

Welcome to



Kindergarten

On-line Menu

Download My School Menus App to view menus on-line or view on a desktop at www.dvUSD.org/nutrition and click on Our Menus. On-line menus show allergens and nutrition information for menu items.



MANAGE YOUR STUDENT'S MEAL ACCOUNT



Put limits on your student's account. Contact your [Cafeteria Manager](#).



Apply for free and reduced-price meals. WWW.EZMealApp.com



Add money to meal account and view account activity. WWW.EZSchoolPay.com

This institution is an equal opportunity provider.

DVUSD SCHOOL LUNCH ROCKS



All meals include a fruit of the day.



Every lunch meal features a vegetable choice. We offer different vegetables each day to represent all the subgroups each week.



Students may select from fat-free or 1% plain milk or fat-free chocolate milk.



All our foods are free from trans fats and low in sodium, total fat and saturated fat to support a healthy heart.



We support healthy sodium intake by offering reduced sodium versions of favorite foods.



We use local farm-raised ingredients when possible.



We offer vegetarian entrees daily. View the on-line menu to see options.



All school meals follow the MyPlate healthy eating pattern.

KIDS WHO EAT BREAKFAST AT SCHOOL...

MISS LESS SCHOOL



They attend an average of 1.5 more days per year.

DO BETTER IN MATH



They average 17.5% higher on math test scores.

VISIT THE NURSE LESS



They have 6% fewer visits to the school nurse.

MORE CLASSROOM TIME



HIGHER MATH SCORES =

20%

more likely to graduate high school



ALL BREAKFASTS INCLUDE...



Fruit & 100% fruit juice



Local white milk



Whole grain rich entrees

JOIN US FOR BREAKFAST IN THE CAFETERIA



Save time and money. Free and reduced meal status applies to breakfast too!