



Mountain Meadows

“Home of the Mustangs”



December 2022



Note from Administration- Ms. Johnson, Principal Season's Greetings Mountain Families!



I am very proud of our students at Mountain! Trimester 1 report cards went home on Friday, Dec. 2. I enjoyed reviewing all of them, and it is clear that **our students are learning and growing in knowledge and character**. Keep it up, Mustangs! Thank you, Parents/Guardians for your continued partnership- **your impact and support is most important**. We have dedicated teachers here at Mountain, who truly care about our students. On Nov. 15, our own **Ms. Diaz** was recognized by our District and School Board for going “**Above and Beyond**” for her students. Congratulations and thank you, Ms. Diaz!

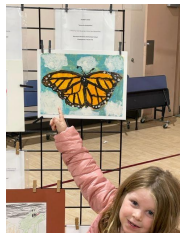


Our wonderful PTA organized the **Family Winter Dance** and on Dec. 2, many students and families enjoyed an evening of dancing, hot chocolate and it even “snowed!” A huge thank you to Ms. Yuro and all the volunteers for their hard work to make it happen.



PTA also helped our students participate in the **Reflections Art Program**, organized

by Ms. Verity. Many of our students “Showed their Voice” and entered unique and beautiful projects in the district wide Reflections contest. **Thank you to our MM PTA** for providing so many enriching opportunities for our students and families!



I am happy to share that **security cameras are installed** and operating at MM. Additionally, the district’s **anonymous reporting system, WeTip**, is up and running for anyone in our community to report unsafe activity, including bullying. Please click on this link, [WeTip Info](#), to learn more about the process. Our students, 5th grade and older, have been informed how to use it at this time.

In mid-November, our **School Resource Officer** came to MM for a surprise visit for our 1st-5th graders, during their lunch play time. Students explored the vehicle and the equipment, while learning more about safety. The officers answered many questions and gave students “Deputy” badges. **We are grateful for our close partnership with Moorpark Police/ Ventura County Sheriff’s Department.**

Please note these friendly reminders:

- **“Lost and Found” jackets will be hung on the front gate** from 12/5-12/16. Any coats/jackets left after 12/16 will be donated. Kindergarten “Lost and Found” will be hanging at the TK/Kinder gates.
- We love our pets, but **pets are not allowed on campus**. This includes the parking lot, and the campus drop off/dismissal areas that are located on school property.
- **Please do not get out of your car when utilizing the morning valet drop off zone**, as this is blocking the flow of traffic. Thank you for your support and understanding.

The Moorpark Unified School District invites you to participate in a brief parent survey to help us in the development of our Local Control and Accountability Plan (LCAP). **Your input is valuable!** Please take a few minutes and complete the MUSD LCAP Survey, which closes 1/13/23. Click on this link: [LCAP Survey English](#) or [LCAP Survey Spanish](#)

From all of us at Mountain, we hope you enjoy a blessed holiday season, a restful and fun winter break (12/19-1/2/23- Students return to campus on Tuesday, Jan. 3), and a very happy New Year!
Thank you, Ms. Johnson





COUNSELOR'S CORNER

Hello Mustangs,

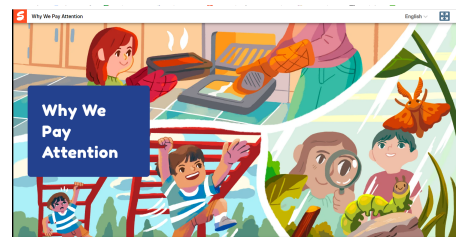
I hope everyone had a restful week off during the month of November. With the holiday season approaching, many may be starting to feel stressed, emotionally drained, or a mix of everything. Managing strong emotions is a skill that we teach our students at Mountain Meadows

using our Socio-emotional program called **Second Step**. Strong emotions during this time of the year may include feelings of **stress** with all the planning, **sadness** if you are missing a loved one, and maybe even **nervous** as every end and new year may bring change. Here are some tips that can help you manage Holiday Emotions:

1. Stop and take a deep breath
2. Pause and name the **Emotion** (ex: "What I'm feeling right now is very frustrating")
3. Do one thing at a time
4. Be Self-aware
5. Focus on being **PRESENT** with your family



Other skills that our kindergarten students are learning right now through our Second Step program include Growth Mindset and Goal-Setting. Throughout this unit students learn how to develop a growth mindset and apply it to the task of paying attention.



