



## Why should I read over Summer Break?

The research has shown the importance of reading, but getting your child to understand the importance of reading is a much more difficult task. Reading is often the furthest thing from most kids' minds when school is out for Summer Break.

The importance of reading has been demonstrated repeatedly in a variety of research studies. Over and over again, it has been shown that children who read daily do much better in school and find a love for reading. Practicing reading during time away from school produces positive results for all students, and helps to reinforce the strategies taught in class.

Finding fun, meaningful ways to encourage your child to read during the Summer Break will not only help your child keep up the learning momentum established in their class. It will also help draw your family closer together!

### Secret To Finding the "Right" Book

Parents want to help their child find just the right book, not too hard, not too easy.

Try the **Five Finger Rule**:

- Choose a book you think will be enjoyable.
- Read the 2<sup>nd</sup> page
- Hold up a finger for each word you are not sure of or do not know.
- If there are five or more words that you do not know, you should choose an easier book.

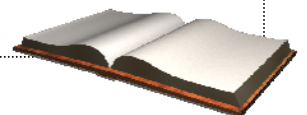
### **Picking a book that is a Good Fit**

Read 2-3 pages and ask yourself these questions:

- Do I understand what I am reading?
- Can I read it smoothly?
- Is it interesting to me?

### Plan for Summer Reading

- Sign your child up for the **Scholastic Summer Reading Challenge!**  
<http://www.scholastic.com/summer/>
- **Read On Arizona** is offering a free digital library for children all summer! This is a great opportunity to access new books without leaving your home!  
<http://readonarizona.org/>
- Children work best with a schedule and routine. Make a plan with your child and schedule an hour of reading every day.
- Help your child set a summer reading goal. Have your child keep a reading log and celebrate when your child meets the goal.
- Going away during the break? Have your child research and read about the places you will be visiting.
- Check out reading games and activities on the computer.
- Read aloud together!!



*Help develop life-long reading habits!  
Read, read, read!!!*

Remember to  
visit the public  
library!!

