

Menus for May-June



**Park Forest
Middle School**
**Mt Nittany
Middle School**

Lunch - \$3.00 Breakfast - Free!
Entree - 2.25 Side - \$.85/\$1.25 Milk - \$.70

Breakfast

available in the school lobby at the start of the day

Choose 1 Entree

Coffee Cake (M) Mini Cinnis (M/F) Bagels (T/Th)
Pumpkin & Banana Bread (T/Th) Cinnamon Rolls (W) Muffins (W/F)
Whole Grain Poptarts Assorted Cereal

Choose 1 Fruit & 1 Juice

Apples Bananas Craisins 100% Juice

Choose 1 Milk

Low Fat White or Fat Free Chocolate

You may decline items that you do not want but must take 3 items total, one of which must be a fruit or juice.

Grab & Go

Available on All Lines

PB&J Sandwich (Daily)

Yogurt Parfait (Daily)

Hummus & Pita Chips (Mon-Tues)

Caesar Salad & Roll (Tuesday)

Deli Turkey Sub & Fritos (Thursday)

Lunch Box

(vegetable side) <dessert>

Menus are subject to change and availability of all choices may become limited as we approach the last day of the school year.

Wed, 5/1 - Chicken Alfredo & Garlic Brdstk (Steamed Veg)

Thu, 5/2 - Meatball Sub (Baked Potato)

Fri, 5/3 - Pulled Pork Sandwich & Fritos

Mon, 5/6 - Popcorn Chicken & Biscuit (Mashed Potatoes & Gravy)

Tue, 5/7 - Toasted Chicken & Bacon Sub (French Fries)

Wed, 5/8 - Mac & Cheese w/ Pulled Pork <Sorbet>

Thu, 5/9 - Chicken Cheesesteak (Baked Potato)

Fri, 5/10 - Sloppy Joe & Fritos

Mon, 5/13 - Popcorn Chicken & Breadstick (Steamed Veg)

Tue, 5/14 - Chicken & Waffles (Hash Browns)

Wed, 5/15 - Baked Spaghetti & Garlic Breadstick

Thu, 5/16 - Chili & Cheese Baked Potato & Biscuit

Fri, 5/17 - Buffalo Dip & Chips <Churro>

Mon, 5/20 - General Tso's Chicken & Rice (Roasted Broccoli)

Tue, 5/21 - BBQ Chicken Sandwich (Sweet Potato Fries)

Wed, 5/22 - Cook's Choice Pasta

Thu, 5/23 - Chicken Quesadilla (Baked Potato)

Fri, 5/24 - 2 Beef Tacos (Cin Apples) <Ice Cream Cup>

Mon, 5/27 - Memorial Day - No School

Tue, 5/28 - Popcorn Chicken & Roll (Steamed Veg)

Wed, 5/29 - Cook's Choice Pasta <Cookie>

Thu, 5/30 - Cook's Choice

Fri, 5/31 - Cook's Choice

Mon, 6/3 - Cook's Choice <dessert treat>

Tue, 6/4 - Cook's Choice <dessert treat>

Wed, 6/5 - No Lunch Service Today - Have a great summer!

Choose an entree. Complete your meal with 2 vegetable sides, a serving of fruit, and milk.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

Fruit & Veggie Side Dishes

Crunchy Carrots & Assorted Fresh Veggies (Daily)

Hummus (Monday) Tossed Salad (Tues-Fri)

Whole Fruits Canned & Frozen Fruit Juice (M & F)

Pizza & Pasta

Monday - Big Daddy's Pizza



Tuesday - French Bread Pizza

Wednesday - Italian Dunkers



Thursday - Big Daddy's Pizza

Friday - Pasta & Meatballs w/
Breadstick



Payments can be made online at www.myschoolbucks.com or mailed to SCASD FSD, 653 Westerly Pkwy, State College 16801. Students may also present cash or a check to any cashier for deposit. Change will not be given. Students are expected to have funds for all purchases and will not be permitted to have extra food items without available funds.

Grill

Available Daily



Hamburger Cheeseburger Chicken Sandwich

Monday - Impossible Burger



Tuesday - Cheese Pretzel

Wednesday - Hot Dog (beef & turkey)

Thursday - Cheese Pretzel

Friday - Hot Dog (beef & turkey)