The goal is for students to be able to name or show behaviors that help them pay attention (for example, turning toward the speaker, listening, watching, staying quiet), suggest kind words to encourage themselves and others when they make a mistake, and name "practice" and

"keep trying" as ways to get better at something. Students enjoy and participate throughout these lessons with lots of enthusiasm and are always ready to learn.

Please feel free to explore Moorpark's Wellness Center: The **Virtual Wellness Center** was designed to support the well-being of staff, students and parents as well as to connect to calming activities / tools that promote health and wellness. This is a safe space to access support, take a break, rest and refocus. Staff, students, and families are able to access the **"Support - Request for Counseling"** form on the Wellness Center website in both English and Spanish.



If you have any questions please feel free to contact MM School Counselor at (805)378-6306 ext: 7791 or Anna Lamberson, Virtual Wellness & Training Counselor at (805) 378-6302 ext: 5194.



Have a WONDERFUL and SAFE winter break !

Thank you,
Cristina Naranjo

Attendance

Attendance Phone Calls: When your student is absent, please call the Attendance Line at:

(805) 378-6306 Ext: 9905. In the message, please give a reason for the absence.

Thank you for your support !



**Help Your Child Succeed in School:
Build the Habit of Good Attendance Early**
School success goes hand in hand with good attendance!

DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.

Health Office

REMINDERS...

- Please return any clothing that your student may have borrowed from the Health Office.
- Students should be 24 hour fever free without any medications before returning to school
- COVID tests are still available. Please feel free to stop by the office if you need any.



Thank you and Happy Holidays from
Nurse Julie

PTA

Online yearbook store is now OPEN! If you would like to order please click on the link below. All orders are due by Friday, April 28, 2023.

Yearbooks

Thank you for your continued support !



Happy Birthday:

Adam Gonzalez, Angela Gonzalez, Gustavo Ledesma, Kaylianna Genevieve, Isabella Dominguez, Thea Thien-Tu Hoang, Matthew Thomas, Piper Thomas, Adalynn Mae Gad, Damian Perez Garcia, Elizabeth Mary Carroll, River Sandrine Davis, Amna Fayyaz, Geno Mark Gonzalez, Camden Alan Brown, Everly Rayne Brizendine, Oscar Arnulfo Gudino, Tyler Thien Hoang, Huzaifah Ahmad Khan, Adrian Nikolay Kinchev, Smarika Sitaula, Malcom Niru Brooks, Emerson Monroe Hatch, Emily Marie De La Parra, Sophia Lynn Leal, Wyatt Evan Ortiz, Cali Torres, Maria

Victoria Ramirez, Ethan Lassen, Colton James Clark, Ciara Leilani Housel, Bryanna Marie Maya, Jacqueline Villa, Lily Kobi Beaumont, Alijah Eren Ramirez, Landon Frederick Sirota, Eden Brooke Dupree, Mason Simon Lee, William Leslie Fernandes, Delilah Rose Sandoval, Liam Michael Dove, John Griffith Roberts, Taylor Mae Jones, Jack Tucker Jones, Emaad Imran, Elizabeth Claire Soto, Donovan James Tolle

Upcoming Events at Mountain Meadows

Date	Event
December 13, 2022	8:30 a.m. Principal Chat
December 19, 2022 - January 2, 2023	Winter Break
January 10, 2023	8:30 a.m. Principal Chat
January 11, 2023	PTA Meeting via Google Meets 5: 30 p.m.

HAPPY HOLIDAYS . . . !