

ROKEBY PRIMARY SCHOOL NEWSLETTER



Friday 7th June 2024

A note from Mrs Allan

This week you should have received a letter letting you know who your child's class teacher in September will be. Over this half term, we will be doing lots of transition activities and activities to prepare the children for the change. During our assembly yesterday, we spoke about change and how it can feel both exciting and sometimes scary. We also spoke about some good wellbeing tips— please see the bingo board and competition instructions on the next page!

Have a great weekend.

Dates for your Diary

14th June—Year 3 Botanical Gardens Trip
1st July—Sports Day
4th July—Year 2 Coombe Abbey Trip
5th July—PTA Summer Fare
10th July—Induction Day
19th July—Teacher Training Day

Come in to Connect

Whole school attendance for last week was: **92.45%**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

A reminder that children can come into school with slight coughs and colds. If they develop a temperature, they should stay off school until it returns to normal. If your child is feeling slightly under the weather, we suggest they have some Calpol before coming into school.

You can find information on if your child is too poorly for school on the NHS website or by clicking [HERE](#).

We are a CASH FREE school.

Due to being an academy, Rokeby Primary is a cash free school. All payments for trips, lunches, Nursery hours, uniform etc should be paid via parent pay.

The only cash that will be taken at school is for cake sales/PTA fundraisers.

If you would like to pay for anything in cash, you can still do so. You need to contact Mrs Evans in the office for a Pay Point barcode for the trip/payment item. You can then take this to your nearest Pay Point location (ours is the Co-op on Overslade Lane) with the cash and pay it in there. This will then show as paid on that specific item on Parent Pay.



Let's Talk Snacks!

This week's healthy snack alternative is... A Fruit Plate. How many fruits can you fit on one plate? How many different fruits can you have in a day?

Try creating a plate full of your favourite fruits. You can make it as colourful or as exotic as possible.



Wellbeing Bingo

During the assembly on Thursday, the children spoke about 'change', focussing on the change that will happen in September-new teacher, new TAs, new classroom etc. They spoke about ways in which they can look after their own wellbeing and they played a whole school game of wellbeing bingo! The children are bringing home a wellbeing bingo board for a competition. Their mission is to try and complete the board at home by next Thursday and bring the board into school with everything crossed off. All of the completed boards will go into a randomly chosen draw and there will be a special prize for the winner!

Happy 'bingo-ing'!

<p>Help someone.</p> 	<p>Do some exercise.</p> 	<p>Read a book.</p> 	<p>Get a good night sleep.</p> 
<p>Treat yourself.</p> 	<p>Manage the time spent online.</p> 	<p>Spend time with friends.</p> 	<p>Listen to music.</p> 
<p>Eat a healthy and balanced diet.</p> 	<p>Practise mindfulness.</p> 	<p>Spend time in nature.</p> 	<p>Watch a film or TV show.</p> 

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