

**Mount Pleasant Central School District  
Health Office  
825 Westlake Drive  
Thornwood, N.Y. 10594**

**Information for Parents/Guardians on Alcohol-Based Hand Sanitizers**

Dear Parent/Guardian

July 2024

Hand washing for 30 seconds with warm soapy water is the best way to clean hands and reduce illness. If this is not available, alcohol-based hand sanitizers (ABHS) can be used.

The use of sanitizer will be done under adult supervision. Staff will be trained when to report concerns to the school nurse.

**Please share this information with your child:**

- A dime-size amount of hand sanitizer is all that is needed
- Rub over the hands until the gel is dry
- Keep their hands off their face, eyes, nose, and mouth while hands are wet
- If they have cuts on their hands or feel stinging, they should not use the sanitizer and tell their teacher

If you do not want your child to use hand sanitizer in school, or if you have any other related questions, please contact their school nurse.

Sincerely,

**Jeanne Wilson, MD  
Medical Director  
Mt. Pleasant Central School District**

Updated 6/2024