



## Hoke County Schools Breakfast Menus for June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>UPDATED 6/4/2024</b>				
<b>June 10</b> <b>Dunkin Stix</b> <b>Assorted Cereal</b> <b>Mixed Fruit</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 11</b> <b>Apple Cinnamon Muffin</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 12</b> <b>Cinni Mini</b> <b>Assorted Cereal</b> <b>Craisins</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 13</b> <b>Sausage Biscuit</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 14</b> <b>Mini Waffles</b> <b>Assorted Cereal</b> <b>Strawberry Applesauce</b> <b>Lowfat or Fat-Free Milk</b>
<b>June 17</b> <b>French Toast Sticks</b> <b>Assorted Cereal</b> <b>Diced Peaches</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 18</b> <b>Breakfast Pizza</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 19</b> <b>Super Cruller</b> <b>Assorted Cereal</b> <b>Diced Pears</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 20</b> <b>Pancake Minis</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 21</b> <b>Honey Bun</b> <b>Assorted Cereal</b> <b>Mixed Fruit</b> <b>Lowfat or Fat-Free Milk</b>
<b>June 24</b> <b>Dunkin Stix</b> <b>Assorted Cereal</b> <b>Mixed Fruit</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 25</b> <b>Apple Cinnamon Muffin</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 26</b> <b>Cinni Mini</b> <b>Assorted Cereal</b> <b>Craisins</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 27</b> <b>Sausage Biscuit</b> <b>Assorted Cereal</b> <b>Assorted Juice</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 28</b> <b>Mini Waffles</b> <b>Assorted Cereal</b> <b>Strawberry Applesauce</b> <b>Lowfat or Fat-Free Milk</b>

### Families Making the Connection

#### Find Free Summer Meals for Kids and Teens

When school is out, N.C. Summer Nutrition Programs provide appealing, nutritious meals to kids and teens. Summer meal sites also offer educational enrichment and recreational activities to keep students learning, active, and safe. Summer Nutrition Programs support healthy growth and development and help students succeed in and out of the classroom.

All youth, 18 and under, can receive free summer meals. N.C. Summer Nutrition Programs are available at schools, public housing centers, playgrounds, camps, parks, faith-based facilities, libraries, medical centers, and other locations. Help make sure no child goes hungry. What can you do?

- Find nearby summer meals:
  - Text "FOODNC" to 304-304.
  - Call 1.866.3HUNGRY (1.866.348.6479) or 1.877.8HAMBRE(1.877.842.6273).
  - Visit <https://summermeals4nckids.org>.
- Ask an organization or congregation to host a N.C. Summer Nutrition Program. Find more info and resources at <https://summermeals4nckids.org>.
- Volunteer for a N.C. Summer Nutrition Program in your area. You might help by transporting food, setting up or cleaning up a site, or planning activities for the kids. Go to [www.serve.gov/endorhunger](http://www.serve.gov/endorhunger) to volunteer.
- Promote N.C. Summer Nutrition Programs.



# Hoke County Schools Lunch Menus for June 2024

Monday June 3 <b>UPDATED 6/4/2024</b>	Tuesday June 4	Wednesday June 5	Thursday June 6	Friday June 7
<b>June 10</b> <b>Pork Riblet on Bun</b> Peanut Butter and Jelly Sandwich <b>Seasoned French Fries</b> <b>100% Fruit Juice Box</b> <b>Diced Pears</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 11</b> <b>Beefy Nachos</b> Peanut Butter and Jelly Sandwich <b>Buttered Corn</b> <b>100% Vegetable Juice Box</b> <b>Applesauce Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 12</b> <b>Chick Fillet on Bun</b> <b>Grilled Cheese Sandwich</b> <b>Seasoned French Fries</b> <b>100% Fruit Juice Box</b> <b>Peach Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 13</b> <b>Corn Dog</b> Peanut Butter and Jelly Sandwich <b>Steamed Broccoli</b> <b>100% Vegetable Juice Box</b> <b>Mixed Berry Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 14</b> <b>Sloppy Joe on Bun</b> <b>Grilled Cheese Sandwich</b> <b>Baked Beans</b> <b>100% Fruit Juice Box</b> <b>Strawberry Cup</b> <b>Lowfat or Fat-Free Milk</b>
<b>June 17</b> <b>Wedge Pepperoni Pizza</b> Peanut Butter and Jelly Sandwich <b>Green Beans</b> <b>100% Fruit Juice Box</b> <b>Diced Pears</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 18</b> <b>Soft Shell Beef Taco</b> <b>Grilled Cheese Sandwich</b> <b>Mixed Vegetables</b> <b>100% Vegetable Juice Box</b> <b>Applesauce Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 19</b> <b>Meatball Sub</b> <b>Grilled Cheese Sandwich</b> <b>Steamed Carrots</b> <b>100% Fruit Juice Box</b> <b>Peach Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 20</b> <b>Chicken Nuggets</b> <b>Grilled Cheese Sandwich</b> <b>Mashed Potatoes</b> <b>100% Vegetable Juice Box</b> <b>Mixed Berry Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 21</b> <b>Hot Dog on Bun</b> Peanut Butter and Jelly Sandwich <b>Seasoned French Fries</b> <b>100% Fruit Juice Box</b> <b>Strawberry Cup</b> <b>Lowfat or Fat-Free Milk</b>
<b>June 24</b> <b>Cheeseburger on Bun</b> Peanut Butter and Jelly Sandwich <b>Seasoned French Fries</b> <b>100% Fruit Juice Box</b> <b>Diced Pears</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 25</b> <b>Beefy Nachos</b> Peanut Butter and Jelly Sandwich <b>Buttered Corn</b> <b>100% Vegetable Juice Box</b> <b>Applesauce Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 26</b> <b>Chick Fillet on Bun</b> <b>Grilled Cheese Sandwich</b> <b>Seasoned French Fries</b> <b>100% Fruit Juice Box</b> <b>Peach Cup</b> <b>Lowfat or Fat-Free</b>	<b>June 27</b> <b>Deep Dish Cheese Pizza</b> Peanut Butter and Jelly Sandwich <b>Steamed Broccoli</b> <b>100% Vegetable Juice Box</b> <b>Mixed Berry Cup</b> <b>Lowfat or Fat-Free Milk</b>	<b>June 28</b> <b>Sloppy Joe on Bun</b> <b>Grilled Cheese Sandwich</b> <b>Baked Beans</b> <b>100% Fruit Juice Box</b> <b>Strawberry Cup</b> <b>Lowfat or Fat-Free Milk</b>

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