Notes from the Nurses Nook

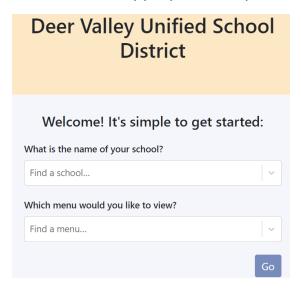
Hello Parents/Guardians: I would like to share with you updated Nutrition/Dietary accommodations that are available to all students here at West Wing. If you have a child with specific nutritional needs you can now access specific Nutrient Information from <u>My</u> School Menus (DVUSD Digital Menu):

Navigate to DVUSD.org.>>Departments>> Food & Nutrition>> Menus & Prices>> click on



Digital Menu Info.>> CLICK on Icon "Elementary Menu".

Select your school and your menu from the appropriate drop downs and GO:

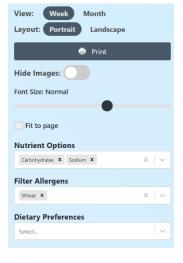


From the option on the right of the screen, choose **Print Menu**. Once Print Menu is chosen,

more options are *Choose>>Nutrient*

You are able to print this month. You can do carb Free, vegetarian choices, DVUSD will be updating with quicker <u>click</u> links.

This is just another tool to they are better able to diet will always be that



available: IE. For carbohydrates,
Options>> Carbohydrates.

information selecting either a week or a counting, See those items that are Gluten peanut/nut free and so much more. the Digital menu site, in the near future,

help your child to succeed at school so that achieve their full potential and a healthy very important first step!

Any further questions please feel free to reach out to me at any time.

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