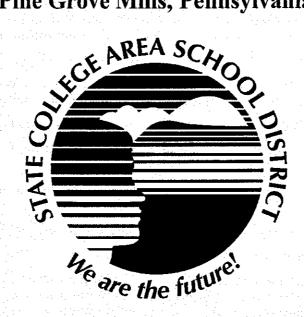
# STATE COLLEGE AREA SCHOOL DISTRICT HVAC SYSTEM OPTIONS FOR FERGUSON TOWNSHIP ELEMENTARY SCHOOL

Pine Grove Mills, Pennsylvania



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# **Executive Summary**

The State College School District has retained the services of Barton Associates Inc. through SCHRADERGROUP architecture LLC to provide mechanical and electrical systems engineering for an elementary school at 215 West Main Street in Pine Grove Mills, Pennsylvania. 15,700 ft<sup>2</sup> of the existing school on the site will be renovated and an additional 46,800 ft<sup>2</sup> of new construction will expand the school to a total 62,500 ft<sup>2</sup>. The project will be registered with the U. S. Green Building Council's LEED for Schools rating system to certify the facility is sustainable and environmentally friendly. The purpose of this evaluation is to provide guidance to the School District in selecting a heating, ventilating, and air conditioning (HVAC) system for the school that best fits the facility and District needs.

Five alternative HVAC systems suitable for the school were identified for this project. They include:

- 1. Vertical unit ventilators below the windows in each classroom and packaged rooftop units for assembly spaces with an air cooled chiller plant and a heating water boiler plant.
- 2. A variable air volume (VAV) packaged rooftop unit system with a heating water boiler plant.
- 3. A water source heat pump system with a dedicated ventilation system, a rooftop evaporative cooler for heat rejection, and a heating water boiler plant.
- 4. An air to air heat pump system with variable refrigerant volume control and a dedicated ventilation system.
- 5. A ground coupled water source heat pump system with a dedicated ventilation system.

These systems are explained and compared in the following pages.

All of the systems evaluated are appropriate for the type of building occupancy, building characteristics and region in which the building is proposed. We have presented the systems in a manner to allow the district to understand its options and make an educated decision regarding the HVAC system that best meets the District's needs. Please consider the following criteria during the evaluation:

- Relative importance of background noise
- Relative importance of dehumidification control
- Relative probable construction costs
- Architectural aesthetics
- Maintenance requirements of the system
- Energy efficiency
- LEED certification requirements.

An energy analysis was conducted by the 7 group on the HVAC systems that would meet LEED certification requirements. This analysis and probable construction cost estimates were used to determine the life cycle cost of the modeled systems. The ground coupled water source heat pump system was the most energy efficient system and had the lowest life cycle cost.

Although the final decision rests with the district, Barton Associates recommends that a ground coupled water source heat pump system with a dedicated ventilation system be installed at the Ferguson Township Elementary School.

# Alternative 1: Unit Ventilators with Hot Water Heating and Chilled Water Cooling:

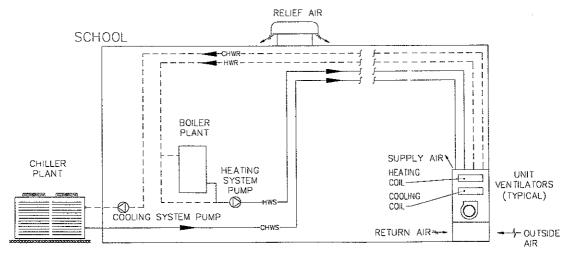
This system alternative would utilize unit ventilators with a hot water heating coil and a chilled water cooling coil delivering conditioned air to classrooms. An outdoor air cooled chiller would generate chilled water to be distributed throughout the school by chilled water pumps and piping. Heating hot water would be generated and distributed by a propane or oil fired hot water boiler(s), hot water pumps and hot water distribution piping. A dehumidification cycle would cool the supply air using the cooling coil, causing moisture to condense out, and then warm the air back to setpoint using the hydronic heating coils when relative humidity rises above setpoint.

Large assembly spaces (cafeteria, gymnasium, etc.) would utilize packaged rooftop units delivering conditioned supply air to each space through distribution ductwork. The units would control the space temperature in each by regulating the delivered air quantity and adjusting the supplied air temperature in response to outside air temperatures. Heating would be provided by duct mounted hot water coils connected to the heating water distribution piping. Cooling would be provided by using outside air for cooling (when appropriate) or by using the rooftop's direct expansion (DX) cooling coil and integral condenser-compressor unit. The rooftop units would draw in outside air and mix it with return air for ventilation. A dehumidification cycle would cool the supply air using the DX cooling coil, causing moisture to condense out, and then warm the air back to setpoint using the hydronic heating coils when relative humidity rises above setpoint.

Building entries, stairwells, storage, mechanical / electrical rooms, and kitchen would be heated with hydronic heaters.

Kitchen exhaust air would be replaced with tempered air (not air conditioned) using a propane-fired rooftop make-up air unit.

A DDC control system would regulate space temperature according to an occupied / unoccupied schedule.



Alternative 1 System Schematic

Benefits:

- Equipment similar to existing systems in school district.
- Active dehumidification capability.
- Lowest probable construction cost of alternatives evaluated.

- Outdoor chiller plant and boiler plant require maintenance.
- Architectural aesthetics of visible outdoor equipment and boiler flues.
- Each space would have a unit with a fan and filters to maintain.
- Unit fans in occupied spaces generate background noise.
- Building floor space required for boiler plant.
- Use of system would preclude LEED Certification.
- Floor plan modification to accommodate system would add approximately \$200,000 to the building's construction cost.

