

	Dickinson 12/17	SC Invt 1/5	Kutztown 1/14	Kevin Dare 1/21	Susquehanna 1/29	Lehigh Carnival 2/11	SC Invt 2/16	PTFCA State Meet
55m / 60m* (.6)		*		*		*	*	*
Lauren Bonness	7.62 / 7.91 (8th)	7.9 (1st)	7.60/7.47 (3rd)		7.60 / 7.44 (2nd)			7.94 / 8.07 (12th)
Niara Valentine						8.33		
Renee Olivett	7.88	8.1 (3rd)	7.90	8.43 (12th)			8.2 (3rd)	
Carolyn Hay	8.12	8.6 (6th)	8.44	8.58	8.10		8.2 (4th)	
Emma Domico		8.7 (7th)						
Lauren Campolongo		8.8 (8th)						
Kate Nese		8.8						
Mary-Frances Edwards		8.8					8.6 (9th)	
Courtney Poorman		8.9						
Erin Nelson		9.1						
Darien Miller		9.4					9.1	
Sydney McNulty		9.5						
Whitney Lewis		9.5					8.9	
Jin Lenhart							8.8	
55m / 60m* Hurdles (.7)		*		*		*	*	
Sarah Wylie	10.27	10.7* (7th)					10.5 (8th)	
Megan Vonada	10.85	10.9*					10.5 (8th)	
Renee Olivett		10* (3rd)	9.58	10.11 (12th)	9.54 / 9.34 (3rd)	10.06 (15th)	9.9 (2nd)	
Megan Fry		10.5* (5th)	10.09		9.72		10.2 (4th)	
Annika Hollender		10.7* (7th)	10.04	10.78				
200m								
Niara Valentine	27.50 (4th)	26.4 (1st)		26.24 sqs (7th)				
Lauren Bonness	27.59 (6th)	26.7 (2nd)	27.17		27.40 (5th)			
Gina Torretti					27.96 (8th)			
Carolyn Hay	29.69		30.10	28.02		28.36	27.0 (1st)	
Renee Olivett							27.3 (2nd)	
Emma Domico		29.1 (7th)						
Annika Hollender		29.9 (10th)						
Mary-Frances Edwards		30					30.8 (10th)	
Courtney Poorman		31						
Sydney McNulty		32.2						
Whitney Lewis		33					32.2	
Cathryn DeLong		35						
Megan Vonada			30.51					
Katie Mahon							30.4 (7th)	
Darien Miller							31.1	
Carly Haffner							32.6	
Jin Lenhart							34.1	
400m								
Niara Valentine	63.36 (2nd)				60.99 sqs (3rd)		58.5 sqs (1st)	59.74 (19th)
Chandley Book	64.71 (8th)	63.1 (3rd)	66.80	62.46	62.86 (5th)		61.3 (3rd)	
Gina Torretti	65.10 (9th)	62.5 (1st)		62.06 (13th)		63.65	60.4 (2nd)	
Kate Nese		66.1 (4th)						
Alyssa Valent		68.1 (6th)					66.9 (7th)	
Katie Mahon		69.6 (7th)					67.8 (8th)	
Ellie Mhando		72.3 (8th)						
Erin Nelson		78.3						
Cathryn DeLong		78.3					77.5 (10th)	
Heather Weyandt		80.5						
Julia Veronesi							71.1 (9th)	
800m								
Emma Cousins	2:26.50 (3)	2:25.6 (1st)	2:23.92 sqs (2nd)				2:21.3 sqs (2nd)	2:16.64 (7th)
Kathryn McNaughton	2:30.57 (4th)		2:28.71 (7th)	2:22.10 sqs (2nd)		2:23.96 (9th)	2:22.7 sqs (3rd)	2:23.62 (23rd)
Alyssa Valent	2:43.61							
Hannah Grubb		2:31.5 (2nd)	2:30.83	2:23.85 sqs (4th)			2:25.9 (6th)	2:25.12 (30th)
Victoria Crawford		2:34.5 (3rd)					2:24.0 sqs (4th)	2:22.56 (20th)
