

February 21, 2024

4:00 pm – Big Room CSC

SHAC Agenda

To Address:

Youth Mental Health First Aid – training and legal requirement – Melissa Drury discussed the requirements of HB 3, and Brownwood ISD's plan to train our staff shared basics of the YMHFA. She shared information regarding the details of the YMHFA training,

New Horizon's Kinship program and how it can help students and families – This is a pilot program for a Kinship Navigator program, and the flexibility of both the formal and informal placement to provide case management support.

SFE – No information updates

Ginger Alford – Safety and Security Update – Had safety and security meeting February 12, updated information regarding what all was discussed there. See attachment for further information. One intruder audit at the Middle School -passed (no findings), campus drills and compliance audits complete. Planning beginning of the year collaboration with law enforcement

Review of minutes from Previous Meeting - approved

Old News:

Reminder that school counselors help acquire access of all local supports.

# NEW HORIZONS FAMILIES

Keeping Kids First

## BROWN COUNTY SERVICES

### BASIC NEEDS

#### **Ben Richey Boy's Ranch – Family Care**

Housing assistance

325-692-2500 | [benrichey.org](http://benrichey.org)

#### **City and Rural Rides (CARR)**

Transportation

1-800-710-2277 | [cityandruralrides.com](http://cityandruralrides.com)

#### **Good Samaritan Ministries**

Financial aid

325-643-2273 | [office@goodsambwd.org](mailto:office@goodsambwd.org) | [goodsambwd.org](http://goodsambwd.org)

#### **Brown County Home Solutions**

Housing assistance

325-647-6447 | [connect@bchstx.org](mailto:connect@bchstx.org) | [bchstx.org](http://bchstx.org)

#### **St John's Church**

Food/Toiletries

325-646-7482 | [office@stjohnsbrownwood.com](mailto:office@stjohnsbrownwood.com) | [stjohnsbrownwood.com](http://stjohnsbrownwood.com)

**Legal Aide**

Legal aide/financial assistance

325-677-8591 | [internet.lanwt.org/en-us](http://internet.lanwt.org/en-us)

Counties serviced: Callahan, Jones, Brown, Coleman, San Saba, McCulloch, Mills, Taylor

**Grandfamilies**

Legal Aide

[grandfamilies.org](http://grandfamilies.org)

Serves: National

## MENTAL HEALTH

**Center for Life Resources**

Mental health/Crisis counseling

800-458-7788 | [cflr.us](http://cflr.us)

**New Life Counseling**

Professional counseling

325-734-8585 | [abilenenewlife@gmail.com](mailto:abilenenewlife@gmail.com) | [abilenenewlife.com](http://abilenenewlife.com)

Counties serviced: Brown, Callahan, Coleman, Jones, Taylor

**Life Renovations**

Counseling/Medication management

325-672-7055 | [liferenovations@gmail.com](mailto:liferenovations@gmail.com) | [liferenovationstx.com](http://liferenovationstx.com)

Counties serviced: Brown, Callahan, Coleman, Jones, Taylor

**Pastoral Care and Counseling Center**

Christian Counseling

325-672-5683 | [sulliman@camalott.com](mailto:sulliman@camalott.com)

Counties serviced: Brown, Coleman, Jones, Taylor

## SUPPORTIVE

**Central Texas Pregnancy Care Center**

Pregnancy support services

325-646-5433 | [staff@pccbrownwood.com](mailto:staff@pccbrownwood.com)

Counties serviced: Brown, Coleman, Mills, McCulloch, San Saba





# YOUTH MENTAL HEALTH FIRST AID

## WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

## WHO SHOULD KNOW MENTAL HEALTH FIRST AID?

- Teachers.
- School Staff.
- Coaches.
- Camp Counselors.
- Youth Group Leaders.
- Parents.
- Adults who Work with Youth.

**10.2%**

of youth will be diagnosed with a substance use disorder in their lifetime.

Source: Youth Mental Health First Aid\*\*

**1 IN 5**

teens and young adults lives with a mental health condition.

Source: National Alliance for Mental Illness\*

**50%**

of all mental illnesses begin by age 14, and 75% by the mid-20s.

Source: Archives of General Psychiatry\*\*\*

## WHAT MENTAL HEALTH FIRST AID COVERS

- Common signs and symptoms of mental health challenges in this age group, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Common signs and symptoms of substance use challenges.
- How to interact with a child or adolescent in crisis.
- How to connect the youth with help.
- Expanded content on trauma, substance use, self-care and the impact of social media and bullying.

## THREE WAYS TO LEARN

- **In-person (2nd Edition)** – Learners receive their training during a 6.5-hour, Instructor-led, in-person session.
- **Blended** – Learners complete a 2-hour, self-paced online course, and participate in a 4.5- to 5.5-hour, Instructor-led training. This Instructor-led Training can be:
  - » A video conference.
  - » An in-person class.

## Learn how to respond with the Mental Health First Aid Action Plan (**ALGEE**):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

### Sources

\* National Alliance on Mental Illness. (n.d.). Kids. <https://www.nami.org/Your-Journey/Kids-Teens-and-Young-Adults/Kids>

\*\* Mental Health First Aid. (2020). *Mental Health First Aid USA* for adults assisting children and youth. National Council for Mental Wellbeing.

\*\*\* Kessler, R., Berglund, P., Demler, O., Jin, R., Merikangas, K.R., Walters, E.E. (2005, June). Lifetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Comorbidity Survey Replication. *Archives of General Psychiatry*. 62(6); 593-602. doi: 10.1001/archpsyc.62.6.593

STAC  
2/11/24 4:00 PM



## Minutes of Brownwood Independent School District Safety and Security Committee Meeting

### Purpose of Committee:

Texas Education Code Chapter 37.109 requires all School Districts to establish a safety committee. Senate Bill 11 amended responsibilities and members' responsibilities:

- Develop and Implement the Multi-Hazard Emergency Operation Plan
- Provide Guidance and Support

The next meeting of the Brownwood Independent School District Safety and Security Committee Meeting will be held on February 12<sup>th</sup> at 5:30PM at 2707 Southside Drive, Brownwood, Texas.

### Agenda Items:

#### 1. Safety and Security Facilities Update:

- BISD construction update - Waldrop Construction Co. will start on March 1<sup>st</sup> on the BHS indoor facility. There will be a pre-construction meeting with HS administration to go over any safety concerns before construction starts.
  - Tennis court fencing will be completed after the bleachers are done. Looking mid-March for completion of metal 6 feet high fencing to match what is already there in other areas.
- District maps in the process -researching companies (to better meet our needs-want map co. to visit site so maps are more to scale and maps have all campus details)
  - Currently using Safety Map LLC
- Safety Grant submitted -
  - Completion - exterior protective glass, emergency responder access (Knox boxes with keys to buildings), exterior door latches checked and are secure (weekly door audits - doors are reported if need repair), interior door labeling
  - Progress - intercom system, panic buttons
  - Needs - exterior door numbering, campus maps
- Radios - delivery date April - Company HCI in Sugar Land, TX

Are the exterior windows going to be numbered? Currently, they are not required from the state. District will investigate this process.

*Safety and Security Committee Meetings:*

August 14, 2023

October 16, 2023

February 12, 2024

August 2024 TBD

# SHAC MEETING SIGN-IN SHEET

<b>Project:</b>	SHAC Meeting	<b>Meeting Date:</b>	2/21/24
<b>Facilitator:</b>	Brownwood ISD	<b>Place/Room:</b>	CSC Board Room

Name	School/Company	Phone	E-Mail
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