

## **Hotlines/Support**

**Deer Valley Safe Schools Hotline** 623-376-3262

**DCS** 1-888-767-2445 (SOS-CHILD)

Department of Child Safety

Services for over 18 if they are in the system, must follow rules of housing.

Young Adult Program- helps pay for schooling, housing, life skills mentors

**National Suicide Prevention Lifeline** 1-800-273-8255(TALK)

<https://www.imalive.org/index.php> - Suicide chat line

**National Hopeline Network** 1-800-SUICIDE (784-2433) [www.hopeline.com](http://www.hopeline.com)

**Teen Lifeline** 602-248-8336 (3pm – 9pm - Teen Peers) [fb.com/teenlifeline](https://fb.com/teenlifeline)

### **General Information and Referral**

[877-211-8661](tel:877-211-8661), 211 602-263-8845 X100 (admin. Office. Contact: Jill) [www.cirs.org](http://www.cirs.org), [www.211.org](http://www.211.org)

24 Hour Help Line. Anywhere in the US

1-877-211-8661. Community Network for Accessing Shelter (CONTACTS)

602-263-8900 & Child Immunization Hotline & HIV Care-Line. Call for

more information.

Useful links: [www.afsp.org](http://www.afsp.org), [www.cdc.gov](http://www.cdc.gov), [www.jasonfoundation.com](http://www.jasonfoundation.com)

**Alanon/Alateen** 602-249-1257 [www.al-anon-az.org](http://www.al-anon-az.org)

**Narcotics Anonymous Family Group Arizona** 800-477-6291 [www.nar-anon.org](http://www.nar-anon.org)

### **CASA (Center for Prevention of Abuse and Violence)**

Sexual assault and abuse counseling

**Rape, Abuse and Incest National Network** 800-656-4673

Works with Sexual Abuse and Domestic Violence. Call phone number and they will assist you to the closest location for trauma therapy.

### **National Domestic Violence Hotline and Chat Line**

1-800-799-7233

[www.thehotline.org](http://www.thehotline.org)

24 hours

### **National Human Trafficking Hotline**

SMS: 233733 (Text “Help” or “Info”) to 888-373-7888

Chat when advocates are available 24 Hour

### **Maricopa County Warm Line**

602-347-1100

Confidential location

Phoenix, AZ 85021

<http://www.phxhope.ort>

Provides **non-crisis**, confidential telephone support services to people impacted by overwhelming issues.

Hours: Mon-Fri noon-midnight, Sat-Sun 4pm-midnight

Free, Languages: Spanish and English

### **Maricopa County - Crisis Response Network**

800-631-1314

602-222-9444

Provides mental health crisis intervention for free.

They refer to Empact or Terros and send out a mobile team.

Serving Maricopa County and part of Pinal County

Hours: 24 hours a day/7 days a week

### **Empact La Frontera Suicide Prevention Center**

1232 E. Broadway Rd # 120 Tempe, AZ 85282-1510

24 hour Crisis and Referral Line

480-784-1500, 800-273-8255

### **Terros**

602-685-6000

Mobile crisis, Rapid Response Teams respond to calls from local hospitals to provide behavioral health assessments, referrals, coordination of care and follow up, outpatient substance and mental health services, disease prevention

## **Grief Counseling**

### **Stepping Stones of Hope**

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

[www.SteppingStonesofHope.org](http://www.SteppingStonesofHope.org)

Several different camps: REACH camp for teens in Carefree, AZ at the Spirit in the Desert Retreat Center. Scholarships if inability to pay. Family camps.

Support group meetings are typically held the 2nd Monday of every month from 6:30-8:00 p.m. RSVP. Free

### **-Christian Family Care Counseling**

602-234-1935

3603 N. 7<sup>th</sup> Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

### **Franciscan Renewal Center (Casa)**

480.948.7460 X133

Grief and Loss Support Group, Divorce and Anxiety Support Group  
Contact Judith McHale, MA, LPC  
Depression and Anxiety Support Group  
Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC  
Six free counseling sessions with a professional

**Hospice of the Valley  
New Song Center**

480-951-8985

1510 E. Flower St.

Phoenix, AZ

85014-5656

Ongoing grief support group programs throughout the valley. Focus on children and families. Every other Monday and Thursday, 6:30-8:30 Parent needs to call for orientation and be on premises during group time. There are also adult groups during teen group times. Free

**Billy's Place**

623-335-1101

24654 N Lake Pleasant Parkway Suite 103-124

Peoria, Az 85383

[info@billysplace.me](mailto:info@billysplace.me)

Grief support group for ages 3-18 and their immediate family members.

Free

## **Sexual Assault**

**BLOOM 365**

Advocacy # 602-799-7017 (call or text)

**National Sexual Assault Hotline**

Call 1-800-656-4673

**Arizona Coalition**

To End Sexual & Domestic Violence

602-279-2900, 800-782-6400

[info@acesdv.org](mailto:info@acesdv.org)

[www.acesdv.org](http://www.acesdv.org)

## **Mental Health Agencies/Private Practice**

**Jewish Family and Childrens Services**

602-256-0528 (Intake)

623-486-8202 (Glendale Office)

602-279-7655 (Administration)

JFCSAZ.org

Anger Management, Blended families, Counseling Programs, Substance Abuse, Understanding ADHD, and Co-Ed Bereavement Group. Nurse Practitioner prescribes medication Nurse Practitioner can prescribe medication and administer psychiatric evaluations. Locations throughout Valley.

