

Notes from the Nurses Nook

Hello Parents/Guardians: I would like to share with you updated Nutrition/Dietary accommodations that are available to all students here at West Wing. If you have a child with specific nutritional needs you can now access specific Nutrient Information from **My School Menus (DVUSD Digital Menu)**:

Navigate to DVUSD.org.>>Departments>> Food & Nutrition>> Menus & Prices>> click on



Digital Menu Info.>> CLICK on Icon “ Elementary Menu”.

Select your school and your menu from the appropriate drop downs and GO:

Deer Valley Unified School District

Welcome! It's simple to get started:

What is the name of your school?

Find a school...

Which menu would you like to view?

Find a menu...

Go

From the option on the right of the screen, choose **Print Menu**. Once Print Menu is chosen, more options are available: IE. *For carbohydrates, Options>> Carbohydrates.*

Choose>>Nutrient

You are able to print this month. You can do carb Free, vegetarian choices, DVUSD will be updating with quicker click links.

This is just another tool to they are better able to diet will always be that

View: Week Month

Layout: Portrait Landscape

Print

Hide Images:

Font Size: Normal

Fit to page

Nutrient Options

Carbohydrates x Sodium x

Filter Allergens

Wheat x

Dietary Preferences

Select...

information selecting either a week or a counting, See those items that are Gluten peanut/nut free and so much more. the Digital menu site, in the near future,

help your child to succeed at school so that achieve their full potential and a healthy very important first step!

Any further questions please feel free to reach out to me at any time.

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