

State College Area School District Cheerleading



Varsity, Junior Varsity, and Middle School
Contract Rules and Regulations 2021-2022

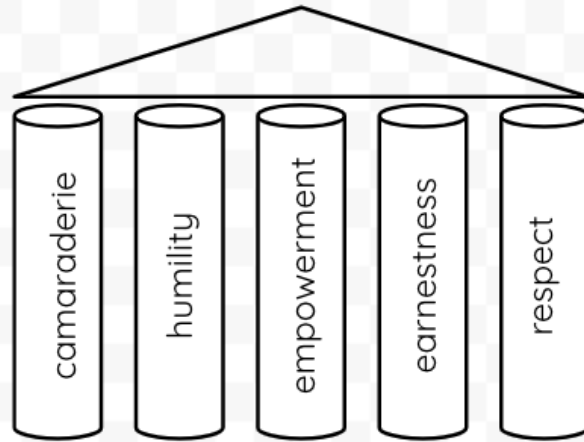
Positive Pathways:
Know and do the right thing
Do it with relentless effort
Do it with kindness and compassion for others

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Purpose and Philosophy:

we are leaders of



1. **C**amaraderie - we care about each other and celebrate all successes
 2. **H**umility - be appreciative of what you have
 3. **E**mpowerment - build each other up to be the hardest working team
 4. **E**arnestness - tell the truth, accept the truth, and be sincere
 5. **R**espect - give it and earn it
- The purpose of State College Area School District Cheerleading:
 - To encourage school spirit and community involvement
 - To support our athletic teams
 - To develop lifelong skills such as teamwork, cooperation, time management, determination, dedication, and leadership
 - To perform multifaceted cheerleading routines and develop all athletic skills relevant to cheerleading
 - To represent SCASD to the highest degree
 - Educational value to SCASD:
 - Membership as a part of the SCASD cheerleading program provides an opportunity for personal growth, leadership, and involvement in various functions. The attitude, dedication, and enthusiasm of the squad members are just as important as the skills involved in cheerleading. All cheerleaders must demonstrate a proven ability to balance academic requirements and demands with extracurricular and personal activities.
 - Student athletes are students first. Academics come before cheerleading - no exception!
 - Social Media
 - Student Athletes/ Parents represent our school and community - please be mindful of any/all things posted in relation to the State College Cheer Program. We want to create a positive atmosphere for our Athletes, families, coaches and school.
 - Student Athletes will do nothing to embarrass themselves, the cheerleading program, or the school on social media

Eligibility and Conduct:

- Eligibility:
 - According to SCASD guidelines, to be eligible for athletics a student must:
 - Meet the PIAA expectations regarding the rules. Please see the SCASD Athletic Department website or the student-athlete handbook for more information
 - Complete a PIAA Sports Physical after June 1st
 - SCASD Student-Athlete & Parent should sign and return the:
 - Student-Athlete Handbook
 - SCASD Cheerleading Handbook
 - Emergency Contact Card
 - A student athlete's eligibility to participate in practices and events is determined by compliance with attendance regulations (see page 4)

- Conduct:
 - Student-athletes are expected to follow the code of behavior for the building they attend
 - The use of illegal drugs, alcohol, and tobacco is strictly prohibited
 - Promote good sportsmanship
 - CHEER everywhere you go - you are always representing our team, program, school, and community
 - Cheerleaders must cooperate with all coaches, faculty members, administrators, and fellow squad members
 - Student-led initiation activities or hazing will not be tolerated.

- Academic Conduct:
 - maintain academic eligibility in accordance with PIAA and SCASD regulations
 - work to the best of their ability in all assigned classes
 - be on time for all classes
 - respect all teachers and classmates
 - complete all required work on time
 - not use athletics as an excuse for lack of preparation or performance in the classroom
 - maintain these standards throughout the school year, not only during their season(s) of competition

- Academic Support Expectations and Opportunities:
 - SCASD is committed to supporting our student-athletes both on and off the field and in and out of the classroom.
 - To assist our students and student-athletes with the balance of athletics and academics, the SCAHS has several academic support opportunities available to them:
 1. the high school Tutoring Center (ACE)
 2. the high school Writing Lab
 3. after school Academic Support