No sliding scale, currently only insurance and AHCCCS

**Recommendation: Terri**

**Comprehensive Health Center (Maricopa Integrative Health System)**

2525 E. Roosevelt, Phoenix, AZ

602-344-1015, 602-344-6300 (Sunny Slope), 623-344-6900 Maryvale Health Center (Glendale)

-psychiatric, counseling, medical

Mesa facility has psychiatric for 18 and over

Referral needed

Copa Care (sliding scale)

**Touchstone Health Services**

15648 N. 35<sup>th</sup> Avenue, Phoenix, AZ 85053

623-930-8705, 602-953-90701, 866-207-3882

Touchstonehs.org

Teen pregnancy prevention, substance abuse intervention, (FFT – grant for free services for 11-17 year olds- substance abuse, acting out behaviors), in home and in office treatment, IOP (3:30-6:30), individual and family therapy, autism (ASD) groups, psychiatric evaluations, ADHD evaluations, parenting classes, crisis intervention. (Multisystemic Therapy (MST) and Functional Family Therapy (FFT)- no AHCCCS) AHCCCS, Kids Care, private pay with possible insurance reimbursement

**Southwest Behavioral Health**

Local facility: 10220 N. 31<sup>st</sup> Ave Suite 101, Phoenix, AZ 85051

602-997-2233

Individual, family and various group (motivation, anger control) counseling, Behavioral Coaching. Private Pay or AHCCCS (if enrolled with Southwest) [info@sbhservices.org](mailto:info@sbhservices.org)

**Northern Arizona University**

15601 N. 28<sup>th</sup> Ave., Phoenix, AZ 85053

602-776-4636

Free, up to 10 sessions with a graduate supervised student when available

Ask about Spanish speaking counseling, evening hours available

**Arizona State University Clinical Psychology Center 480-965-7296**

950 S. McAllister, Tempe, AZ

\$20 for first visit. Sliding Scale for counseling as low as \$10/session. Assessments for ADHD - \$350. Call for other assessment prices. Waiting list can be 3-4 months.

**Midwestern University Psychology Services**

623-537-6250

19389 N. 59th Ave., Glendale, AZ

[www.mwuclinics.com](http://www.mwuclinics.com)

Child, adolescent, adult therapy. Psychological and intellectual assessments. Advanced student practitioners. \$20 for first visit. \$10 other sessions. Wait list can be up to one month.

**Phoenix Interfaith Counseling**

602-992-7521

18 and under facility

12835 N. 32nd St., Phoenix, AZ 85032

DBT for adolescents, case management, individual and group counseling, psychiatric medication, court ordered parenting classes

Contracts with Southwest Network 602-304-0014. They can request agency. Also contracts through Magellan. Medicaid, AHCCCS

**Christian Family Care Counseling**

602-234-1935

3603 N. 7<sup>th</sup> Avenue, Phoenix, AZ 85013

Grief counseling, family counseling, abuse counseling

**Catholic Charities**

602-749-4405

19<sup>th</sup> Avenue and Northern, Phoenix

Counseling

Sliding scale

**Devereaux**

602-944-6222

11024 N. 28<sup>th</sup> Drive Suite 110, Phoenix

Behavioral Health

Counseling, outings, food boxes, med checks

Outpatient 0-17

Respite in Scottsdale (therapeutic residential facility)

AHCCCS

**Lisa Donsker**

602-828-0742

32nd Street / Shea

Arizonachildpsychology.com

Private Practice. Services children and adolescents (3-18).

**Dr. Roya Karbakhsh, MD PLC**

602-368-8600, 845-594-7250

4845 East Thunderbird Road, Scottsdale 85254

<http://www.drkarbakhsh.com/>

Psychiatric services for children, adolescents and adults.

Collaborates with schools. Emergency appointments.

**Mark Morton**

<https://www.azfamilycounseling.com/about-us.html>

**Dr. Campbell**

Child/Teen Psychiatrist

Psychiatric Evaluations  
602-439-2400  
4747 W. Country Gables Drive

**Larry Waldman, Ph.D., ABPP**

Clinical & Forensic Psychologist  
Provides legal consultation. Works with children, teens, parents, couples, and adults in a solution-focused manner. Speaker

**Family Spot Resource Center**

602-501-8840  
3030 E. Thunderbird Rd., Phoenix  
Parenting classes

**A New Leaf Behavioral Health**

623-934-1991  
8802 N. 61st Ave., Glendale  
Parenting classes only available if child is in therapy with them.  
AHCCCS only

**Youth Evaluation and Treatment (part of SW Network)**

602-285-5550  
4414 N. 19<sup>th</sup> Ave., Phoenix, AZ 85015  
ADHD evaluations, Individual & Family Centered Therapy, Substance Abuse Treatment (IOPSA), Autism Spectrum Services, Eating Disorder Treatment  
Sliding scale with nurse practitioner

