



# SCHOOL BREAKFAST AND LUNCH PROGRAM INFORMATION



Deer Valley Unified School District Food & Nutrition participates in the School Breakfast and the National School Lunch Programs. We are committed to offering nutritious and convenient meals at an affordable price. Our cafeterias offer a variety of entrée options daily, one of which is always vegetarian. School lunches offer five meal components daily (fruit, vegetable, grain, protein, and milk). Although students are encouraged to take all five, they need to choose at least three of the five components, one of which needs to be a fruit or vegetable.

## SNACKS & INDIVIDUAL PORTIONS



Students may supplement their meal with additional portions or with snack items, all of which are sold individually at a la carte prices.



All snack and beverage items sold in the cafeteria are required to meet national Smart Snack Standards.



Parents may contact their student's cafeteria manager any time to place restrictions on a student's ability to purchase snacks.



Restrictions can be made in several different ways including: setting daily spending limits, allowing snacks on certain days only, or blocking all snack sales.



A la carte purchases are not permitted when a student's meal account has a negative balance.

## MEAL APPLICATIONS



Meals during the 22-23 school year will only be free for students certified for free or reduce-price meal benefits.



Free and reduced-price meal applications are available at every school campus and on-line applications at [www.EZMealApp.com](http://www.EZMealApp.com) or [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance).



On-line applications offer the quickest processing time.



Students who were certified for benefits last year are eligible for the same benefits the **first 30 days** of the new school year.



All students must submit a new application no later than **September 14, 2022** to continue meal certification and related benefits, if eligible.



Find more at [www.dvUSD.org/mealassistance](http://www.dvUSD.org/mealassistance), or by contacting our office at (623) 445-5166.



## NUTRITIONAL QUALITY

Federal nutrition regulations require school meals meet specific standards.

Nutritious school meals include:

- A variety of fruits and vegetables
- Grains that are 50% or more whole grain
- Fat-free or 1% milk
- Foods free from trans fats and low in sodium, total fat, and saturated fat



## MENUS

Interactive menus can be accessed via the MY SCHOOL MENUS App or by visiting [www.dvUSD.org/nutrition](http://www.dvUSD.org/nutrition) or the menu button on your school's website.

- Look up nutritional information, such as calories or carbohydrate counts.
- View allergens and filter out foods
- View menu items for dietary preference information.

TO DOWNLOAD:

Scan here or search "My School Menus" in the App Store or Google Play



Meal application must be submitted and approved to receive free meals during the 22-23 School Year

## POLICY ON UNPAID MEAL CHARGES

The Food & Nutrition Department understands that sometimes a student's lunch account will run low or even go into the negative. To ensure that all students are treated equally as well as to ensure that we are fiscally responsible with our limited resources, we want to make our meal charge policy known to all parents.

### Grades Pre-K Thru 8



It is the policy of DVUSD to provide a complete meal to all students. In the event a student's account has no funds to pay for the meal the account will be charged, resulting in a negative balance. Parents/guardians shall be contacted for payment through phone calls, emails and written notification.

### Grades 9 - 12



Should a student in grades 9 – 12 have insufficient funds to pay for a meal, up to one negative meal charge is allowed. Once a student has reached the limit of one meal charge, they will be provided with an alternative meal, for which the student's account will be charged.



Negative meal charges will not be allowed during the last ten days of the school year.

### All Grade Levels

À la carte purchases are not permitted when the account has a negative balance.

When a negative account balance exceeds the dollar amount equivalent to ten lunches, the principal, counselor and/or designated staff member from the Food & Nutrition Department will contact the student's parent(s)/guardian(s) to determine an appropriate resolution.

The student's parent(s)/guardian(s) will be provided application materials for the free and reduced-price meal programs.

## MEAL ACCOUNT BALANCES, PAYMENTS AND REFUNDS

- ◆ Both positive and negative account balances carry with your student from year to year and school to school.
- ◆ Complete payment of negative account balances is part of the senior check-out procedures.
- ◆ Graduating or withdrawing student account balances can be transferred to younger siblings, donated to assist students in need, or refunded.
- ◆ Refund requests for graduating seniors and those not returning to DVUSD, must be submitted by June 30 of each school year. Requests should be submitted to DV.Lunch@dvusd.org. Student name & ID#, parent/guardian name and mailing address should be provided.



## 22/23 Meal Prices

Breakfast, all grades: \$1.50

Lunch, K8: \$2.95

Lunch, 9-12: \$3.50

## MEAL ACCOUNT TRANSACTIONS AND PAYMENT OPTIONS

When a student is enrolled in school they are given an ID number from the school's front office that they will keep throughout their time at DVUSD. If you do not know your students ID number, please contact your school. All students key in their ID number on a pin pad when they go through the breakfast and/or lunch line to make meal and a la carte purchases.

**Parents can add money to a student's account in three different ways:**



**Cash:** With cash in the cafeteria.



**Check:** Students may bring a check to the cafeteria. Checks should include their student ID and phone number.



**Online:** Payments can be made at [www.EZSchoolPay.com](http://www.EZSchoolPay.com) using Visa, MasterCard, or Discover card for a small transaction fee. Parents can also use EZSchoolPay to view student spending and set up low balance reminders **at no cost**.

## DID YOU KNOW



We support American agriculture by following the Buy American provision in the service of meals.



We use local products such as fresh milk and produce when possible.



Every cafeteria manager is a certified Food Safety Manager and our department follows a HACCP-based food safety plan.

## MORE INFORMATION

For more information on Food & Nutrition programs and services go to [www.dvusd.org/nutrition](http://www.dvusd.org/nutrition) or contact your school cafeteria manager directly.

*This institution is an equal opportunity provider.*