Detach and Return



RATTLER ROCKSTARS

A TIER 2
INTERVENTION

Questions? Please contact:

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#ShineBrightPaseo

ROCKSTARS

What is CICO?

CICO (Check In/Check Out) is a school-wide, check-in, check-out prevention program for students. The goal of ROCKStars is to identify students early who are in need of extra support and provide them with more frequent attention and positive adult interaction, increase structure, and provide regular feedback on their behavior in hope of preventing student behavior from escalating and reducing future problem behavior.

How was my child chosen to be a ROCKStar?

Students are identified as candidates for the ROCKStars CICO program based on documented behavioral infractions. Students may also be referred to ROCKStars by their teachers if they feel that the student may benefit from the added structure or the program.

How can I help at home?

Research shows that CICO programs like our are most successful when the home and school work collaboratively together to support the child. We suggest keeping the interactions positive: celebrating successes, briefly noting the pitfalls, encouraging future success and avoiding punishing consequences. A student can receive home rewards based on the number of points they earn on their ROCKStar Card, but they should not receive punishments or lose privileges based daily performance.

Focus on the positive!

- ★ Review and sign your child's Home Report each day
- ★ If your child has met his/her goal praise your child and recognize his/ her efforts
- ★ If your child did not meet his/her goal:
 - Be Encouraging- let them know you believe they can do better the next day
 - Remind them how to make better choices
- ★ Notice improvement and share it with your student.

Remember- we are not looking for perfection! If they have met their goal (80% in most cases) then they have succeeded.

Expectations of ROCKStar Students

- -Check In Daily with CICO Specialist.
- -Carry Daily CICO Card and provide for each teacher/staff member.
- -Check Out Daily with assigned CICO Specialist.
- -Be receptive to feedback.

Expectations of ROCKStar Parents

- -Check for and sign Home Report daily
- -Provide positive feedback

Expectations of ROCKStar Teachers

- -Begin each day/class/period with a positive interaction.
- -Provide positive feedback to the student following each learning period/subject verbally and fill out card.