**Bayless Health Care**

Light House Project  
602-230-7373  
3620 N. 3<sup>rd</sup> St., Phoenix, AZ 85012  
Psychiatric Nurse Practitioners, Evaluations, Counseling  
Sliding scale, AHCCCS, Insurance

**Valle del Sol**

602-258-6797  
3807 N. 7<sup>th</sup> Street, Phoenix, AZ 85014  
Referrals to their Primary Care Physicians for medication  
Behavioral Health Clinic

**Chicanos por la Causa, Inc.**

623-247-0464  
1402 S. Central Avenue  
Behavioral Health  
-Program with DCS aftercare. Support services for low income, helps with budgeting, jobs, free parenting class, referrals to places such as Singleton Moms for moms or with cancer (Diana Cardoza 623-565-3810)  
Sliding Scale

**Melmed Center**

480-443-0050

4848 E. Cactus Rd. Suite #940

Services: Medical, psychological, Occupational Therapy, Educational Advocacy, Coaching, Group Therapy, Pet Therapy

M-Th – 7:30am to 6:00pm, Fri – 7:30am to 3:00pm

Insurance or private fee scale

**Native American Connections**

602-424-2060

4520 North Central, Suite 100, Phoenix, AZ 85012

Behavioral Health Services, Counseling, substance abuse (group therapy)

AHCCCS only for general mental health issues

**PSA Behavioral Health Agency**

602-242-1238

8152 N. 23<sup>rd</sup> Avenue, Suite B, Phoenix, AZ 85021

Behavioral Health Counseling, Art Therapy, Family Support, Psychiatric Services

Services birth to 17

AHCCCS

**Living Hope Counseling**

602-448-7912

16421 N. Tatum Blvd., Suite 124, Phoenix, AZ 85032

Individual, Trauma and Abuse and Addictions counseling

\$125-\$135/50 minute session, sliding scale, no insurance

**Franciscan Renewal Center (Casa)**

Grief and Loss Support Group, Divorce and Anxiety Support Group

Contact Judith McHale, MA, LPC

Depression and Anxiety Support Group

Contact Mike Finecey, MA, LPC, LISAC and Georgia Bichekas, PhD, LPC

Six free counseling sessions with a professional

**Child Advocacy Centers****Mesa Center Against Family Violence**

480-644-4075

**Childhelp Children's Center**

602-271-4500

2346 North Central Avenue

Phoenix, AZ 85004

Abuse counseling and services

Free

[www.childhelp.org/programs/entry/children-center-of-arizona](http://www.childhelp.org/programs/entry/children-center-of-arizona)

Provides medical treatment, mental health therapy, efficient investigational resources, and victim support services to address the immediate safety and complete well-being of children who are referred to the center.

**Scottsdale Family Advocacy Center**

480-312-6300

Provides Forensic Nurse Examiners, DCS, Probation Officers, Prosecutors, Police Crisis Intervention Service, investigative units from the Crimes Against Persons Section

**Phoenix Family Advocacy Center**

602-534-2120

## **Comprehensive Services**

**Maricopa County Attorney's Victim Services Division or the Victim Compensation Bureau**

602-506-3411

301 West Jefferson Street, Suite 800

Phoenix, AZ 85003

Hours: 8am - 5pm Mon-Fri

Referrals to mental health professionals specializing in working with child abuse victims

**Maricopa County**

602-263-8856

Call for array of services

**Mercy Maricopa Integrated Care**

1-800-564-5465

managed care, insurance company who oversees 120 providers

Fees: AHCCCS (state insurance for anyone, Kids Care- based on income if family makes too much for only AHCCCS. To apply for AHCCCS: Google - AHCCCSonline – fill out application on line or at DES, Medicaid, court order, private insurances –contact personal medical benefits to see if Magellan is provided. Apply for SMI (severe mental illness) for services. Referrals for families with no insurance with sliding scale.

**Arizona Department of Health Services**

150 North 18th Avenue, Phoenix, Arizona 85007

Ph (602) 542-1025

Fax: (602) 542-0883

Behavioral Health Services

Call or go on line for an array of services.

**\*Family Involvement Center** 602-412-4095, 602-288-0155

5333 N. 7<sup>th</sup> St. Building A Suite 100

Youth group, parenting classes, self-help skills, various topic groups

Spanish speaking support group



Advocacy for student in IEP meetings

Contact: Zira Franks 602-412-4091

[www.familyinvolvementcenter.org](http://www.familyinvolvementcenter.org)

PAC (Parent Assistance Center): 602-288-0155

Free services

**Florence Crittenton**

602- 274-7318

715 W Mariposa St., Phoenix, AZ 85013

Independent living skills. Resume writing (boys and girls)

Helps at-risk girls from 10 to 21 overcome issues of abuse, neglect, teen pregnancy, teen parenting, and behavioral and/or mental health problems.

Magellan referrals, AHCCCS, private pay (no sliding scale)

**LGBTQ**

**LGBTQ Suicide Hotline**

888-488-7386