- BDA Strategies for planning athletic-related absences

Student Strategy / Communication Guide		
Before	During	After
<p>Before my absence I...</p> <ul style="list-style-type: none"> <input type="checkbox"/> Bookmark each of my teacher's online resources for quick reference <input type="checkbox"/> Inform my teacher via email or in person, in advance, regarding my absence <input type="checkbox"/> **Ask my teacher if I could sit in during another block to compensate for the one I will be missing ** <input type="checkbox"/> Make a "to-do" list of work that will be missed during absence from teacher's online resource or from direct communication <input type="checkbox"/> If I am to miss a quiz, test, lab, or presentation... e-mail and/or meet with my teacher to offer several times (before/after school, study hall, or over lunch, etc.) to make up the assignment in person <input type="checkbox"/> If I see I will not be able to make a future due date, ask for an extension in advance rather than waiting until it is due or past due 	<p>While I am absent I...</p> <ul style="list-style-type: none"> <input type="checkbox"/> Use the district wifi (when available) while I am away <input type="checkbox"/> Be in touch with a reliable classmate while I am away <input type="checkbox"/> Take and use reading or other materials with me on the bus/van that I will need to study or prepare for class <input type="checkbox"/> Touch base with students/teammates who share similar classes and/or teachers to clarify work and discuss questions 	<p>When I return back to school I...</p> <ul style="list-style-type: none"> <input type="checkbox"/> Hand in work that was due while I was out <input type="checkbox"/> Check HAC for any missing work or indicators that I missed something <input type="checkbox"/> Check in with a reliable peer and the teacher regarding my missed work <input type="checkbox"/> Review notes or other class materials that may help me understand missed instruction

- **Communication:**
 - Communication is vital for a successful - leave nothing to interpretation
 - All communication will be in the form of **email** or through the **band app**
 - We encourage all cheerleaders and parents to openly communicate with the coaches. An effective working relationship among the coaches, student-athletes, and parents is beneficial to the overall successes and experiences of the team.

- Coaches will communicate:
 - Requirements and expectations for students and the squad
 - Locations, dates, times of practices, games, and events
 - Squad requirements including special equipment, uniform, squad rules/regulations, travel arrangements, and off-season expectations.

- Cheerleaders should communicate:
 - When he/she will miss a scheduled practice well in advance
 - If they feel another member of the squad is mistreating him/her or another squad member
 - Issues he/she feels the coach needs to know for the safety, protection, and well-being of the student-athletes. This should happen prior to a parent contacting the cheer coach.

- Parents should communicate:
 - Concerns regarding directly to the coach at the appropriate time and place
 - Issues appropriate for discussion:
 - Student's plan for success, including role on the team
 - Student's behavior or academic performance
 - Student's health and safety including management of injuries
 - PIAA / district / department / team rules and expectations
 - Issues not appropriate for discussion with a coach:
 - Selection, placement, and/or determination of participation or playing time
 - Squad selection of cheers, chants, students, or elements of a performance
 - Any situation that deals with other students/cheer members
 - Competition strategies
 - Management or determination of all awards

- Please follow the Communication protocol listed below:
 - Team coach
 - Program coach
 - Athletic Director
 - Appropriate Principal MS/HS
 - District Assistant-Superintendent

Rules and Regulations:

- Rules and Regulations:
 - Attendance:
 - Be present and be on time
 - All practices and events are mandatory barring extenuating circumstances
 - Absences should be communicated with the coach **prior to** the scheduled practice/events via email
 - Absences must be excused by a note from a physician if the cheerleader had an appointment, or an email from the student with parents cc'd if the student is sick
 - If a cheerleader is absent from school for any other reason on game day, she may not dress or cheer
 - If a cheerleader is absent from the last practice before an event, the coaches may use their discretion to determine what facets of the event the cheerleader will participate in (tumbling, stunting, routines, etc.)

