Amber Chancey	Parent	Parent	adchancey@ozarkcityschools.net
Anasthasia Thomas	Nurse CHS	Nurse	anasthasia.thomas@ozarkcityschools.net
Marsikae Williams	Principal	CHS	mwilliams@ozarkcityschools.net

*See page 13 for space to add Wellness Committee members.

District Wellness Committee Members continued

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Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☐ Alliance for a Healthier Generation Model Policy
- ☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

See Next Page.

Section 1 – Describe how your wellness policy compares to the model wellness policy:

Section 1 – Nutrition Education

- Ozark City Schools (OCS) Wellness Policy is strong but wording needs to be specific to include: “District will promote healthy food and beverages choices.” This should be included on OCS website and through OCS social media.

Goal 2 – Physical Education

- Language should be more specific to include: Ozark City Schools students are required to participate in physical education classes which range from 30 minutes to 1 hour based on age and grade requirements.

Goal 3 – School Nutrition and CNP Operations

- Language needs to be more specific: “Comply with federal, state and local requirements. All meals served follow the National School Lunch and/or Breakfast standards for meal patterns, nutrient levels, and calorie requirements for the ages/grades levels served as specified in 7 CRF 210.10 or 220.8 as applicable” Include Link
- OCS participates in CEP
- OCS uses Titan for meal counting
- Include Language: “USDA Professional standards for State and Local Nutrition Programs are followed to ensure that professional development in CNP is provided for food service directors, bookkeepers, managers, and staff.”
- OCS participates in Farm to School
- Add: Free Water is available in fountains, bottle fillers or pitchers w/cups of water

Goal 4 – Food Safety / Food Security

- Include link to USDA and Department of Agriculture Food Safety and Security Guidelines

Other School Based Activities

- List specific Fundraising Guidelines from ALSDE and include link
- Include information on Smart Snack “All snacks markets and sold on campus follow Smart Snack Guidelines. Food and beverages meet the nutrition standards under 210.11 and include link
- State nothing sold during the 1-hour timeline before and after each meal service.

Updates to Wellness Policy

- Include times when Wellness Committee will meet (1 or 2 times per school year)
- State that we will conduct an assessment of the policy every three years using the Wellness School Assessment Tool – (WellSAT-I)

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<ul style="list-style-type: none"> • Will make language more specific to agree to the guidelines by USDA for Smart Snack. • Will make language more specific to follow Alabama Fundraiser Guidance and Implementation
Access to free potable water on campus	Describe progress and next steps:
<p>To be compliant with the USDA final rule:</p> <p>Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>Potable Water is available in lunchrooms through 3 ways:</p> <ul style="list-style-type: none"> • Water Fountains • Bottle Fillers • Pitcher of water with cups

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></p> <p>If applicable, list additional school goals below:</p>	<p>• Will make language more specific to agree to the guidelines by USDA for Smart Snack.</p> <p>• Will make language more specific to follow Alabama Fundraiser Guidance and Implementation</p>
Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>All foods and beverages utilized as fundraisers during the school day must be Smart Snack Compliant or have an exemption.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule:</p> <p>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <p>PE Classes are offered at all school for all grade levels. PE classes are taught by certified PE teachers.</p> <p>After school sports offered to all students</p> <p>Band (Marching, JROTC offered to all students</p> <p>Clubs are offered to all students.</p> <p>Field Day is offered at all schools.</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule:</p> <p>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <p>Fresh Fruit and Vegetables are offered</p> <p>Posters in cafeteria promote healthy choices</p> <p>TVs in cafeterias promote healthy choices</p> <p>Vending machines have water options</p> <p>All students eat free (we are CEP)</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule:</p> <p>The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> <ul style="list-style-type: none"> • Eagle Academy Agri-Science growing crops and giving to community • Aware Fair on the Square • Blood Drives for community and schools • Gyms opened for City Recreation Ball • Wellness Screenings • HNH Flu • Adding Flag Football and Golf • Multiple sports available for students – football, volleyball, basketball (boys and girls), soccer (boys and girls), tennis (boys and girls), baseball, softball and track • Wellness Wednesday 	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>

CHECKLIST.

Triennial Assessment was made public:

Date: _____

Updated Wellness Policy received Board approval: (if applicable)

Date: 10/12/23

Wellness Policy was made public:

Date: _____

SIGNATURES:

Cindy Smith
District Wellness Assessment Leader

PRINT NAME: Cindy Smith
DATE: 10-4-23

Cindy Smith
District Wellness Coordinator

PRINT NAME: Cindy Smith
DATE: 10-4-23

[Signature]
Superintendent

PRINT NAME: Reevie Girtman
DATE: 10-4-23

Ozark City Schools - Child Nutrition Wellness Triennial Assessment Review

October 4, 2023

Agenda:

- Review current Wellness Policy and compare to the three required components.
 - How well the Ozark City Schools Wellness Policy compares to the model wellness policies
 - Progress made in attaining goals of the Ozark City Schools Wellness Policy
 - Extent to which schools are complying with the Ozark City Schools Wellness Policy

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