



# Deer Valley Unified School District No. 97

SANDRA DAY O'CONNOR HIGH SCHOOL  
25250 N. 35<sup>th</sup> Ave, Phoenix, AZ, 85083 ❖ 623-445-7100 ❖ 623-445-7180 (Fax) ❖ [sdohs.dvUSD.org](http://sdohs.dvUSD.org)



**Course: SDOHS Team Sports**      **Voice Mail: 623-445-7142**  
**Teacher: Jamey Spartz**      **Email: [Jamey.spartz@dvUSD.org](mailto:Jamey.spartz@dvUSD.org)**  
**Room: 819A**      **Prep Hour: 7th**      **Web Page/Canvas Link:**  
**<https://dvUSD.instructure.com/login/ldap>**  
**Tutoring Hours: Tues/ Wed 7:00 a.m. – 7:30 a.m.**

## Course Description

This course is aligned with district and state standards and supports the school wide efforts to increase student achievement. Fitness offers the students a wide variety of instructional activities in an environment that is safe, success-oriented, and challenging. It will carry over skills that can be developed to promote a lifetime of healthy activities.

## Course Objectives & Essential Outcomes:

**Our Physical Education Program is to educate all students to their highest level of academic and wellness potential and uphold a safe learning environment to teach/challenge the skills and knowledge necessary to ensure the opportunity of physically active lifestyle.**

## Target Learning Goals:

- |                                 |                             |                             |
|---------------------------------|-----------------------------|-----------------------------|
| <b>A. Movement</b>              | <b>B. Behavior</b>          | <b>C. Values</b>            |
| <b>D. Scientific Principles</b> | <b>E. Physical Activity</b> | <b>F. Healthy Lifestyle</b> |

By the time the students completes this course of study, the students will know or be able to:

- List and explain why it is important to be physically fit
- Execute knowledge and safety precautions during class
- Perform a variety of complex or Specialized Movement Skills
- Recognize and understand the Principles of training, components of fitness, target/maximum heart rate
- Know the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.
- Learn how to write fitness goals and keep track of all assignments and handouts in portfolio folder

## Grading Policy

- A = 90-100%
- B = 80-90%
- C = 70-79%
- D = 60-69%
- F = below 60%

- Grades are cumulative for each semester. The grade book categories(which comprise 80% of your overall course grade) are as follows:
- Grades are cumulative for the semester.
- The grade book categories(which comprise 80% of your overall course grade) are as follows:  
  - 40% - Participation/Engagement**
  - 40% - Assessment**

- **The final exam will account for 20% of the overall course grade.**
- No extra credit will be accepted.
- Grades will not be rounded at the end of the semester
- **Semester cumulative grade is #1 & 2 equals to 80% of the final semester grade Plus: Final semester grade includes the Final exam (3)= 20%. #1 is a weekly grade.**

STANDARD	4 Pts	3Pts	2 Pts	1 Pts
<b>1. Participates regularly in physical activity in a structured class setting.</b>	Always participates In unit activities.	Participates most of the time in unit activities (1 absence, non dress, non participation, or combination, etc.).	Usually participates in unit activities (2 absences, non dress, non participation, or combination, etc).	Seldom participates in unit activities (3+ absences, non dress, non participation, or combination, etc.).
<b>40% of students grade</b>	Excelling	Proficient	Below Average	Falls Far Below

- 2. Tests, Quizzes & Written Assignments:** constitutes **40%** of the grade and could include such things as research, fitness or strength tests, daily records, written tests and assignments.
- 3. Final Exam: 20%** of final semester grade.

### **Non-Dress Policy:**

1<sup>st</sup> Non-dress (-1 pts); 2<sup>nd</sup> Non-dress(-7 pts); 3<sup>rd</sup> Non-dress (-7 points = notify parents/sign warning form)  
4<sup>th</sup> Non-dress (-7 pts); 5<sup>th</sup> Non-dress (-7 pts); 6<sup>th</sup> Non-dress (-7 pts); **7<sup>th</sup> Non-dress (-7 pts (Automatic Fail)**

**\*\*\*NON DRESS MAY NOT BE MADE UP\*\*\*** Students who choose to repeatedly not dress for class will greatly diminish their chances of earning a passing grade!