<u>Examples of excused absences:</u>	<u>Examples of unexcused absences:</u>
<ul style="list-style-type: none">○ Religious observance or instruction○ Illness of the student○ Medical or dental appointment○ Death in the family○ Quarantine○ Special academic pursuit / testing (ie: college orientations, SAT, ACT, AP testing)○ Educational trip, co-curricular field trip○ Trips approved in advance	<ul style="list-style-type: none">○ Babysitting○ Hair appointment,○ Shopping○ Gainful employment○ Fishing or Hunting○ Missing the school bus○ Absences for personal reasons○ Community service○ Senior picture appointments○ Trips not approved in advance

- Commitment:
 - Each member of our team is required to make a commitment to the team during the season. This commitment involves being at **every** scheduled practice and event.
 - Cheerleading is a TWO-SEASON sport. Practices begin in August and the season will end in February. Cheerleaders will attend playoff events for football and basketball.
- Practice Expectations:
 - Arrive to practice on time
 - All team members will help to assemble and/or clean up the mats
 - Safety is the number one priority - no stunting or tumbling will be done without the presence and permission of the coaching staff
 - Cell phones are off limits during practice time barring cases of emergency
 - Dress at practice:
 - Assigned practice clothing & cheerleading shoes
 - Hair pulled back in a secure ponytail
 - No jewelry (earrings, belly rings, facial piercings, necklaces, bracelets)
 - No long fingernails (past the tip of finger) or artificial nails of any kind
 - Nails may be painted a specific color decided upon by the team

- Event Expectations:
 - Arrive to the event on time in the designated meeting place
 - Come to the event **ready** (wearing the proper attire & hair pulled back)
 - Cell phones are off limits during events barring cases of emergency or “down time”
 - Dress at events:
 - Full uniform (shell, skirt, bodysuit, briefs, cheerleading sneakers, white socks)
 - Cheerleading bag (with warm-ups and pom poms inside)
 - Hair pulled back in a secure ponytail with bow
 - No jewelry
 - No long fingernails (past the tip of finger) or artificial nails of any kind
 - Nails may be painted a specific color decided upon by the team (neutral or maroon)

- Transportation:
 - Each cheerleader is responsible for her own transportation to and from practice/events (please consider carpooling)
 - Those cheerleaders who do not drive will need to be picked up promptly at the given time
 - If you cannot find a ride from practice and/or to and from a home game, please speak with the coach in advance to make arrangements
 - When traveling, the squad must travel together. We will ride the bus to and from any away events

Conduct Violations

Level 1:

Offense	Prescribed Course of Action
1st	<ul style="list-style-type: none"> ● Coach discusses behavior with the student-athlete and document notes ● Coach discusses and finds a solution strategy & issues a verbal warning
2nd	<ul style="list-style-type: none"> ● Coach revisit previous discussion with the student-athlete, document notes & the solution strategy ● Coach issues and assigns consequence: eligible to practice, ineligible for participation for first 1/2 of next game/event ● Coach notifies the parent / guardian and Athletic Director
3rd	<ul style="list-style-type: none"> ● Coach revisits previous discussion with the student-athlete document notes, & the solution strategy ● Coach issues and assigns consequence: eligible to practice, ineligible for participation for next game/event ● Coach notifies the parent / guardian and Athletic Director

Level 2:

Offense	Prescribed Course of Action
1st	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, and athletic director to discuss behavior, document notes and solution strategy ● Coach/AD issues and assigns consequence: eligible to practice, ineligible for participation in next game/event ● <i>Note: Any subsequent offense of any level, combined with a Level 2 offense, may result in a Level 2, 2nd offense consequence.</i>
2nd	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, and athletic director to discuss behavior, document notes and solution strategy ● ● Coach/AD issues and assigns consequence: eligible for practice; ineligible for next competition; student-athlete must complete (3) three / (2) two practices before resuming competition eligibility. ● <i>Note: Any subsequent offense of any level, combined with a Level 2 offense, may result in a Level 2, 3rd offense consequence.</i>
3rd	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, and athletic director to discuss behavior, document notes and solution strategy ● Coach/AD issues and assigns consequence: eligible for practice; ineligible for next competition; student-athlete must complete (5) five / (4) four practices before resuming competition eligibility. ● <i>Note: Any subsequent offense of any level, combined with a Level 2 offense, may result in a Level 3, 1st offense consequence.</i>

Level 3:

