

Our motto for the week:  
*My day depends on me!*



 All Things E.Q.  
The Discovery of You

Hello, Families,

As you know, New River strives to provide a strong academic foundation and works hard to deliver an outstanding academic program (Intelligence Quotient or I.Q.) to students. We also provide students with opportunities to practice E.Q. (Emotional Quotient) skills, such as communication and leadership skills.

New River implements All Things E.Q. (ATEQ) because their insights support rather than interfere with academic instruction. A four-year comparative study was done to determine the effect of All Things E.Q. You may read about the study [here](#).

All Things E.Q. encourages critical thinking and focuses on four questions:

1. ***Am I being kind and helpful at this moment?***
2. ***Am I using positive self-talk?***
3. ***Am I making an honest effort?***
4. ***Am I focusing on solutions instead of problems?***

Each week students are introduced to [a weekly motto](#) that teaches different skills. For example, our students will learn and practice how to work through confusion, learn from mistakes, listen with understanding, and be kind to one another and themselves!

To create a shared vocabulary between campus and home, we will share weekly parent updates that include the motto for that week, as well as ways you can implement that motto at home if you choose.

Thank you for being a part of the New River Community. We look forward to a fantastic school year!

Sincerely,

*Danna Evans*  
Founder, All Things E.Q.