

October 11, 2023

4:00 pm – Big Room CSC

### SHAC Minutes

Danielle Howard – Make Spirits Bright Night – Sponsored by SHAPE Grant, and looking at local service sponsors including for food. – Will be held on December 8, 2023 at CSC, more details to follow.

#### Current DAEP Interventions – Restorative Measures

(TAME/Vaping/Why Try?/BASE) – Any one going through DAEP for Vaping gets a program regarding addictive nature, company practices regarding advertising, basic information regarding vaping. Many have reported this in new information made available to them. Currently, this is provided by ASU's Master in Clinical Counseling program intern, Laura Scantling. She also goes over the Why Try? Input addressing goals and motivation and strategies towards, including identifying how others perceive you (labels), identifying support systems. BASE offers several restorative educational programming, including Fentanyl use dangers. Students participate in these at their own pace, and have the ability to choose which sessions are most relevant to their situation.

#### Anger Management Education provided by CCCT -

Jennifer McCoy talked about partnering with Brownwood ISD to target Anger Management Curriculum. She talked about the process to acquire Anger Management education, the cost, and the programming, including Turtle Magic, Managing your Anger for Children and Teen Anger Management Education. Jennifer McCoy relayed their prioritizing addressing students in non-core class time instruction. The CCCT Anger Management program relays information to parents and Brownwood ISD Mental Health Team weekly, as well as students.

Specifically, any student referred to DAEP for anger – related discipline is offered the opportunity to participate in Anger Management Education during their stay at DAEP.

4 counseling session when students fail drug test (current curriculum) – 4 Sessions offered

Red Ribbon Week – Sponsored by a grant from Heidi, anti-drug information shared throughout week, guidance lessons targeting healthy decisions at all grade levels.

Curriculum from Foundation for a Drug-Free World/Community Kit and Tobacco Prevention Resources

Helen Lacy/Angie Bertrand/Denise Fletcher – Fentanyl information/planning – Fighting Fentanyl Crisis Website link listed. (see attached). Information regarding Narcan shared.

Nurse Helen suggests placing link on the website, and including a letter modified from TEA posted on the website, including a School Messenger reach out to promote Community Awareness. Senate Bill 629 – Opting out, See

Tuckers Law requires a week dedicated for a Fentanyl Awareness Month including Yearly Instruction from grades 6-12.

A presentation has been created by Brownwood Middle School Counselors. They plan to add suicide prevention and local resources to cover the full requirements placed forth in the law. Grades 6-12 will cover the information within the morning announcements, and Brownwood High School will make the plan to chunk up the information, to address it multiple times in small intervals to spread out availability

of information. Mr. Atchley's production team can work to create a video for presentation. Mental Health Team will work with BHS to coordinate presentation for BHS Students.

SHAC suggested we revisit the idea behind dressing up for Red Ribbon Week when planning next year.

SHAC voted to approve plan set forth. Will be presented to the Deputy Superintendent on 10/12/23, and the Board of Trustees on 10/16/23.

SFE discussed Menus and Wellness assessment and policy. School has offered to pay for all school lunches. Ms. Alford and Ms. Mora discussed the guidelines outlined in the menu offerings. Food is not permitted to compete with our lunches and breakfasts available. Ms. Mora talked about the process of gathering feedback regarding the current menu options. Also, student choice is highly valued, including what they will eat to manage waste. Next meeting will include Local Wellness Policy Assessment.

Attempting MOU with HPU Nursing Team to talk about Vaping awareness project – waiting to get additional information

Review of SHAC Policies Procedures – Postpone that till next meeting.

Review of minutes from Previous Meeting – Minutes approved.

Old News:

Narcan was reviewed last year, and SRO's carry Narcan. SRO's have permission to give students to students through licensing board should it be deemed necessary. At this time, TASB requires opt in consent from parents in the event schools administer Narcan. SRO's would be contacted in the event a student or staff requires intervention.

**Future meeting dates: 4PM, Big Room CSC**

**December 13, 2023**

**February 21, 2024**

**April 24, 2024**