



Deer Valley
Unified School District

Food & Nutrition
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February 24, 2015

Hello,

It's time to take the next step in reviewing and improving DVUSD's wellness policy! I consistently see research coming out that supports the academic, social, and health benefits of healthier school environments. Working together to create a comprehensive wellness policy is DVUSD's chance to ensure our students, teachers, and staff reap these important benefits.

Developing a wellness policy from scratch is a very detailed and time consuming process. Rather than spending the time to reinvent the wheel I recommend that we use the model wellness policy created by the Alliance for a Healthier Generation as our starting point (please contact me directly for a copy of the model policy). This model policy provides sample language and policies that cover all the areas required by the USDA regulations but at the same time would allow us as the stakeholder of DVUSD to make the changes we need to ensure the policy meets the district's needs.

My strategy for the next wellness meeting will be to review the model policy and discuss points that should be kept, removed, or modified. The updated policy will then be presented to the District Cabinet for comment before the next steps of policy adoption can take place. To facilitate the discussion we will break up into teams based on our expertise and interests and review each of the five sections of the model policy. In order to get the most possible input I will host two meetings in the month of March and different times of day (details below). All committee members and interested stakeholders are invited to attend one or both meetings.

The planned wellness meetings are:

Thursday March 12th, 2015 at 4 pm

Wednesday March 25th, 2015 at 6 pm

Both meetings will be held at the Food & Nutrition Department office located on **21421 N. 21st Ave, Phoenix, AZ 85027**. There are two buildings in our parking lot, the Food & Nutrition building is on the North end of the parking lot.

Finally, the committee is in need of representation from **classroom teachers, administrators, and students**. Please reach out to these groups and invite them to join in on the conversation!

Thank you,

Sarah Martinelli, MS, RD
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