

PJMS Return To School Requirements

Condition	Symptoms	Return to School
Chicken Pox (Varicella)	Rash of small clear blisters that open, crust and then form scabs. They first appear on neck, chest and abdomen, then spread	When pox are crusted over, approximately 7 days.
Common Cold/Flu/Sore throat/Stomach Bug	Nasal discharge, coughing, sneezing, malaise. Exclude if temperature is greater than 100.0 degrees or symptoms are debilitating. Pain or fever.	When fever free for 24 hours without fever reducing medicine, children's symptoms subside and seen by physician if needed <i>OR</i> if 3 days of school has been missed (for any illness).
Concussion/Possible concussion	Headache, nausea/vomiting, sensitivity to light or sounds, confusion, drowsiness, changes in alertness, loss of consciousness, unequal pupils or muscle weakness.	Written medical clearance is required in order to return that includes a diagnosis, clearance to return and list of restrictions/guidelines if applicable.
Coxsackie Virus	Usually multiple/painful lesions or sores on hands, feet and in mouth. Fever: possible nausea and/vomiting.	If fever free for 24 hours. Written medical clearance required.
Diarrhea	Two or more episodes of loose stools; may have abdominal cramping.	If free of diarrhea for 24 hours without medication.
Emergency Room Visit	Symptoms and conditions vary.	Written medical clearance.
Fever	Exclude for temperature over 100 degrees.	May return when fever free for 24 hours without the use of medication. *This means that if a student is sent home with a fever, they may not return the following day.
Impetigo/Ringworm	Honey colored skin; drainage usually near mouth or nose; circular scaly rash.	Both require written medical diagnosis and clearance required. Wounds must be covered.
Flu	Fever, cough, sore throat, nasal congestion.	After all symptoms have subsided (approx 5-7 days). Written medical clearance is required.
Measles	Maculopapular rash which usually begins at the hairline and spreads downward to the neck, trunk, arms, legs and feet.	Return to school or work at least 5 days after rash onset and with written medical clearance.
Mono/Chronic Fatigue/Hepatitis	Multiple varying symptoms.	Requires written medical clearance including an activity order.
MRSA/Wounds	Signs and symptoms of soft tissue infection-pimple or boil that is red, swollen and painful with purulent drainage.	Requires written medical clearance including activity order; wound must be covered until healed while at school.
Lice (Pediculosis)	Lice/nits, rash, scratching and enlarged lymph nodes.	Requires treatment and re-evaluation by school nurse before homeroom. After medical or school nurse's cleanse and if no nits are found after treatment.
Pink Eye (Conjunctivitis)	Redness of sclera/conjunctiva, crust on eyelids after waking from sleep, excessive itching or rubbing of eyes. May have a watery purulent discharge.	May return after 24 hours of treatment and must be free of drainage. Written medical clearance is required.
Scabies	Very itchy, papular rash with erythema. Sites for younger children: head, neck, palms & soles. Older children: axilla, groin, buttocks and navel.	Excluded from school until doctor treats and gives written medical clearance.
Strep Throat/Scarlet Fever	Rash/flaming red tonsils; may be covered with pus-like exudate, fever, headache, nausea and/ vomiting.	After 24-48 hours of antibiotic treatment and fever free for at least 24 hours without fever reducing medication.
Vomiting	Nausea, abdominal cramping, possible fever, unable to retain food/fluids.	After 24 hours free of vomiting and without fever. *This means that if a student is sent home for vomiting, they may not return the following day.