

20. Worry Dolls (Worry about Plastic Dolls)

Directions: There is a Guatemalan legend of “worry dolls.” The legend is that if children tell a worry to each tiny doll made and place them under their pillows, by morning their worries will be gone. Except you are making one from discarded plastic. Use any discarded plastic materials available.



Placing these under your pillow is not required but you are welcome to do so if you wish!

21. Toilet Paper Roll Face Sculptures

Directions: Use discarded toilet paper rolls to create a face! Bend and pry the toilet paper roll to create a face shape. Paint or color if you would like once you create the sculpture.



22. Banana Art

Directions: Use a banana (unpeeled) and scratch a design into the peel. Over time, the cut areas will brown, showing a design or message. You can use paperclips, forks, toothpicks, or any other pointed tool to scratch into the surface.



23. Blanket Fortress

Directions: With some help from an adult, create a blanket fort or fortress. Get creative!



24. Create a “Thinking of You” Card

Directions: Use any art materials you have at your disposal. Create a thinking of you card to someone you miss and can't wait to see again when this is over. Be sure to give this card to this person once you are able to see them again. And feel free to make more than one!

And yes, I miss you and I can't wait to see you again!



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