



CAREER, COLLEGE & COUNSELING

KEEPING YOU UP TO DATE WITH THE COUNSELING SUPPORT TEAM AT WA-HI

STRENGTH-BASED ACTIVITIES YOU CAN DO DURING BREAK!

- Cook dinner
- Bake a new treat
- Community Service
- Check-in on a friend
- Go for a walk / hike
- Name 3 things you are grateful for each day
- Read a book
- Watch a movie with friends
- Try a new food
- Cuddle with a pet
- Paint or draw



COURSE REGISTRATION WILL BE COMING UP SOON!

Reminder of what credits you need to graduate! If you have questions, please meet with your counselor!

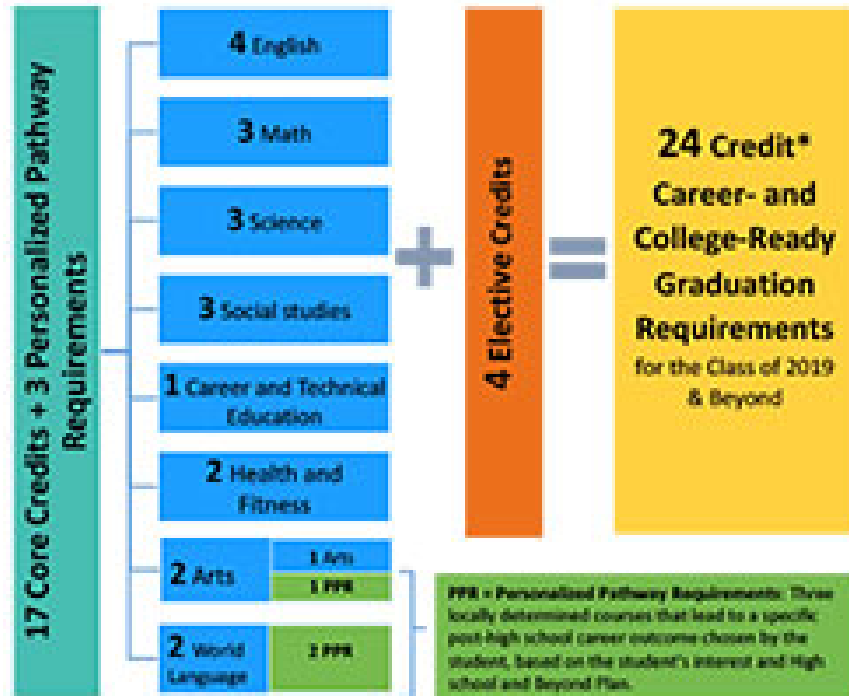
24-Credit Career- and College-Ready Graduation Requirements:

How Do the 24-Credit Graduation Requirements Add Up?

$$17 + 3 + 4 = 24$$

WANT TO BE A MATH TUTOR?

- Monday - Thursday 3:45 PM - 5:00 PM
- Garrison Middle School (6-8 grade)
- Pioneer Middle School (6-8 grade)
- \$20 per hour
- Questions- contact Will Hammond whammond@wwps.org
- Interested? Apply [here!](#)



VOLUNTEER HOURS

Update

Class of 2023- 20 hours

Class of 2024- 30 hours

Class of 2025 and beyond- 40 hours

YOUR COUNSELOR

In case you forgot...

Mrs. Melgoza - Last names A-Ce + AVID 9/12
mmelgoza@wwps.org
mmelgoza.youcanbook.me

Mrs. Mueller- Last names Ch-G
nmueller@wwps.org
nmueller.youcanbook.me

Mr. Bockert- Last names H-Mc
jbockert@wwps.org
jbockert.youcanbook.me

Mr. Croft- Last names Me-Se
jcroft@wwps.org
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Mrs. Widmer- Last names Sh-Z + AVID 10/11
swidmer@wwps.org
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Ms. Ruzicka- Career & College Specialist
kruzicka@wwps.org
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The secret of your success is determined by your daily agenda

- John C. Maxwell

IMPORTANT DATES

- **Nov. 23-** Half Day
- **Nov. 24 & 25-** No School (Thanksgiving Break)
- **Nov. 29-** FAFSA/WASFA night w/ GEAR UP 6pm-8pm
- **Nov. 30-** GEAR UP trip to EWU (class of 2023 only)
- **Dec. 2-** GEAR UP Whitworth trip
- **Dec. 6-** FAFSA/WASFA night w/ GEAR UP 6pm-8pm
- **Dec. 9-** Half Day
- **Dec. 21-Jan 2-** Winter Break

CONNECT TO HELP

If you are interested in seeing a mental health therapist on campus, please see your school counselor for a referral!

Call

- Walla Walla Crisis: 509-524-2999
- National Lifeline: 1-800-273-8255

Text

- Crisis: Text "Home" to 741741
- Trevor Project to support LGBTQ Youth: Text "Start" to 678678
- Steve Foundation to support BIPOC Youth: Text "Steve" to 741741

Follow the
Career Center &
Counselors on
Social Media!



@WaHiCCC



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REPORT IT

See Something, Hear Something, Say Something...

SAFETY FIRST!

See Something,
Hear Something,
Say Something...

REPORT IT! ▶

Anonymously report bullying, harassment, threats of violence, suicide, drugs, weapons and other safety concerns. For more school safety information visit:

WWPS.ORG



4 EASY WAYS TO REPORT:

- >> **1. PHONE**
855.976.8772
- >> **2. TEXT**
855.976.8772
- >> **3. EMAIL**
1057@ALERT1.US
- >> **4. WEB**
1057.ALERT1.US



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STAY CONNECTED WITH WAHI
CAREER, COLLEGE & COUNSELING:
INSTA @WAHICCC

**2022-2023
COUNSELING
SUPPORT STAFF**



ONCE YOU SCHEDULE YOUR APPOINTMENT, YOU WILL GET A CONFIRMATION EMAIL & CALENDAR INVITE TO USE AS YOUR PASS TO COME SEE US!