Offense	Prescribed Course of Action
1st	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, and athletic director and may include school principal to discuss behavior, document notes and solution strategy ● Coach/AD issues and assigns consequence: ineligible for practice; ineligible for next competition; practices may resume after competition suspension and student-athlete must complete (5) five / (4) four practices before resuming competition eligibility. (*when applicable, athletic suspension will match the OSS duration determined by school administration and above consequences will begin once they return to school) ● <i>Note: Any subsequent offense of any level, combined with a Level 3 offense, may result in a Level 3, 2nd offense consequence.</i>
2nd	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, and athletic director and may include school principal to discuss behavior, document notes and solution strategy ● Coach/AD issues and assigns consequence: ineligible for practice; ineligible for next competition; practices may resume after competition suspension and student-athlete must complete (7) seven / (6) six practices before resuming competition eligibility. (* when applicable, athletic suspension will match the OSS duration determined by school administration and above consequences will begin once they return to school) ● <i>Note: Any subsequent offense of any level, combined with a Level 3, 2nd offense, may result in a Level 4, 1st offense consequence</i>
3rd	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, athletic director, and principal to discuss behavior, and document notes ● Carry out team dismissal procedures

Level 4:

Offense	Prescribed Course of Action
1st	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, athletic director, and principal to discuss behavior, document notes and solution strategy ● Coach/AD issues and assigns consequence: ineligible for practice and competition for 10 ten practice/meeting days; practices may resume after competition suspension and student-athlete must complete (10) ten practices before resuming competition eligibility. (* when applicable, athletic suspension will match the OSS duration determined by school administration and above consequences will begin once they return to school) ● <i>Note: Any subsequent offense of any level, combined with a Level 4 offense, may result in team dismissal.</i>
2nd	<ul style="list-style-type: none"> ● Meeting with the student-athlete, parents/guardians, coach, athletic director, and principal to discuss behavior, document notes ● Carry out team dismissal procedures

Conduct Violations

Attendance:

Level	Behavior	May look like / Sound like
1	<ul style="list-style-type: none"> ● Late to practice 	<ul style="list-style-type: none"> ● Arriving after the start of practice w/o a valid excuse or communicating ahead of time with the coaching staff ● Unexcused absence for the entire or majority of a practice (with prior notification to coach)
2	<ul style="list-style-type: none"> ● Unexcused Absence from a Practice and/or Game ● Late to the bus for an away departure 	<ul style="list-style-type: none"> ● Unexcused absence for the entire or majority of a practice (w/out prior notification to coach) ● Unexcused absence for the entire or majority of a game/event (w/ prior notification to coach) ● Leaving a practice, game/event w/o the coach's permission ● Arriving after the identified arrival time for a bus departure, including cross-town shuttles ● Not attending or failing to inform the head coach of an In-School Suspension or After School Detention
3	<ul style="list-style-type: none"> ● Unexcused Absence from a Game/Event (w/out notice) ● Failing to arrive at the bus for an away departure 	<ul style="list-style-type: none"> ● Unexcused absence for the entire or majority of a game/event (w/out prior notification to coach) ● Arriving after the bus departure for an away game/event, including cross-town shuttles ● Failing to inform the head coach of an Out-of-School suspension
4	N/A	

Program / Team Rules:

Level	Behavior	May look like / Sound like
1	<ul style="list-style-type: none"> Inappropriate behavior that is disruptive or hinders your or other's ability to learn or perform Dress / Uniform violations 	<ul style="list-style-type: none"> Being inattentive, disruptive, or distracting to self or others Non-adherence to team rules or norms Inappropriate dress / not adhering to the prescribed dress code or uniform for travel or events
2	<ul style="list-style-type: none"> Elevated Level I offense Actions that may be damaging or disruptive to the team image, culture and/or chemistry 	<ul style="list-style-type: none"> Elevated actions from the list above Open defiance of school or team rules Actions unbecoming of a SCASD athlete that may take place on or off school property or in or outside of the school day
3	<ul style="list-style-type: none"> Accessing areas that are off-limits 	<ul style="list-style-type: none"> Accessing equipment rooms training rooms, offices, or locker rooms without permission Entering a restricted area
4	<ul style="list-style-type: none"> Participating in or initiating a severe disturbance or prank 	<ul style="list-style-type: none"> Malevolent school disturbance Any act placing others in unwanted fear or disorder Creating a disturbance that severely interrupts a practice or game/event