Maddie Krieger					2:36.38 (11th)			
Hannah Catalano		2:35.0 (4th)						
Anna Wing		2:44.3 (6th)			2:40.10		2:39.7	
Megan Reid		2:46.2 (8th)					2:38.7 (9th)	
Miranda Holmes		2:56.2 (9th)						
Luba Hristova		3:05.2 (10th)						
Annie Ellis		3:06.6						
Hannah Powers		3:10.5						
Nora Adams							2:25.5	
1600m / Mile*		*		*	*	*	*	*
Nora Adams	5:34.96 (4th)		5:34.95 (7th)	5:18.81 sqs (5th)		5:24.25 (11th)		5:20.07 (21st)
Emma Cousins				5:17.76 sqs (4th)				

Victoria Crawford	5:35.23 (5th)							
Hannah Grubb	5:36.12 (6th)							
Kathryn McNaughton		5:39.6* (1st)						
Anne Balogh					5:41.05			
Madison Krieger		5:52.1* (2nd)	5:44.73				5:44.5 (2nd)	
Miranda Holmes		6:16.4* (8th)			6:38.86			
Anna Wing		6:18.4* (9th)						
Emily Sausman		6:22.4* (10th)						
Hannah Catalano							5:44.4 (1st)	
3200m / 3000m*		*	*	*	*	*	*	*
Anne Balogh	12:02.43 (4th)	11:09* (1st)	11:12.86	11:06.74 (7th)		11:47.45 (10th)	11:22.4 (1st)	
Madison Krieger	12:22.67 (9th)			11:29.74 (11th)				
Anna Wing	13:42.91							
Nora Adams		11:14.7* (2nd)						
Emma Cousins					10:54 (5th)			
4x200m Relay		A: 1:48.9 sqs (1st)		A: 1:47.82 sqs (5th)	A: 1:53.87 (3rd)	A: 1:51.75 (18th)	A: 1:46.2 (1st)	1:44.77 (4th)
		27.2 Lauren Bonness		27.8 Renee Olivett	28.2 Renee Olivett	28.1 Renee Olivett	26.1 Lauren Bonness	26.1 Lauren Bonness
		28.2 Carolyn Hay		27.1 Carolyn Hay	28.5 Lauren Campolongo	28.4 Lauren Campolongo	27.3 Carolyn Hay	26.4 Carolyn Hay
		27.8 Gina Torretti		27.8 Gina Torretti	28.4 Megan Fry	27.4 Carolyn Hay	27.3 Gina Torretti	26.6 Gina Torretti
		25.8 Niara Valentine		25.4 Niara Valentine	28.8 Emma Domico	27.9 Gina Torretti	25.6 Niara Valentine	25.5 Niara Valentin
		B: 1:58.9 (3rd)			B: 1:56.93 (8th)		B: 1:52.4	
		28.4 Renee Olivett			29.2 Courtney Poorman		28.1 Renee Olivett	
		29.7 Megan Fry			27.7 Carolyn Hay		28.6 Lauren Campolongo	
		29.2 Lauren Campolongo			27.7 Megan Vonada		27.7 Megan Fry	
		31.6 Emma Domico			29.8 Kate Nese		28.3 Emma Domico	
		C: 2:09.2					C: 2:07.0	
		31.1 Mary-Frances Edwards					31.4 Maria Verica	
		33.0 Erin Nelson					34.8 Heather Weyandt	
		30.1 Megan Vonada					30.6 Najla Robinson	
		29.6 Kate Nese					28.9 Courtney Poorman	
		D: 2:08.3					D: 2:05.3	
		32.5 Sydney McNulty					32.9 Annie Hughes	
		31.5 Katie Mahon					31.4 Gabby Cantorna	
		32.7 Annie Hughes					29.3 Kate Nese	
		31.8 Whitney Lewis					27.3 Molly Love	
		J: 2:11.4					E: 2:05.7	
		33.0 Mikayla Kieffer					29.9 Megan Vonada	
		32.5 Maria Verica					30.0 Alyssa Valent	
