Deer Valley Unified School District

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Team Sports **E-mail Address**: Kelly.saufley@dvusd.org

Course Description:
This course is aligned with Arizona College and Career Ready Standards and/or national content standards and supports school-wide efforts to increase student achievement. Team Sports offers the student a wide variety of instructional activities in an environment that is safe, success-oriented, and challenging. The Mountain Ridge staff is dedicated to our students' well being and feel that Team Sports should be fun and invigorating. It will carry over skills that can be developed to promote a lifetime of healthy activities

Course Objectives:
By the time the student completes this course of study the student will know or be able to:
- Perform a variety of loco-motor skills, mature movement patterns, and simple combinations.
- Recognize and understand the Principles of Training.
- Exhibit personal and social responsibility associated with participating in physical activity

Classroom Rules and Consequences:
Team Sports rules have been established to create a positive and safe environment. The following are the class rules:
1. The students will be on time and lined up in attendance squads
2. The students will be prepared with proper attire/supplies
3. Follow directions the first time they are given
4. Horseplay and misconduct will not be allowed in the locker room or the fitness room
5. Maintain a positive attitude
6. Help transport equipment to and from the play area.

Students who chose to follow the rules…
1. Develop positive attitudes towards physical activity.
2. Receive verbal praise.
3. Receive positive points.

Students who choose not to follow the rules will receive…
1. A warning.
2. Time-out.
3. Negative points.
4. Phone call, letter, or teacher/student/administration conference.

** Severe clause: Actions that disrupt the learning environment will result in points deducted and/or referral to administration.

LOCKER ROOM POLICIES:
Do not bring valuables to class. For example – Ipods, cell phones, etc. (all must be locked up in lockers during class time)
1. Do not share lockers.
2. Lock and recheck your locks.
3. Profanity will not be tolerated.
4. Drinks must be consumed in the locker room after class.

The Deer Valley Unified School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. For any inquiries regarding nondiscrimination policies contact the Superintendent's Department, 20402 N. 15th Avenue, Phoenix, AZ 85027. 623.445.5000.

5. No personal locks are allowed.
6. No horse play allowed in the locker room at any time.
7. Do not bring glass containers or bottles into the locker room.

Grading Scale: A = 90% and above, B = 80 to 89%, C = 70 to 79%, D = 60 to 69%, F = 59% and below

Grading:

Grades will be based on your performance in the following…

1. Participation/Dress	60%	
2. Assignments/Tests/Quizzes	30%	= 100% of 18 Week Grade
3. Affective Domain	10%	

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18 Week Grade	= 80% of final grade	
Final Exam	= 20% of final grade	(Objective final exam 60%, Written exam 40%)

Homework policies……No extra credit

NON-DRESS POLICY:

1st non-dress grade not affected
2nd non-dress failure to earn 4 points
3rd non-dress failure to earn 8 points Comment on PowerGrade or parent contact
4th non-dress failure to earn 16 points Comment on PowerGrade or parent contact
5th non-dress failure to earn 24 points Comment on PowerGrade or parent contact
6th non-dress failure to earn 32 points Comment on PowerGrade or parent contact
7th non-dress failure to earn class credit Comment on PowerGrade or parent contact

**** NON-DRESSES MAY NOT BE MADE UP -** Students who choose to repeatedly not dress for class will greatly diminish their chances of earning a passing grade.

Dress-Out Policies:

Students must change their clothes for all physical education classes. They may wear t-shirts, shorts, leggings or sweats. Dark colored bottoms (blue, red, black, dark green) with an elastic waistband, and a light shirt (white or gray or a Mountain Ridge t-shirt). It is a requirement that all students completely change their clothes for all PE, Systo's and Power Training classes. (Example: if you wear dark leggings and a white shirt to school, you **may not** wear those clothes to class, you must change into different clothes) Clothes with zippers, pockets, buttons and belt loops may not be worn for safety reasons. At no time are students permitted to wear MRHS athletic equipment to a P.E. class. Gym shoes must be worn at all times and students must be able to tie their shoelaces.

*If a student chooses to lie about completely dressing out their clothes, they will lose double the points, and a phone call or email will be sent to the parents or guardian.

Students missing class because of a Sport or Game: **Students missing class because of a Sport or Game:**

***All student- athletes will dress-out for P.E. even on game days. Student/athletes must make up days missed.

No phones should be brought to class, unless a teacher has informed the class that they can use them in class that day. That means, students should never have phones out during attendance, warm ups or class time!

Make ups:

Absences: After an absence**,** a student has one school day for each day missed to make up work/tests, regardless of the number of days absent. If many days were missed, please schedule an appointment with me to formulate a plan for the completion of make-up work. Make-up work for extended absences (over 3 days) may be requested through the Counseling Office and picked up there.

If a student is out for more than 6 weeks of activity for a semester, they may lose credit. If many days were missed, please schedule an appointment with me to formulate a plan for the completion of make-up work. Make-up work for extended absences (over 3 days) may be requested through the Counseling Office and picked up there.

Report Cards:
In an effort to conserve resources and harness the capacity of our electronic grade reporting program (PowerSchool) district schools will no longer print hard copies of report cards unless requested by individual parents. To request a hard copy of your student's report card, please contact the front office at 623-376-3000. To receive your PowerSchool login, please stop into the office with a valid photo ID.

Power School Online Access:
Grades and attendance may be accessed 24 hours a day online with your Power School access code. Access codes are available in the Counseling Office or Front Desk Monday – Friday 7:00 AM– 3:30 PM. You may check student progress regularly on the PowerSchool site using the same login for one or more students. For Mountain Ridge parents/guardians without home computer access, a computer with guest log-in capability is available in the Counseling Conference Room.

Academic Assistance/Office Hours:
In addition to the Academic Prep times built into our schedule each week, additional assistance/tutoring is provided on a weekly basis both by MRHS and individually by instructors. These office hours will be posted in the classroom and/or on my website at the start of each week. I will demonstrate to the students how to find my availability each week. I also encourage your son/daughter to write down my availability each week in their Mountain Ridge planner (provided by the school) so that you, too, are aware of my weekly availability.

Technology: Because we are becoming a technology rich campus, we are expanding the use of technology as a learning tool. Electronic devices will be increasingly integrated into the curriculum to reinforce critical thinking, collaboration, and cognitive engagement. I will designate during which activities students may use an electronic device, and I will articulate how the device should be used appropriately. If a violation of the stipulated use occurs, consequences will be enforced in accordance with the Mountain Ridge Student Handbook. While we strive to maintain a safe environment, Mountain Ridge is not responsible for lost or stolen devices brought from home. All electronic devices will be left in the students lockers and locked up daily.

Daily Device Use (iPads):
Students should come to school with their iPads charged and ready to use in each class every day. Within each classroom, there are three possible technology environments. Teachers will identify for students the environment expected during their class period. These environments are described below:

Red: No device use allowed. Devices are to be off and put away. If a device is out and being used at this time, students may receive disciplinary consequences and/or zeroes if appropriate. This environment may be necessary for testing or non-electronic based assessments.

Black: Limited device use allowed. Students may use devices in accordance with teacher instruction in a prescribed manner. Students may be asked to place devices face down on their desk until appropriate to use. Teachers may ask to see students' open apps and require that all apps are closed with the exception of a specific one or two. Games should not be open in this environment unless the teacher indicates a specific game may be used.

Green: Open device use. Students may use their device independently to take notes, complete assignments, conduct research, communicate with the teacher, check grades, and other appropriate educational uses of the device. Students should not access inappropriate content or cause disruption in this environment.

Devices may not be used to record or take photos of other people without their consent. Consequences for classroom disruptions and misuse of devices will follow a progressive discipline model, beginning with a phone call home and progressing to office referrals for repeated or more serious offenses. Students who have devices out during a Red environment or during testing, may lose credit on their test or quiz. See the Student Rights and Responsibilities consequence chart in the handbook for more specific descriptions of infractions and consequences.