Disorderly / Disrespectful / Insubordinate Language or Conduct

Level	Behavior	May look like / Sound like
1	<ul style="list-style-type: none"> Negative attitudes or actions 	<ul style="list-style-type: none"> Ignoring, arguing, failing to follow directions
2	<ul style="list-style-type: none"> Negative attitudes or actions intended to defy a request by an adult or undermine the authority of a coach or an adult 	<ul style="list-style-type: none"> Refusing to follow directions Talking back Use of profane language Leaving a practice, game/event w/o the coach's permission
3	<ul style="list-style-type: none"> Elevated Level II offense Recurring offensives after repeated unsuccessful interventions Forgery, Counterfeiting, or Lying Verbal assault of a student or staff member Unacceptable language, gestures, or actions 	<ul style="list-style-type: none"> Repeated backtalk, or refusal to comply with reasonable requests Open defiance of school or team rules Providing false information, documentation, or forgery (lying, forged notes) Words meant to demean or hurt another, including the misuse of social media Abusive language; verbal or written Using or demonstrating vulgar, perverse, and/or offensive language or gestures directed at others (including: opponents, teammates, fans, coaches, officials, or staff members)
4	<ul style="list-style-type: none"> IV Elevated Level III offense 	<ul style="list-style-type: none"> Elevated actions from the list above

Defacing School Property / Vandalism / Theft

Level	Behavior	May look like / Sound like
3	<ul style="list-style-type: none"> • Theft, attempt of theft, or receiving stolen property or selling or buying stolen property (\$150 & below) • Damaging, vandalizing, altering and/or taking of any school, team, or individual property that can be replaced or repaired at minimal cost (\$150 & below) 	<ul style="list-style-type: none"> • Theft of any property, uniforms, or school equipment • Theft of property lost or mislaid • Writing on walls, desks, floors or property • Altering of property • Negligent damage to property or devices • Malevolent destroying or defacing of property • Reckless disregard for property
4	<ul style="list-style-type: none"> • 2nd “Defacing School Property / Vandalism / Theft” violation Theft, attempt of theft, or receiving stolen property or selling or buying stolen property (\$151 & above) • Damaging, vandalizing, altering and/or taking of any school, team, or individual property that can be replaced or repaired at cost (\$151 & above) 	<ul style="list-style-type: none"> • Repeated violation • Theft of any property, uniforms, or school equipment • Theft of property lost or mislaid • Writing on walls, desks, floors or property • Altering of property • Negligent damage to property or devices • Malevolent destroying or defacing of property • Reckless disregard for property, uniforms or school equipment

Student Fighting / Safety / Assault:

Level	Behavior	May look like / Sound like
1	<ul style="list-style-type: none"> • Horseplay or throwing of objects 	<ul style="list-style-type: none"> • Throwing dangerous objects • Reckless play that can lead to injury • Unwanted play or behavior
2	<ul style="list-style-type: none"> • Player fighting (inside or outside of competition) 	<ul style="list-style-type: none"> • Fighting or physical retaliation • Player ejection from a game/event (PIAA rule)
3	<ul style="list-style-type: none"> • Attempting to harm another 	<ul style="list-style-type: none"> • Malicious attack on another person with the intent to harm • Engaging in any physical behavior that has the potential to harm another
4	<ul style="list-style-type: none"> • Physical assault Reckless endangerment 	<ul style="list-style-type: none"> • An unlawful attack by one person on another • Intentionally, knowingly, or recklessly causing bodily injury • Deliberately disregarding safety rules

Harassment / Bullying / Sportsmanship:

Level	Behavior	May look like / Sound like
2	<ul style="list-style-type: none"> Alarming or annoying unwanted behavior that shows no purpose 	<ul style="list-style-type: none"> Engaging in conduct that knowingly annoys another Unwanted contact, texting or messaging others
3	<ul style="list-style-type: none"> Unwanted electronic, verbal, written, or physical action or series of actions directed at a student(s) that is severe, persistent or pervasive Harassment; sexual, racial, ethnic, and/or gender 	<ul style="list-style-type: none"> Slurs or insensitive remarks Threats or bullying, including cyber-bullying Pushing, shoving, or unwarranted physical contact
4	<ul style="list-style-type: none"> Severe harassment / bullying or sexual, racial, ethnic, and/or gender intimidation Hazing activities- any activity that recklessly or intentionally endangers others 	<ul style="list-style-type: none"> Severe or repeated Level III infraction A threatening strike, kick or physical contact Creating a threatening environment Team initiation activities Endangering the mental health, physical health or safety of a student

