Deer Valley Unified School District

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Racquet Sports Kelly.saufley@dvusd.oorg

Course Description:
This course is aligned with Arizona College and Career Ready Standards and/or National Standards and supports school-wide efforts to increase student achievement. Racquet Sports offers the student a wide variety of instructional activities in an environment that is safe, success-oriented, and challenging. The Mountain Ridge staff is dedicated to our students' well-being and feel that Racquet Sports should be fun and invigorating. It will carry over skills that can be developed to promote a lifetime of healthy activities.

Course Objectives:
By the time the student completes this course of study the student will know or be able to:
- Perform a variety of loco-motor skills, mature movement patterns, and simple combinations.
- Recognize and understand the Principles of Training.
- Exhibit personal and social responsibility associated with participating in physical activity.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Classroom Rules and Consequences: Follow directions the first time they are given.
Students who chose to follow the rules:
1. Develop positive attitudes towards physical activity.
2. Receive verbal praise/positive points.

Students who choose not to follow the rules will receive:
1. A warning/time-out.
2. Deduction of points.
3. Phone call, letter, or teacher/student/administration conference.

Actions that disrupt the learning environment will result in points deducted and/or referral.

NO PHONES EXCEPT WITH TEACHER PERMISSION

Grading:
Grades will be based on your performance in the following…

1. Participation/Dress	60%	
2. Assignments/Tests/Quizzes	30%	= 100% of 18 Week Grade
3. Affective Domain	10%	

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18 Week Grade = 80% of final grade
Final Exam = 20% of final grade

A = 90% and above	D = 60 to 69%
B = 80 to 89%	F = 59% and below
C = 70 to 79%	(there is no extra credit allowed)

The Deer Valley Unified School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. For any inquiries regarding nondiscrimination policies contact the Superintendent's Department, 20402 N. 15th Avenue, Phoenix, AZ 85027. 623.445.5000.

Report Cards:
In an effort to conserve resources and harness the capacity of our electronic grade reporting program (PowerSchool) district schools will no longer print hard copies of report cards unless requested by individual parents. To request a hard copy of your student's report card, please contact the front office at 623-376-3000. To receive your PowerSchool login, please stop into the office with a valid photo ID.

Power School Online Access:
Grades and attendance may be accessed 24 hours a day online with your Power School access code. Access codes are available in the Counseling Office or Front Desk Monday – Friday 7:00 AM– 3:30 PM. You may check student progress regularly on the PowerSchool site using the same login for one or more students. For Mountain Ridge parents/guardians without home computer access, a computer with guest log-in capability is available in the Counseling Conference Room.

Academic Assistance/Office Hours:
In addition to the Academic Prep times built into our schedule each week, additional assistance/tutoring is provided on a weekly basis both by MRHS and individually by instructors. These office hours will be posted in the classroom and/or on my website.

Absences:
After an absence**,** a student has one school day for each day missed to make up work/tests, regardless of the number of days absent. If many days were missed, please schedule an appointment with me to formulate a plan for the completion of make-up work. Make-up work for extended absences (over 3 days) may be requested through the Counseling Office and picked up there.

Daily Device Use (iPads):
Devices may not be used to record or take photos of other people without their consent. Consequences for classroom disruptions and misuse of devices will follow a progressive discipline model, beginning with a phone call home and progressing to office referrals for repeated or more serious offenses. Students who have devices out during a Red environment or during testing, may lose credit on their test or quiz.

See the Student Rights and Responsibilities on the Mountain Ridge App for more specific descriptions of infractions and consequences.

NON-DRESS POLICY:

1st non-dress	grade not affected
2nd non-dress	failure to earn 4 points
3rd non-dress	failure to earn 8 points Comment on PowerGrade or parent contact
4th non-dress	failure to earn 16 points Comment on PowerGrade or parent contact
5th non-dress	failure to earn 24 points Comment on PowerGrade or parent contact
6th non-dress	failure to earn 32 points Comment on PowerGrade or parent contact
7th non-dress	failure to earn class credit Comment on PowerGrade or parent contact

** NON-DRESSES MAY NOT BE MADE UP. Students who choose to repeatedly not dress outfor class will greatly diminish their chances of earning a passing grade.

Dress Out Policies:
Students **must** change their clothes for all physical education classes. They may wear shorts, t-shirts or sweats. Dark shorts (blue, red, black, dark green) with an elastic waistband, and a t-shirt (white/gray or a Mountain Ridge school shirt) are recommended, unless you have purchased a P.E. uniform from the school. Clothes with zippers, pockets, buttons and belt loops may not be worn for safety reasons. At no time are students permitted to wear MRHS athletic equipment to a P.E. class. Gym shoes must be worn at all times and students must be able to tie their shoelaces.

Students missing class because of a Sport or Game: ***All student athletes will dress-out for P.E. even on game days, if in class. Student/athletes must make up days missed.

Locker Room Policies:
1. Do not bring valuables to class. For example – Ipods, cell phones, etc.
   -NO PHONE ALLOWED IN CLASS, THEY MUST BE LOCKED UP IN THE LOCKER ROOM
2. Do not share lockers.
3. Lock and recheck your locks.
4. Profanity will not be tolerated.
5. Drinks must be consumed in the locker room after class.
6. No personal locks are allowed.
7. No horse play allowed in the locker room at any time.
8. Do not bring glass containers or bottles into the locker room.

Recommended Supplies for this Course:
Proper P.E. attire, see above.