### **Dress Out Policy:**

Uniforms are for sale through P.E. Department. An order form will be sent home with each student. If a student does not purchase a uniform from the school, they **MUST** wear a gray T-Shirt and Black Shorts that they have purchased elsewhere. No Tank tops! **NO EXCEPTIONS!** Zippers and belt loops on shorts are not allowed. A non-dress will result if this rule is not followed. For safety reasons do not wear jewelry during class. Gym shoes (athletic type) must be worn and able to tie them on their feet.

### **TO BE EXCUSED FROM P.E.**

Please see student handbook

### **O'CONNOR HIGH SCHOOL IS NOT RESPONSIBLE FOR ANYTHING LEFT OUT OF THEIR LOCKER OR IF THEIR LOCKER IS UNLOCKED!**

### **Locker Room Policy:**

1. Do not bring valuables to class (iPods, cell phones, money, jewelry)
  2. Do not share lockers
  3. Lock and recheck your locks
  4. No personal locks are allowed
  5. No horse play allowed in the locker room at any time
- At no time are glass containers, food, or drinks allowed in the gymnasium or locker room.

### **Powerschool Access**

The Powerschool site allows parents/guardians and students to access the student's grades, attendance, and other information. If you need your access information, please stop by the front desk during business hours. You will need a photo I.D. The web address is: [ps.dvusd.org/public](http://ps.dvusd.org/public)

### **Make-Up Work**

Upon return to class after an absence, a student has one school day for each day missed to make up work/test assigned during his/her absence regardless of the number of days absent. For example, if a student is absent on Thursday and Friday, he/she will have Monday and Tuesday of the following week to make up work and must turn in the work that was assigned during the days absent on Wednesday. It is the student's responsibility to check with teachers immediately upon

return for work missed. Teachers may choose to schedule an appointment with the student to formulate a plan for the completion of make-up work.

Coursework and assessments assigned prior to the absence(s) may still be due on the date assigned or due on the first day that the student returns to class.

Make-up work for extended absences may be requested through the Counseling Office and picked up there. Be sure to enter the procedures for obtaining the missed work (e.g., binder at the back of the room, see the folders on the bulletin board, check my website, etc). Please communicate with Ms. Spartz to make sure you get what you need to get full credit for missing work.

## Late Work Procedure

Late work will not accepted unless it is proved by teacher due to unexpected situations but will lose 50% of total possible.

## Re-Take/Reassessment Procedure

Students who have completed all their homework for the unit, will be able to re-take a similar form of the assessment, to improve upon their score. Re-takes will be completed during EP time before the end of the next unit.

## Long Term Project Procedure

Long term projects are due on the date and time assigned, as defined in writing in advance by the teacher. NO EXCEPTIONS. THIS SUPERSEDES THE MAKE-UP POLICY. If the student is absent or the class does not meet that day, the PROJECT IS STILL DUE ON THE DAY ASSIGNED.

## Classroom Behavior Expectations and Consequences

As Sandra Day O'Connor High School students, you are EXPECTED to do a number of things to ensure your success:

- Dress-out as quickly as possible/Be on Time/Prepared
- Be respectful: of your classmates, yourself, coaches, and all school facilities and equipment.
- Follow the Golden Rule - "Treat others as you would like to be treated"
- Do the "right thing" / Help transport equipment to and from play area and help set up for activity
- WORK... this is an activity based class
- Maintain Positive Attitude

Students choose not to follow the rules:

1. Receive a warning,
2. Receive isolation from activity & loss of points
3. Referral/Parent notified

## Electronic Device Use

Technology (cell phones, iPods, hand-held devices, etc.) use in the classroom is intended to **enhance** the learning environment for all students; however, any use of technology that substantially degrades the learning environment, promotes dishonesty or illegal activities, is prohibited. If the instructor determines that the use of technology is a distraction to the learning process, either of the student using the technology or to those around him/her, the student may, at the discretion of the teacher, be asked to discontinue the use of technology in the classroom.

