

COMPLEMENTARY BREAKFAST AND LUNCH SERVED TO ALL STUDENTS!!

NUTRITIONAL INFORMATION AVAILABLE FROM DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE.

BREAKFAST INCLUDES FRESH FRUIT and/or JUICE
(CANNED FRUIT MAY ALSO BE AVAILABLE)
(VEGETABLES ARE INCLUDED IN THIS GROUPING) **GRAIN Item**
DAIRY Item/s (MILK)

SUMMER SCHOOL/SEAMLESS SUMMER FEEDING PROGRAM BREAKFAST/LUNCH



LUNCH INCLUDES FRESH FRUIT (CANNED MAY BE AVAILABLE); FRESH SALAD and/or FRESH VEGETABLE(S)

MANY OF YOUR FAVORITES WILL BE SERVED!

HAVE A GREAT SUMMER BREAK!!

Monday	Tuesday	Wednesday	Thursday	Friday
10 WAFFLES <u>LUNCH</u> CORN DOG POTATO WEDGES	11 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> CHICKEN FAJITA SEASONED RICE	12 EGGSTRAVAGANZA CINNAMON TOAST SLICE <u>LUNCH</u> PULLED PORK SAND.	13 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> CHICKEN NUGGET S STEAMED BROCCOLI	14 CINNAMON SWEET ROLL <u>LUNCH</u> FRENCH BREAD PIZZA
17 FRENCH TOAST STICKS <u>LUNCH</u> CORN DOG POTATO WEDGES	18 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> SOFT TACO (BEEF)	19 Juneteenth Holiday -----NO SCHOOL-----	20 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> POPCORN CHICKEN CURLY NOODLES	21 PANCAKE SAUS. ON A STICK <u>LUNCH</u> ORANGE CHICKEN RICE
24 WAFFLES <u>LUNCH</u> CORN DOG POTATO WEDGES	25 COLD CEREAL CHOICES 1/2 ENGLISH MUFFIN <u>LUNCH</u> HAMBURGER W/BUN CRINKLE CUT FRIES	26 EGGSTRAVAGANZA CINNAMON TOAST SLICE <u>LUNCH</u> HOT DOG W/BUN TOTS	27 COLD CEREAL CHOICES 1/2 BAGEL <u>LUNCH</u> CHICKEN NUGGET S STEAMED BROCCOLI	28 CINNAMON SWEET ROLL <u>LUNCH</u> FRENCH BREAD PIZZA

STUDENTS CHOOSE MINIMUM OF 3 OF THE 4 ITEMS

OFFERED FOR BREAKFAST
 (IE. PROTEIN, GRAIN, FRUIT/VEGETABLE, MILK)
 2 GRAIN COMPONENTS MAY BE TAKEN
 2 FRUIT COMPONENTS MAY BE TAKEN
 ANY ITEM MAY BE 2 COMPONENTS
 (IE. PROTEIN/GRAIN = 2 GRAIN)

STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE

SERVING FIVE STAR MEALS



ALL MENU ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY.

STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH
 (IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)

AN ENTREE ITEM MAY ENCOMPASS 2 COMPONENTS
 (IE. PROTEIN/GRAIN)

STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE MINIMUM; MORE IS ALLOWED AND BOTH ARE ALLOWED

PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ITEMS

CHILLED 1% WHITE MILK AND NONFAT CHOCOLATE MILK & OTHER FLAVORS ARE SEASONAL (no high fructose corn syrup in chocolate milk)
 ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY