

STUDENT-ATHLETES

B-D-A SUPPORT STRATEGIES for PLANNED ABSENCES

Please refer to the tips below as a regular best practice when missing instruction.

Student Strategy / Communication Guide		
Before	During	After
Before my absence I... ☐ Bookmark each of my teacher's online resources for quick reference ☐ Inform my teacher via email or in person, in advance, regarding my absence ☐ **Ask my teacher if I could sit in during another block to compensate for the one I will be missing ** ☐ Make a "to-do" list of work that will be missed during absence from teacher's online resource or from direct communication ☐ If I am to miss a quiz, test, lab, or presentation... e-mail and/or meet with my teacher to offer several times (before/after school, study hall, or over lunch, etc.) to make up the assignment in person ☐ If I see I will not be able to make a future due date, ask for an extension in advance rather than waiting until it is due or past due	While I am absent I... ☐ Use the district wifi (when available) while I am away ☐ Be in touch with a reliable classmate while I am away ☐ Take and use reading or other materials with me on the bus/van that I will need to study or prepare for class ☐ Touch base with students/teammates who share similar classes and/or teachers to clarify work and discuss questions	When I return back to school I... ☐ Hand in work that was due while I was out ☐ Check HAC for any missing work or indicators that I missed something ☐ Check in with a reliable peer and the teacher regarding my missed work ☐ Review notes or other class materials that may help me understand missed instruction