Serious Infractions:

Level	Behavior	May look like / Sound like
3	<ul style="list-style-type: none"> Tobacco / e-cigarettes / look-alikes 	<ul style="list-style-type: none"> Possession, use, sale, or distribution of tobacco, tobacco products, or paraphernalia or look-alikes (including e-cigarettes, vaporizers)
4	<ul style="list-style-type: none"> Drug / Alcohol Possession of Steroids (non-use) 	<ul style="list-style-type: none"> Possession, use, sale, or distribution of drugs, alcohol, or paraphernalia and look-alikes Possession of Steroids or paraphernalia
4	<ul style="list-style-type: none"> Extortion / Severe Threats 	<ul style="list-style-type: none"> Obtaining something through force or threats Threatening someone through violence, property damage, or harm to reputation Declaration of intent to commit a crime of violence against another with the intent of threatening a person, building, facility, or public or private habitat Place any person or public in fear of imminent serious bodily injury Threats to commit any offense involving violence
PA Act 93	<ul style="list-style-type: none"> Use of Steroids 	<ul style="list-style-type: none"> First Offense – Suspension from school athletics for the remainder of the current season. Second Offense – Suspension from school athletics for the remainder of the current season and the following season. Third Offense – Permanent suspension from school athletics.

Varsity Sideline Cheerleading

Rachel Webb	rdw15@scasd.org	(814) 574-0769
Alyss May	acm33@scasd.org	(814) 659-6890

- Team Commitments:
 - Varsity Sideline Team
 - Fall and winter sideline cheer
 - Varsity Game Day Competition Team
 - Varsity Traditional Competition Team
 - Additional invitation/commitment
- Practice Schedule Overview:
 - Practices are closed (only team members and coaches may attend)
 - Summer open gym practice will be held from 4:00 - 6:00 pm on Mondays and Wednesdays
 - Varsity Sideline/Competition Practice will be held from 4:00 - 6:00 pm on Mondays & Thursdays and from 4:00 - 5:30 on on Wednesdays
 - Varsity Game Day Competition Practice will be held from 5:30 - 7:00 pm on Wednesday
 - Competition practice may also be held on Saturdays
- Games:
 - All required events will be listed on the schedule
 - Home games are held at Memorial Field on Friday nights at 7:00 pm
 - Cheerleaders are expected to arrive at the game no later than 5:30pm
 - Away games are held on Friday nights
 - Transportation to and from SCAHS will be arranged through athletics
- Showcases:
 - There will be a showcase held at the end of the last practice before competitions
 - These showcases are open for friends and family to attend
 - The purpose of a showcase is for you to see the routine and practice the cheer so we can maximize crowd participation points
- Fundraising:
 - Fundraising will be a very crucial piece to funding some of the changes in our program for the 2020-2021 season. Fundraising is a TEAM effort - please be prepared to participate in full
- Equipment:
 - All equipment provided by the school must be upheld and maintained properly throughout the season.
 - Uniforms (shell and skirt)
 - Pom Poms
 - Warm ups (jacket and pants)
 - Any equipment purchased individually or through fundraising is the property of each individual

Junior Varsity Cheerleading:

