

# NHS Service Opportunities

Candidates for National Honor Society must complete a minimum of 30 hours of service and/or volunteer activities. Below are some ideas for you as you prepare to apply for membership in February of your junior year. Opportunities are available through your school, church, temple, scouting, town and civic organizations. Pick one and get involved!

## Participate in religious youth programs

- Teach younger students, participate in youth groups
- Volunteer for service projects, volunteer for summer camps programs
- Volunteer in an elementary school
- Help with homework
- Help with holiday events, fundraisers
- Example: *Pascack Hills Paterson Project; Montvale Education Foundation*

## Volunteer at a summer camp or recreation program

- Example: *Montvale Athletic Association; Woodcliff Lake Basketball Association*

## Volunteer with senior citizens

- Serve food and drinks, read, play games
- Provide services such as snow removal, leaf raking, shopping
- Example: *Sunrise Assisted Living*

## Work with the homeless

- Work at a homeless shelter
- Participate in a clothing or food drive

### **Disaster relief**

- **Collect needed items**
- **Raise money**
- **Adopt a family or a school**

### **Help a charitable organization**

**Examples: *TAC; INTERACT; Project Love Match; Muscular Dystrophy; Footprints in the Sand; Center for Food Action***

### **Civic engagement**

**Examples: fire department; EMT; community blood services; hospital volunteer; library volunteer**

### **Peer mentoring**

**Examples: Peer tutor at Woodcliff Lake School or Fieldstone**