

# Diagnosis and Management of **ASTHMA**



**Use Inhaled Corticosteroids**



**Use a Written Asthma Action Plan**



**Assess Asthma Severity**



**Assess and Monitor Asthma Control**



**Schedule Periodic Asthma Visits**



**Control Environmental Exposures**

These priority messages are from National Heart, Lung, and Blood Institute's  
National Asthma Education and Prevention Program  
Guidelines Implementation Panel Report for EPR-3  
[www.nhlbi.nih.gov/guidelines/asthma/gip\\_rpt.htm](http://www.nhlbi.nih.gov/guidelines/asthma/gip_rpt.htm)

# Asthma Resources

## ■ **NEEF's Pediatric Asthma Initiative**

Integrating environmental management of asthma into pediatric medical and nursing education and practice.

[www.neefusa.org/health/asthma](http://www.neefusa.org/health/asthma)

## ■ **NEEF's Environmental Management of Pediatric Asthma: Guidelines for Health Care Providers**

[www.neefusa.org/resource/environmental-management-pediatric-asthma-guidelines-health-care-providers](http://www.neefusa.org/resource/environmental-management-pediatric-asthma-guidelines-health-care-providers)

## ■ **NHLBI's National Asthma Education and Prevention Program (NAEPP)**

Educating patients, health professionals and the public to address the growing problem of asthma in the United States.

[www.nhlbi.nih.gov/about/org/naepp](http://www.nhlbi.nih.gov/about/org/naepp)

## ■ **NAEPP's Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (EPR-3)**

[www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines](http://www.nhlbi.nih.gov/health-pro/guidelines/current/asthma-guidelines)

## ■ **NAEPP's National Asthma Control Initiative**

Improving asthma control through program development, monitoring and evaluation.

[www.nhlbi.nih.gov/health-pro/resources/lung/naci](http://www.nhlbi.nih.gov/health-pro/resources/lung/naci)

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