

## **Mental Health Resources**

### **Attention, if you are in crisis and need immediate help:**

- Youth up to age 17, call Nationwide Children's Crisis Line (614) 722-1800
- Adults ages 18 and over, call Netcare Access (614) 276-2273 or (888) 276-2273 Toll-free
- Call 9-1-1
- Visit the emergency room
- Call or text the National Suicide Hotline 988 or (800) 273-8255, for deaf or hard of hearing; visit website for online chat

### **Concord Counseling Services**

**Program:** Psychiatric and medical services, outpatient drug and alcohol treatment, permanent supportive housing, counseling; suicide prevention, free support groups and respite care; school-based prevention programs for students in the Westerville, New Albany, Groveport Madison and Gahanna-Jefferson school districts

**700 Brooksedge Boulevard, Westerville, Ohio 43081**

**Intake: (614) 882-9338**

**Concordcounseling.org**

### **Directions Counseling Group**

**Program:** Offers office-based, online and phone-based counseling for general mental health problems (ADHD, autism, bipolar disorder, behavior problems, depression and more), teen counseling, marriage and family counseling, divorce and separation, trauma/PTSD, anger management, play therapy, grief and loss, parenting, substance abuse counseling, no psychiatry

**6797 North High Street, Suite 350, Columbus, Ohio 43085**

**(614) 888-9200**

**Directionscounseling.com**

### **Directions for Youth & Families**

**Program:** Offers youth and their families mental, emotional and behavioral health programs and services. Licensed social workers and counselors provide counseling and clinical treatment programs addressing a range of issues including school concerns, sexual abuse, delinquency, domestic violence, family conflict, substance abuse and mental health issues. They also offer parenting classes, free kindergarten readiness programs and after-school and summer programs at their two youth centers.

**1515 Indianola Avenue, Columbus, Ohio 43201**

**(614) 294-2661**

**Intake: (614) 294-2661**

**dfyf.org**

### **Eating & Behavioral Health Associates**

**Program:** EBHA is a team of treatment providers in Columbus who specialize in evidence-based outpatient mental health therapy for individuals struggling with eating disorders, body image concerns, trauma, and other mental health issues.

**Wendy Finney (office manager)**

**4041 N. High St., Suite 102B**

**Columbus, OH 43214**

**614-924-2144**

**finney@eatingandbehavioralhealth.com**

**[www.eatingandbehavioralhealth.com](http://www.eatingandbehavioralhealth.com)**

### **Huckleberry House**

**Program:** Huckleberry House has three major programs for teenagers/young adults. Their counseling center provides individual and family counseling on many areas including: anxiety, stress management, depression, family conflict, trauma, PTSD, crisis situations, behavior concerns, anger, school problems, parenting, and relationship issues. Their housing program offers teens ages 12-17 a safe place to stay to receive a warm bed, hot meals, clothing and hygiene products. Their YOP Shop program offers resources to young adults ages 12-24 including: naran, condoms, pregnancy tests, job training, ID's, birth certificates, personal hygiene items, groups, etc. They also work with 18-24 year-olds to get them connected to a transitional living program.

**Counseling Center- 1422 Summit Street, Columbus, OH 43201.**

[www.counselingcenteratHuckHouse.com](http://www.counselingcenteratHuckHouse.com)

**Housing Program- 1421 Hamlet St., Columbus, OH 43201. 614-294-5553.**

[www.huckhouse.org](http://www.huckhouse.org)

**YOP Shop Program- 2216 Bancroft St., Columbus, OH 43219. 614-826-3630.**

[outreachcrew@huck-house.org](mailto:outreachcrew@huck-house.org)

### **I Am Boundless**

**Program:** Assists people with intellectual and developmental disabilities and/or behavioral health challenges and their families with primary care, dental and behavioral health services. They offer long-term and temporary residential support, in-home and out-of-home respite services, applied behavior analysis (ABA) and outpatient behavioral health services, vocational habilitation, summer programs for youth with autism, telehealth services, psychiatry and more.

**445 East Dublin-Granville Road, Worthington, Ohio 43085**

**(614) 844-3800**

### **North Community Counseling Centers (NCCC)**

**Program:** Provides medical/psychiatric care, case management, office-based and school-based counseling programs for teens and adults in need of mental and/or behavioral health care; and substance abuse counseling for adults

**1855 East Dublin Granville Road, Suite 204, Columbus, Ohio 43229 (614) 267-7003**

**Intake: (614) 261-3196**

[northcommunity.com](http://northcommunity.com)

### **Ohio Guidestone**

**Program:** Provides counseling and treatment services for children and adults, pregnancy and parenting support, respite care, domestic violence shelter, and foster care services, as well as substance abuse and addiction recovery that include peer support and housing, and more throughout Ohio.

**195 North Grant Avenue Ste. 250, Columbus, OH 43215**

**888.522.9174**

[ohioguidestone.org](http://ohioguidestone.org)

### **SUN Behavioral**

**Program:** A crisis center and offers 24/7 walk-ins for inpatient psychiatric care. They also have a co-occurring inpatient substance abuse program for adults. Adolescent/Adult outpatient services include an intensive outpatient program (IOP), as well as a day program for adults. Transportation provided with outpatient services for Franklin County residents on a case by case basis.

**900 East Dublin Granville Road, Columbus, Ohio 43229**

**(614) 963-9910**

[sunbehavioral.com/columbus](http://sunbehavioral.com/columbus)

### **Syntero**

**Program:** Offers outpatient mental health, trauma, grief and other behavioral health counseling; case management services, school-based therapeutic intervention and prevention services; intensive outpatient program for substance use disorder. They also offer mentoring, integrated primary care, Help Me Grow and more.

**299 Cramer Creek Court, Dublin, Ohio 43017 (614) 889-5722**

**3645 Ridge Mill Drive, Hilliard, Ohio 43026 (614) 457-7876**

**3433 Agler Road, Suite 2000, Columbus, Ohio 43219 (614) 600-2708**

**7100 Graphics Way, Suite 3100, Lewis Center, Ohio 43035 (740) 428-0428**

**New Clients: (614) 889-5722, ext. 133**

**Syntero.org**

### **Wellspring**

**Program:** This faith-based organization offers low-cost counseling at many locations throughout Columbus. They also have licensed counselors who see kids with anxiety issues, behavior problems, depression, ADHD, stress, anger issues and more. Their student interns see clients at very reduced rates as part of their training in their masters program, under the supervision of licensed counselors.

**1335 Dublin Road, Building D, Suite 208, Columbus, Ohio 43215**

**5000 Arlington Centre Boulevard, Building 7, Columbus, Ohio 43220**

**3220 Lowell Drive, Columbus, Ohio 43204**

**40 Chicago Avenue, Columbus, Ohio 43222**

**Intake: (614) 538-0353**

**Wellspringcolumbus.org**