

## Boulder Creek HS Project Produce

"How was the date?" When you hear that question asked of in the halls at Boulder Creek High School, most would immediately think the question was about a student's weekend plans. But these "dates" were different than most students had ever heard of. Arizona grown dates were one of the many fruits and vegetables students had the opportunity to taste test while having lunch in the cafeteria.

The Boulder Creek Food & Nutrition Department received a grant from Project Produce to promote students trying new fruits and vegetables. Project produce is one of several grants provided by the Chef Ann Foundation. The Chef Ann Foundation states the purpose of the grant is to "Expand students' palates, and encourage increased consumption and exposure of fresh produce..."

Students were presented with four taste test opportunities. They tasted produce on its own and in recipes such as a kale salad with pomegranate seeds and mandarin oranges. Some of the produce available to taste included: Brussels sprouts, blood oranges, butternut squash, sweet potatoes, mangos, asparagus and eggplant.