### Personal Electronic Device Use:

Personal Electronic Devices include cell phones, iPods, other mp3 players and similar technology devices **used for entertainment and communication/social media**. Students are expected to refrain from the use of electronic devices for personal entertainment and/or communication (i.e email, instagram, facebook, etc.) during instructional time (as determined by the teacher or classroom designee). While students may freely use these devices before and after school, during passing period, and at lunch- the teacher **will** limit the use of personal devices and for which purposes during class to ensure that *all students are focused and ready to learn*.

### Use of Electronic Devices to Facilitate Learning:

Sandra Day O'Connor High School utilizes iPads (and smartphones) **as a learning tool** in the classroom. The technology tools are added to the classroom for learning, the classroom teacher will inform students as to when they may use their device and for which purposes. Students must adhere to their teacher's guidelines for use and appropriate times for use. Any student who violates the teacher's guidelines will be subject to disciplinary action.

*Please note- students may not access their personal devices, whether for entertainment or learning, if the teacher has stated that the classroom activities at that time do not warrant use. For example, during testing or assessments.*

## Adherence to the O'Connor Academic Integrity Code

All students enrolled in **Team Sports** will adhere to the framework and guidelines set forth in the O'Connor High School Academic Integrity Code. Cheating and Plagiarism will not be tolerated. **The purpose of this code is to promote a positive learning environment for all involved.** As humans, we will make mistakes as we grow. It is understood that we can learn from those mistakes and become better individuals in the future. Any student who violates this code will be referred to the Students Rights and Responsibilities handbook and assignment of appropriate consequences.

## Plagiarism and Cheating

**Cheating:** In cheating, a student is taking the work of another, on any assignment, and claiming it as his/her own. At SDOHS cheating includes but is not limited to:

- Copying and/or offering homework verbally, in written form, or by electronic means from/to another student.
- Copying and/or offering questions and/or answers on tests or quizzes verbally, in written form, or by electronic means from/to another student.
- Pressuring other students to copy and/or offer homework, answers and/or questions on tests or quizzes verbally, in written form or by electronic means.
- Bringing in and using unauthorized information during class time, including information stored in any electronic device.
- Offering or receiving information under circumstances in which information is not to be shared.
- Having anyone, including parents or tutors, complete assignments and submitting the work as one's own.
- Presenting collaborative work as independent work and independent work as collaborative. (In group work, one person should not and will not bear the burden for the entire group assignment.)
- Copying answers from answer guides in texts.
- Fabricating data, information, or sources. Presenting made up material as authentic.

**Plagiarism:** The act of plagiarism may include direct copying, but it may also be more complex than verbatim repetition. A student, in preparing a project for a class, will have plagiarized if he/she has taken information from sources without citing the sources that have been used. Plagiarized material may appear in a student's paper as word-for-word copying, a summation, or a paraphrase of another's ideas. A student has plagiarized whether the material from another source has been taken in whole or in part. In effect, by not naming the source, the student is claiming the work of another as his/hers. At SDOHS plagiarism includes but is not limited to:

- Submitting images and/or documents in whole or in part from the Internet without citation of the source(s).
- Copying another's work.
- Using another's ideas without proper citations.
- Incorporating portions of another's writing within the context of your own work.
- Failing to acknowledge a source of information.
- Using "unique" phrases without citations.
- Using graphics, charts, diagrams, or illustrations without citations.
- Using a translator (either in-person or on-line) without proper citations

Plagiarism and/or Cheating will result in disciplinary actions and a 0%, with no option to redo/retake. - **no exceptions.**

## Loss of Credit Due to Absences

Upon reaching 5 unexcused absences or a combination of 12 unexcused and/or excused absences, a student may **lose credit** in any given class.

Any student may be placed on an Attendance Contract upon accumulating multiple excused and unexcused absences. Any student with excessive absences may:

1. Lose credit in one or more classes.
2. Lose parking privileges.

## Communication

Please contact the teacher for any student concerns. It is crucial that teachers, parents, and students maintain open lines of communication in order to ensure the best support for student success. Contact information is provided at the top of the first page of this syllabus.



*Please return this portion by **August 17**,2016.*

I have read the Course Syllabus and Guidelines for **Team Sports - Spartz**

Student Name (Printed) \_\_\_\_\_ Class Hour \_\_\_\_\_

Student Signature \_\_\_\_\_

Parent's preferred means of communication: \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_