

Hello Grizzlies,

Hope everyone is enjoying their summer. Below is important information as we get ready for the upcoming Fall season.

- **Fall Sports First Practice/Tryout Start Dates:**
 - All fall sports athletes need reach out to your coaches regarding any interest in participating with any fall sports teams. They will be able to help you get started with athletic clearances and provide any detailed information about practices/tryouts. **First official day of practice for all Fall Sports is Friday, August 9th. Please reach out to your coaches regarding the first day of practices/tryouts as some fall sports might not start specifically on August 9th.**
 - **Boys and Girls Water Polo:**
 - Boys Water Polo: Skylar Calleja Harris
 - Email: skylar@swimqss.org Phone Number: 831-229-2965
 - Girls Water Polo: Corrie Howard
 - Email: corriehoward24@gmail.com Phone Number: 408-780-6162
 - **Cross Country:**
 - Cross Country Coach: Joseph Miclette
 - Email: jmiclette@sjusd.org Phone Number: 408-239-3267
 - **Football:**
 - Varsity Football Coach: Jason Harrison
 - Email: jasonharrison.4@gmail.com Phone Number: 408-802-1356
 - **Girls Tennis:**
 - Varsity Girls Tennis Coach: Long Phan
 - Email: longp12@gmail.com Phone Number: 408-202-4170
 - **Girls Volleyball:**
 - Varsity Volleyball Coach: Tori Zuniga
 - Email: coachtorizuniga@gmail.com Phone Number: 408-569-9316
 - Varsity Volleyball Coach: Stephen Ti
 - Email: coachstephenti@gmail.com Phone Number: 408-940-2397

ATHLETIC CLEARANCE/TICKETS TO PLAY:

- All athletes will need to receive athletic clearance/tickets to play to start practicing on the first day. On the official day of practice, all coaches will be provided a list of students that have received athletic clearance to participate on the first day of practice/tryouts. Students that start after the first day of practice will need to receive a Ticket to Play from Mr. Chew to give to their coaches on their first day. To get receive athletic clearance and a ticket to play, you will need to complete the following:
 - **AKITIVATE (Formerly known as Register My Athlete):** All athletes need to have their [Aktivate/Register My Athlete](#) completed in order to participate in any Gunderson Athletic activities. **Students will only receive clearance to play on the**

first day of practice, if their Register My Athlete accounts are fully completed.

Please make sure to complete the following on Akitvate/Register My Athlete:

- **Register with specific team** you are joining for the 2023-24 school year.
- **Emergency Contact Info is completed including medical insurance.**
- **All online documents and electronic signatures** are agreed to and completed by students and parents.
- **SPORTS PHYSICALS:**
 - ***Sports physicals are required to participate on the first day of practice. Sports physicals are valid for one calendar year. Sports physicals are not required for summer workouts but are highly recommended for incoming 9th graders.***
 - All completed sports physicals will only be approved if they have a **doctor recommendation regarding “unlimited participation” (See page 2 of physical form), doctor stamp and a doctor signature with date.**
 - Please upload your completed sports physical form to RMA or email your completed physical form to Mr. Chew at bchew@sjusd.org. You can download a blank sports physical form from Akitvate or by [clicking this link](#).
- **GRADE CHECKS: *All athletes will go through a grade check to ensure that the requirement of a 2.0 GPA is fulfilled to play in their season and start practice on the first day.*** Grade checks will be completed on the most recent grading period depending on the season start date. Fall Sports grade checks will be based on Semester 2 grades from last year. All incoming 9th graders start eligible for the start of the Fall season.

TRANSFER STUDENTS:

- Any students that transferred to Gunderson meaning you were not here for the entire academic year of 2023-24 (excluding current 9th graders) need to email Mr. Chew at bchew@sjusd.org. You will need to fill out transfer paperwork regarding your transfer and receive clearance from CCS before being allowed to participate. Please reach out to Mr. Chew so we can submit your paperwork as soon as possible.

2024-25 Gunderson Athletics Intent to Play Survey:

- In preparation for the athletic seasons for the 2023-24 school year, please fill out our Gunderson Athletics Intent to Play survey. It's important that we gather your contact information so our coaches can stay in touch with you and keep you updated on any team specific updates/information.
- Link to take [2023-24 Intent To Play Survey](#)

Fall Sports Meeting for all parents and students: Thursday, August 15th from 6:30-8pm

- An athletics presentation will go over important information/expectations for the upcoming fall sports seasons.

- Fall sports teams will hold team meetings for parents and students to discuss expectations for the upcoming Fall season and ask any questions.

Gunderson Athletics Instagram: Stay up to date with our teams and all the latest Gunderson Athletics information by following us on Instagram. Follow us @gundersonAthletics

Game Announcers/Scoreboard Operators:

We are looking for game announcers for football and basketball games and also scoreboard controllers. Any one from the community is welcome to reach out for these positions, whether it's a student, alumni or anyone interested. Students can get community service hours and free entry to Gunderson Athletics events.

- Game Announcers:
 - Read game scripts for game introductions, announcement and play by play calls.
 - Entertain and keep the crowd informed on game info.
- Scoreboard Operators:
 - Help with controlling the scoreboard in the press box or at the scorer's table.

Please reach out to me with any questions.

Brian Chew
Athletic Director
bchew@sjusd.org