

AP Psychology

Summer Assignment 2024

Dear AP Psychology Student,

Welcome to AP Psychology! I am very excited about our upcoming year in AP Psychology. To help prepare you for this year, I have selected three books, of which you need to choose **ONE** to read. The following paragraphs detail the books and the assignments. **Please choose a book that interests you!!!** It will make the Summer Assignment much more enjoyable.

Choice #1—The Man Who Mistook His Wife for A Hat by Oliver Sacks. This is a famous book of short stories regarding neurological disorders. Please choose one story from each section and respond to the following:

1. The book is divided into four sections. Explain how the book is divided and give a brief summary of one story in each of the sections.
2. Write a conversation or dialogue (in the form of a script) that takes place between two different characters in the book as they examine each other's neurological problem.

Or

Choice #2—Brain Rules by John Medina. This book is about 12 principles for surviving work, home, and school. **Please choose 4 chapters/principles** and respond to the following:

1. Briefly summarize each chapter and what you learned about the brain from the chapter.
2. At the end of **each** chapter are short "Brain Rules." Choose two rules from each chapter and discuss how they might/might not apply to your life currently.

Or

Choice #3—An Unquiet Mind by Dr. Kay Redfield Jamison. This book is a *memoir* of her struggle with manic depression otherwise known as Bi-polar Disorder. Please read the whole book and respond to the following:

1. The book is divided into four sections; explain the theme or point of each section.

2. Write a letter to the author reacting to what you have read. In your letter, reference and discuss at least 3 specific events or challenges experienced by the author while she battled her disorder.

All assignments should be approximately *2-3pages long* and are due on **Friday, September 20, 2024**. If you are choosing Option 1 or 2, you may want to partner up to share a book. You may purchase a book or find them at the White Plains Public Library and White Plains High School Library.

As befits an AP course, this assignment is to be written *individually* and will be read thoroughly to ensure that this, as well as all other aspects of the assignment, has been followed as outlined above.

Enjoy your summer and I look forward to seeing you in September.

Sincerely,

Ms. Mahood