

## Student Health Advisory Council

Minutes 8/29/2018

### Introductions of Member @ 1604

Community organizations that were represented announced

Brownwood Fire Department

Family Services Center

Center for Life Resources

Good Samaritan

### What is a SHAC

Why do we have a SHAC?

Title 2, Chapter 28, Section 28.004 of the Texas Education Code requires that school districts establish SCHAC to assist the district in ensuring local community values are reflected in BISD health education.

What is our role?

Provide recommendations, changes and/or additions to the schools health education curriculum and instruction.

We will look at and discuss issues and concerns that impact our entire district

Responsibilities include:

Ensuring community values are reflected in our health education

Fielding health education concerns from the community and bring the SHAC for discussion

Serving the BISD board and submitting recommendations to the board as needed

Duties Include:

Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease and type 2 diabetes

- a. Health education
- b. Physical education

- c. Parental involvement
- d. Instruction to prevent tobacco use

Human Sexuality instruction and appropriate grade levels.

#### Wellness Policy:

For our whole district-policy handed out to members. Members asked to look over policy and we would discuss weather guidelines/ health guidelines at next meeting. Must approve yearly and bring before the board.

#### Creating a vision survey

Survey handed out to members. Members broke into groups to discuss answers to survey.

Three groups reported on survey.

#### Next Metting

September 26

Topics to include: survey reports, wellness policy. Good Samaritan presenting on back pack program.