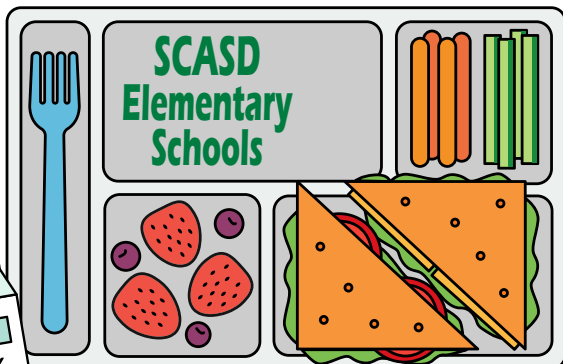


MENUS FOR AUGUST - SEPTEMBER 2023

A choice of
low fat white or
fat free chocolate
milk is offered with
all meals.



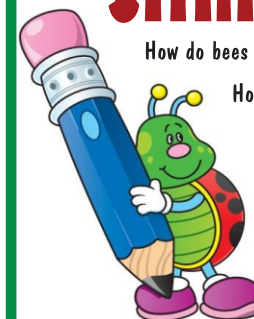
Lunch - \$2.75 Breakfast - Free
Milk - \$.70 Extra Entree - \$2.25 Side Dish - \$.85

Save the Silverware!



SCASD students did an amazing job
Saving the Silverware
last year. Let's do it
again! The school
that loses the fewest
forks and spoons from
September through
November will win ice
cream treats for the whole
school! So be careful to
return your silverware to
the dish room and
Save the Silverware!

Start your Year with a Smile!



How do bees get to school? On the school buzz!

How does the science teacher freshen
her breath? Experi-mints.

What school requires you to
drop out in order to graduate?
Sky diving school.

What does a snake learn at school?
Hisssss-tory!

What is a wizard's favorite school subject? Spell-ing!

Concerned About Food Allergies?

Meals purchased from the school
cafeteria are safe, without
modifications, for students with
peanut and tree nut allergies.
Please contact us if your child
has other allergies that do
require accommodation.

814-231-5095
foodserves@scasd.org

Tuesday, August 22

Breakfast: Service begins
tomorrow!

Today's Entree Choices

1. Big Daddy's Pizza
2. Grilled Chicken Salad* & Brdstick
*can be requested w/o meat

Featured Veggie & Fruit Sides

Crisp Baby Carrots
Celery Sticks
Sweet Melon

Wed., August 23

Breakfast: Whole Grain Frudel,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Popcorn Chicken & Roll
2. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

PA Tomato & Bowtie Pasta Salad
Crisp Broccoli
Banana

Dessert: Fresh Baked Cookie

Thursday, August 24

Breakfast: Cinnamon Coffee Cake,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Italian Dunkers
2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides

Roasted Ranch Chickpeas
Sweet Pepper Strips
Juicy Fresh Pineapple

No School - Aug25

FREE
Breakfast
at school
for all students!

*Start your day the
right way!*



CORN & TOMATOES

We love to serve healthful
and delicious foods like the
corn & tomatoes that are
being harvested on Pennsylvania
farms in August & September.

Look for the Harvest of the
Month symbol on the
menu to see when the
featured Harvest of the Month
foods are being offered.



Monday, August 28

Breakfast: Banana Bread,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Nuggets & Breadstick
2. Hummus & Seasoned Flatbread

Featured Veggie & Fruit Sides

Steamed Sweet Peas
Crunchy Baby Carrots
Crisp Apples

Tuesday, August 29

Breakfast: Mini Cinnis,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Toasted Turkey Sub
2. Grilled Chicken Salad* & Brdstick
*can be requested w/o meat

Featured Veggie & Fruit Sides

French Fries
Cool Cucumber Slices
Chilled Pears

Wed., August 30

Breakfast: Raspberry Pastry,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Cheeseburger
2. Veggie Burger

Featured Veggie & Fruit Sides

Baked Beans
Crisp Broccoli
Sweet Melon

Dessert: Fritos Corn Chips

Thursday, August 31

Breakfast: Blueberry Muffin,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. Chicken Patty Sandwich
2. Cheesy Lasagna & Bread Stick

Featured Veggie & Fruit Sides

Roasted Zucchini
Crisp Baby Carrots
Juicy Fresh Pineapple

Friday, September 1

Breakfast: Mini French Toast,
Fruit and Juice Choices & Milk

Today's Entree Choices

1. BBQ Chicken & Cornbread
2. French Bread Pizza

Featured Veggie & Fruit Sides

Harner Farm Corn on the Cob
PA Cherry Tomatoes
Sweet Apple Slices



What makes a meal?

Lunch

1 Entree (Counts as 2 items - Meat/Meat Alternate & Grain)

2 Vegetables - 1 Fruit - 1 Milk

Breakfast

1 Entree (Counts as 2 items - 2 Grains)

1 Fruit - 1 Juice - 1 Milk



Students may decline
items that they do not want.
However, they must select at
least three food items, one of which
must be a serving of fruit or vegetable.

Payments to Student Accounts: To add funds to a student's account, please pay on-line at www.myschoolbucks.com or mail checks to:
SCASD FSD, 653 Westerly Parkway, State College, PA 16801. Please include the name of the student(s) for whom the check is intended,
the school(s) they attend, and a phone number in case of questions. Make checks payable to SCASD FSD. Payments are not accepted
in the elementary schools. **Lunch: \$2.75 Breakfast: Free Milk: \$.70 Extra Entree: \$2.25 Fruit/Veg: \$.85 Bottled Water: \$1.00**

Monday, September 4**NO SCHOOL TODAY****Monday, September 11**Breakfast: Banana Bread,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Nuggets & Roll
2. Hummus & Seasoned Flatbread

Featured Veggie & Fruit Sides

Steamed Corn
Baby Carrots
Pineapple Cup

Monday, September 18Breakfast: Banana Bread,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Nuggets & Roll
2. Warm Cheese Pretzel Sandwich

Featured Veggie & Fruit Sides

French Fries
Baby Carrots
Sweet Local Apples

No School - Sept 25**JOIN OUR TEAM**

**Looking for a job with
family-friendly hours?**

SCASD Food Services has
part time positions available.
\$16.75/hr.

814-231-5095
foodservices@scasd.org

Tuesday, September 5Breakfast: Mini Cinnis,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Nuggets & Soft Pretzel
2. Warm Cheese Pretzel Sandwich

Featured Veggie & Fruit Sides

Green Beans
Baby Carrots
Applesauce

Tuesday, September 12Breakfast: Mini Cinnis,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Hot Dog (turkey & beef)
2. Grilled Chicken Salad* & Brdstick
*can be requested w/o meat

Featured Veggie & Fruit Sides

Baked Beans Bananas
Dessert: Fritos Corn Chips

Tuesday, September 19Breakfast: Mini Cinnis,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Big Daddy's Pizza
2. Grilled Chicken Salad* & Brdstick
*can be requested w/o meat

Featured Veggie & Fruit Sides

Roasted Ranch Chickpeas
Cucumber Slices Sweet Melon

Tuesday, September 26Breakfast: Banana Bread,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Nuggets & Biscuit
2. Yogurt Parfait & Biscuit

Featured Veggie & Fruit Sides

Sweet Corn Baby Carrots
Mandarin Oranges

Wed., September 6Breakfast: Whole Grain Fruit Frudel,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Popcorn Chicken & Roll
2. Yogurt Parfait & Roll

Featured Veggie & Fruit Sides

Baked Potato Cucumber Slices
Mandarin Oranges
Dessert - Graham Crackers

Wed., September 13Breakfast: Raspberry Pastry,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Toasted Turkey Bacon Cheese Sub
2. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

Tomato Caprese Salad
Sweet Pepper Strips
Local Apples

**Wed., September 20**Breakfast: Whole Grain Fruit Frudel,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Walking Taco
2. Black Bean Dip & Chips