		35.3 Anna Wing					34.2 Cathryn DeLong	
		31.0 Alyssa Valent					31.4 Anne Balogh	
4x400m Relay	A: 4:13.21 sqs (1st)	A: 4:22.0 (1st)	A: 4:21.02	A: 4:06.87 sqs (5th)	A: 4:12.7 sqs(2nd)	A: 4:15.54 (11th)	A: 4:25.2 (1st)	DQ
	66.4 Gina Torretti	65.8 Lauren Bonness	62.0 Niara Valentine	62.2 Chandley Book	64.6 Lauren Bonness	63.6 Chandley Book	67.2 Lauren Bonness	Lauren Bonness
	63.5 Chandley Book	64.9 Chandley Book	68.5 Chandley Book	62.0 Emma Cousins	63.9 Chandley Book	65.8 Gina Torretti	65.6 Chandley Book	Chandley Book
	60.9 Niara Valentine	62.5 Niara Valentine	65.2 Gina Torretti	64.3 Gina Torretti	63.9 Gina Torretti	61.2 Niara Valentine	68.4 Gina Torretti	Gina Torretti
	62.9 Lauren Bonness	68.8 Gina Torretti	63.9 Hannah Grubb	58.4 Niara Valentine	60.4 Niara Valentine	64.7 Lauren Campolongo	64.2 Niara Valentine	Niara Valentine
	B: 4:59.32	B: 4:23.8 (2nd)	B: 4:34.0		B: 4:26.66 (4th)			
	69.1 Renee Olivett	65.8 Kathryn McNaughton	67.0 Renee Olivett		66.1 Kathryn McNaughton			
	69.1 Hannah Catalano	66.2 Hannah Grubb	68.5 Megan Fry		66.6 Nora Adams			
	74.9 Courtney Poorman	69.2 Nora Adams	72.0 Annika Hollender		64.3 Lauren Campolongo			
	86.3 Heather Weyandt	62.7 Emma Cousins	67.0 Alyssa Valent		69.3 Emma Domico			
	C: 4:58.18							
	69.4 Kate Nese							
	79.9 Annie Hughes							
	74.0 Miranda Holmes							
	75.0 Anna Wing							
4x800m Relay	A: 10:01.90 (1st)	A: 9:48 sqs (1st)	A: 10:55.72	A: 10:02.81 (3rd)	A: 10:05.75 (1st)	A: 10:17.54 (8th)	A: 11:12.2 (2nd)	9:49.26 (12th)
	2:29 Hannah Grubb	2:28 Nora Adams	2:45 Emily Sausman	2:28.1 Victoria Crawford	2:27 Emma Cousins	2:26 Victoria Crawford	2:52 Carly Haffner	2:26.6 Kathryn McNaughton
	2:31 Kathryn McNaughton	2:23 Emma Cousins	2:35 Kathryn McNaughton	2:27.6 Nora Adams	2:37 Maddie Krieger	2:38.9 Anna Wing	2:55 Cathryn DeLong	2:25.8 Nora Adams
	2:36 Nora Adams	2:27 Kathryn McNaughton	2:44.0 Alyssa Valent	2:36.0 Hannah Grubb	2:32 Nora Adams	2:35 Maddie Krieger	2:41 Alyssa Valent	2:26.2 Victoria Crawford
	2:27 Emma Cousins	2:28 Hannah Grubb	2:41.0 Emma Cousins	2:31.1 Kathryn McNaughton	2:27 Kathryn McNaughton	2:34 Hannah Catalano	2:44.2 Anna Wing	2:30.8 Emma Cousins
	B: 10:35.60 (3rd)	B: 10:59			B: 11:00.79 (7th)			
	2:35.2 Victoria Crawford	2:33 Victoria Crawford			2:44.9 Alyssa Valent			
	2:41.2 Madison Krieger	2:38 Hannah Catalano			2:38.8 Anne Balogh			
	2:36.9 Hannah Catalano	2:48 Megan Reid			2:45.5 Anna Wing			
	2:42.2 Anne Balogh	3:01 Lubov Hristova			2:52.2 Meghan Reid			