Kayla Edmiston

krs34@scasd.org

(717) 875-2140

- Team Commitments:
 - Junior Varsity Sideline
 - Fall and winter sideline cheer
 - Athletes who demonstrate skill readiness may be invited to participate in varsity sideline events (continuously)
 - Varsity Game Day Competition Team
- Practice Schedule Overview:
 - Practices are closed (only team members and coaches may attend)
 - Summer open gym practice will be held from 4:00 - 6:00 pm on Mondays and Wednesdays
 - JV Sideline Practice will be held from 4:30 - 6:30 pm on Tuesdays, Thursdays
 - Varsity Game Day Competition Practice will be held from 5:30 - 7:00 pm on Wednesdays
 - Competition practice may also be held on Saturdays
- Games:
 - All required events will be listed on the schedule
 - Home games are held at Memorial Field on Mondays at 5:00 pm
 - Cheerleaders are expected to arrive at the game no later than 4:00 pm
- Showcases:
 - There will be a showcase held at the end of the last practice before competitions
 - These showcases are open for friends and family to attend
 - The purpose of a showcase is for you to see the routine and practice the cheer so we can maximize crowd participation points
- Fundraising:
 - Fundraising will be a very crucial piece to funding some of the changes in our program for the 2020-2021 season. Fundraising is a TEAM effort - please be prepared to participate in full
- Equipment:
 - All equipment provided by the school must be upheld and maintained properly throughout the season.
 - Uniforms (shell and skirt)
 - Pom Poms
 - Warm ups (jacket and pants)
 - Any equipment purchased individually or through fundraising is the property of each individual

Middle School Cheerleading

Rylie Grube

rxg

(814) 571-7175

- Team Opportunities:
 - Fall and winter sideline cheer
 - Competition cheer

- Practice Schedule Overview:
 - Practices are closed (only team members and coaches may attend)
 - PFMS practice will be held on Tuesdays and Thursdays from 4:00 - 6:00 pm
 - MNMS practice will be held on ____ and Thursdays from 4:00 - 6:00 pm

- Games:
 - All required events will be listed on the schedule
 - Home games are held at Memorial Field on Wednesday afternoons at 4:00 pm
 - Transportation from the school to the field will be provided
 - Students will need to be picked up at the conclusion of the event

- Fundraising:
 - Fundraising will be a very crucial piece to funding some of the changes in our program for the 2020 - 2021 season. Fundraising is a TEAM effort - please be prepared to participate in full

- Equipment:
 - All equipment provided by the school must be upheld and maintained properly throughout the season.
 - Uniforms
 - Warm-Ups
 - Any equipment purchased individually or through fundraising is the property of each individual

SCASD Cheerleading Booster Club

The Booster Club is an essential part of our program. Please consider serving to benefit your student athlete and their cheerleading experience. It is our hope to have parents/guardians from the middle school, junior varsity, and varsity level represented in the booster club.

- The purpose of SCASD Cheerleading Booster Club:
 - To support the SCASD Cheerleading Squad
 - To organize fundraising opportunities that will provide the team with financial support

- Code of Ethics:
 - Ensure equal opportunity to all student athletes
 - Emphasize and demonstrate sportsmanship, ethical conduct and integrity
 - Abide by all school, district, and PIAA regulations
 - Show courtesy to all coaches, team members, administrators, visiting teams, competitors, hosts, and officials
 - Respect coaching and administrative decisions

- Opportunities to Serve:
 - President:
 -
 - Vice President:
 -
 - Treasurer:
 -
 - Secretary:
 -
 - Booster Club Member:

- What to expect:
 - Meetings are typically held once a month
 - Dates are set by booster club members, according to their schedules
 - Coaches will attend meetings to give/receive updates

Fundraising Information

2020 - 2021 Season

- Fundraising is an indispensable part of the cheerleading program. The coaches and Booster Club work to set up several team and individual fundraisers to assist with various costs. Below you will find an outline of fundraising expectations and dates. Please be aware that fundraisers may be added throughout the season as needed.
- Individual Fundraisers
 - Can be used to offset individual costs such as camp, clothing expenses, and any additional competition cost
- Team Fundraisers for individual earnings:
 - Money made from the these fundraisers will be evenly divided between all team members in attendance and can also be used to offset individual costs
- Team Fundraisers for program earnings:
 - Money will be put into the Booster Club account for team costs such as camp deposits, meals, transportation, competition fees, music, signs, poms, and the Annual Banquet

Please sign below indicating that you have read the SCASD Cheerleading Handbook

I have read the SCASD Cheerleading Handbook and understand both the expectations and consequences for violations of the rules.

Cheerleader

Date

I have read the SCASD Cheerleading Handbook and understand both the expectations and consequences for violations of the rules. I will support my student athlete in upholding the expectations of the program.

Parent / Guardian

Date