Featured Veggie & Fruit Sides

Carrot & Celery Sticks
Pineapple
Dessert: Cinnamon Churro

Wed., September 27Breakfast: Raspberry Pastry,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Popcorn Chicken & Roll
2. Grilled Cheese Sandwich

Featured Veggie & Fruit Sides

Tomato Soup Cucumber Slices
Crisp Apples
Dessert: Cheesy Goldfish

Thursday, September 7Breakfast: Cinnamon Coffee Cake,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Italian Dunkers
2. BBQ Chicken Sandwich

Featured Veggie & Fruit Sides

Cowboy Salad
Crisp Broccoli
Chilled Pears

Thursday, September 14Breakfast: Blueberry Muffin,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Fish Sticks w/ Mac & Cheese
2. Chex Cereal, Grahams & Yogurt

Featured Veggie & Fruit Sides

Baby Carrots
Crisp Broccoli
Juicy Orange Slices

Thursday, September 21Breakfast: Cinnamon Coffee Cake,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Pancakes & Canadian Bacon*
2. Ham, Egg & Cheese Croissant*

*either entree can be requested w/o meat

Featured Veggie & Fruit Sides

Hashbrown Pepper Strips
Juicy Orange Slices

Thursday, September 28Breakfast: Blueberry Muffin,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Italian Dunkers
2. Deli Turkey Sandwich

Featured Veggie & Fruit Sides

Pepper Strips Cowboy Salad
Sweet Grapes

Friday, September 8Breakfast: Mini Waffles,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Chicken Parmesan & Penne
2. Personal Pan Pizza

Featured Veggie & Fruit Sides

Cucumber Slices
Cherry Tomatoes
Sweet Melon

Friday, September 15Breakfast: Mini French Toast,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Buffalo Chicken Dip & Chips
2. Pizza Munchie Lunch

Featured Veggie & Fruit Sides

Celery Sticks
Cucumber Slices
Sweet Grapes

Friday, September 22Breakfast: Mini Waffles,
Fruit and Juice Choices & MilkToday's Entree Choices

1. Pasta & Meatballs
2. French Bread Pizza

Featured Veggie & Fruit Sides

Crisp Broccoli
Cherry Tomatoes
Chilled Pears

Friday, September 29Breakfast: Mini French Toast,
Fruit and Juice Choices & MilkToday's Entree Choices

1. BBQ Chicken Sandwich
2. Pan Pizza

Featured Veggie & Fruit Sides

Sweet Potato Fries Crisp Broccoli
Applesauce

Happier & Easier School Celebrations

For birthday treats delivered
to your child's classroom -

www.scasd.org/schoolmeals

Click on the Birthday Basket link.



School employees may not discuss account IOUs with younger children. Please sign up at myschoolbucks.com to view account information and to receive low balance email alerts. These on line features are available free of charge to families. -Thanks!

★ OUR NATION'S HISTORY ★

Labor Day is celebrated on the first Monday in September to honor the contributions of America's workers. In the late 1800s, the average American worked 12-hour days and six-day weeks. Children as young as 5 worked in mills, factories, and mines. And people of all ages often faced extremely unsafe working conditions. Trade and labor unions formed to fight for better and safer conditions. To call attention to needed reforms, the first Labor Day holiday was organized in 1882. In 1894, Labor Day was recognized as a national holiday.

**★ WITH LIBERTY & JUSTICE FOR ALL ★**

STILL HUNGRY?

A la Carte Pricing

Lunch Entrees - \$2.25

Breakfast Entrees - \$1.65

Vegetables - \$.85 Fruit - \$.85

Milk - \$.70 Bread Items - \$.85

Snack/Desserts - \$.85

Bottled Water - \$1.00

Students are permitted to buy extra food items if they have funds in their account for the purchase. Students are never denied a meal for lack of funds but may not purchase extra items on credit. Parents can limit extra purchases by requesting that a note be added to the student's account. Submit an account note request/restriction at scasd.org/schoolmeals.

