



How to Have a Successful Transition to Jericho High School

8th Grade Parent/Guardian & Student Meeting

Curriculum Associate for School Counseling - **Greg Sloan**

School Counselors

Sari Grebstein

Jason Rubinstein

Eve Mangibin

Jenna Sansaricq

Alana Mercante

Di Wu

Adrienne Nasser



Transitioning to High School

- **The transition to high school can be an exciting and stressful time for students and parents alike.**
- **High school requires acclimating to more demanding academics, a new social environment as well as managing stress and building time management & study skills.**
- **Your school counselor and the Counseling Department have many resources to help ensure that you have a successful high school experience.**

THE COUNSELING CENTER

Your child's School Counselor will be with your child throughout their four years at Jericho High School. It is important to establish a strong partnership.

- Academics
- Adjustment to high school – Open Door Policy!
- Advocacy
- Social/Emotional Support
- Course selection
- Career Exploration
- College advising
- Group Guidance in the fall and spring

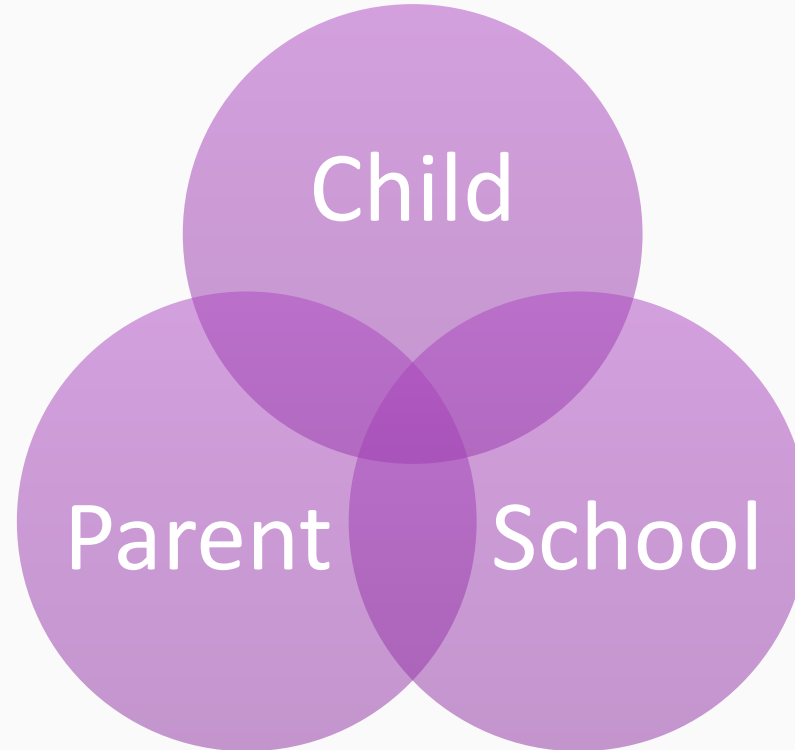


KEEPING YOU INFORMED

- We keep you informed with the latest information and trends!
- School Counseling Website – [Click here](#)
- Evening Presentations by grade level
- Naviance Emails to students and parents
- Newsletters

GOOD COMMUNICATION IS THE KEY

- Email teacher or leave a message in Teacher's Workroom: ext. 3220
- Contact Counselor by email or phone



- Check Canvas & PowerSchool Parent Portal to monitor your child
- Report Cards – Quarterly
- Student/Parent conferences are welcome

RESOURCES FOR STUDENTS

- TEACHERS:

- Extra Help 2x per week: AM - Click here: [Extra Help Schedule](#)

- PEER TUTORING:

- Ms. Jennifer Diskin & Ms. Mary Ann Christiansen - EXT. 3220
- [Peer Tutoring Canvas page](#)

- School Social Worker: Mr. Ray Velez (CAFE 126)

- School Psychologists: Dr. Wendi Goldstein & Dr. Danielle Smith

Typical 9th Grade Schedule

1. ENGLISH I
2. GLOBAL I
3. MATH
4. SCIENCE
5. SCIENCE LAB / PHYSICAL
EDUCATION
6. WORLD LANGUAGE
7. MUSIC OR ART
8. LUNCH
9. ELECTIVE

GRADUATION REQUIREMENTS

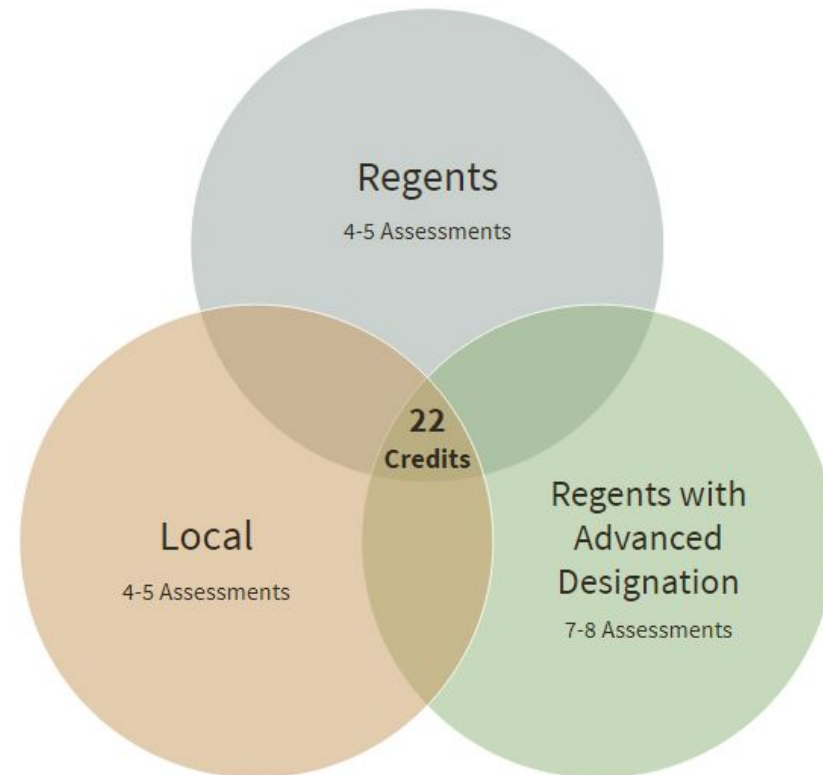
CREDIT REQUIREMENTS

(Apply to all diploma types: local, Regents, Regents with advanced designation)

	MINIMUM NUMBER OF CREDITS
English	4
Social Studies <small>(see note #6)</small> <i>Distributed as follows:</i> U.S. History (1) Global History and Geography (2) Participation in Government (½) Economics (½)	4
Science <i>Distributed as follows:</i> Life Science (1) Physical Science (1) Life Science or Physical Science (1)	3
Mathematics	3
Languages Other than English (LOTE)	1 ^(**)
Visual Art, Music, Dance, and/or Theater	1
Physical Education <i>(participation each semester)</i>	2
Health	0.5
Electives	3.5
Total	22

New York State Graduation Requirements and Regents

Diploma Types



Jericho High School Clubs

Getting involved in clubs in high school

- Learn about interests; make friends with like-minded students
- Most clubs meet period 2, some meet after school
 - [Club Calendar](#)
- Quality over Quantity
- Develop a Passion
- Develop your Strengths



Jericho High School Sports

Difference between high school & middle school sports

- Games, competitiveness, tryouts
- Commitment to the team all year round (including vacations)

Athletic website:

- [Jericho Athletics](#)
- Sports seasons, coaches, start dates every Dec



9th Grade Orientation

- August 21, 2024
 - Club and Community Service Fair
 - Student Handbook
 - Meet with Counselor
 - Schedule distribution
- Schedule Change Process
 - Changes may be made for the following reasons:
 - Missing originally requested course
 - Lunch is missing

Tips for Parents

For Student Success:

- Establish a routine (healthy sleeping and eating habits)
- Supervise computer usage. The majority of homework does not require the internet
- Get your child involved in clubs and teams
- Encourage your child to connect with their School Counselor
- Continue to read and stay engaged over the summer

For Parents:

- Get Involved: Attend Parent/Teacher Conferences, PTA Meetings, Evening Programs
- Proactively communicate with your child's teachers
- Check PowerSchool
- Know what resources are available: Extra Help, Peer Tutoring
- Get to know your child's School Counselor
- Encourage your child to get involved in sports and/or clubs

Questions?

We are looking forward to our next four years together!