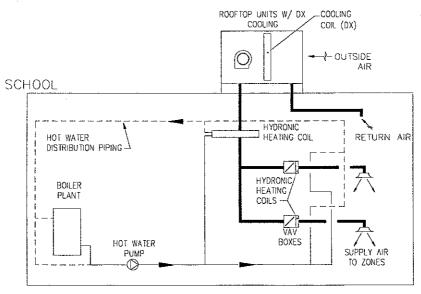
# Alternate 2: Variable Air Volume Packaged Rooftop Units with Hydronic Heating:

This system alternative would utilize packaged rooftop units delivering conditioned supply air to variable air volume (VAV) units in each space through distribution ductwork located above the ceilings. The VAV units would control the temperature in each space by regulating the air quantity delivered to air outlets distributed throughout the served space and adding heat as required. Heating would be provided by duct mounted hot water coils and VAV heating coils connected to distribution piping circulating hot water heated by a propane or oil fired boiler plant. Cooling would be provided by using outside air for cooling (when appropriate) or by using the rooftop's direct expansion (DX) cooling coil and integral condenser-compressor unit. The rooftop units would draw in outside air and mix it with return air for ventilation. A dehumidification cycle would cool the supply air using the DX cooling coil, causing moisture to condense out, and then warm the air back to setpoint using the hydronic heating coils when relative humidity rises above setpoint.

Building entries, stairwells, storage, mechanical / electrical rooms, and kitchen would be heated with hydronic heaters.

Kitchen exhaust air would be replaced with tempered air (not air conditioned) using a propane-fired rooftop make-up air unit.

A DDC control system would regulate space temperature according to an occupied / unoccupied schedule.



**Alternative 2 System Schematic** 

## Benefits:

- HVAC systems capable of active dehumidification.
- HVAC systems capable of 'free' cooling mode (utilizing cold outside air to cool the building).
- Good temperature control.

- Boiler plant requires maintenance.
- Building floor space required for boiler plant.
- Architectural aesthetics of rooftop equipment and boiler flues.
- Rooftop unit servicing would be outdoors on the roof.

• Floor plan modification to accommodate system would add approximately \$300,000 to the building construction cost.

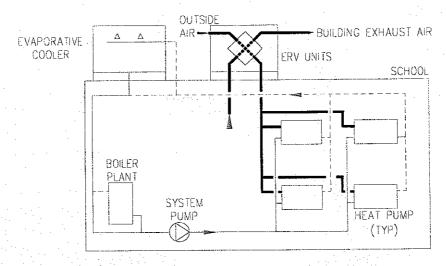
# Alternative 3: Water source heat pumps with dedicated ventilation system:

This system alternative would utilize water source heat pumps above the corridor ceilings or in mechanical closets adjacent each zone or space, except for large assembly spaces which would have equipment located on the roof (or mechanical room). Each heat pump would heat and cool its associated zone with conditioned supply air delivered through ductwork located above the ceilings to air outlets distributed throughout the served zone. The supply air temperature would vary in response to a space temperature sensor using a direct expansion (DX) compressor to reject or absorb heat to and from a condenser water loop that extends throughout the building. The condenser water loop temperature would be maintained by a boiler that would add heat to the loop during the heating season and an evaporative cooler that would reject heat to the atmosphere during the cooling season. Outside air for ventilation would be tempered and dehumidified by rooftop energy recovery ventilators (ERVs) ducted to the return air ductwork of each heat pump.

Building entries, stairwells, storage, mechanical / electrical rooms, and kitchen would be heated with electric heaters.

Kitchen exhaust air would be replaced with tempered air (not air conditioned) using a propane-fired rooftop make-up air unit.

A DDC control system would regulate space temperature according to an occupied / unoccupied schedule.



**Alternative 3 System Schematic** 

Each heat pump would be capable of independent operation in either a heating or cooling mode. Energy savings can be achieved when some zones require heat while others require cooling. The zones in cooling mode would reject heat to the condenser loop while the zones in heating mode absorb heat from the condenser loop. Essentially, the condenser loop moves heat energy from areas that have an excess to areas that have a deficit.

Energy recovery ventilators temper outside air using an enthalpy wheel to transfer heat and moisture from a warm air stream to a cooler airstream. In the cooling season when the outside air is warmer

and more humid than the indoor air, heat and moisture would transfer from the outdoor ventilation airstream to the cooler, drier building exhaust airstream, effectively precooling and dehumidifying the air before being supplied to the heat pumps. In the heating season when the outside air is cooler and less humid than the indoor air, heat and moisture would transfer from the building exhaust airstream to the cooler, drier outdoor ventilation airstream, preheating and humidifying the air before being supplied to the heat pumps.

### Benefits:

- Good temperature control.
- Reduced operational cost would occur with the use of the energy recovery units.

- Reduced dehumidification load with dedicated ventilation system / no active dehumidification
- An airside economizer mode utilizing outside air to cool the building would not be provided.
- Equipment servicing would require ceiling removal and a ladder if a service closet is not provided.
- Building floor space required for boiler plant.
- Heat pump compressors located adjacent to occupied spaces generate audible noise.
- Visibility of rooftop equipment, boiler flues, and evaporative cooler may be undesirable. Evaporative cooler may generate visible vapor cloud.
- Maintenance would be similar to alternative 1 each zone would have a unit
  with compressors and filters to maintain. Boiler plant and evaporative cooler
  also require maintenance.
- Relatively lower comfort level due to cool air discharge for heating by heat pump.
- Floor plan modification to accommodate system would add approximately \$200,000 to the building's construction cost.

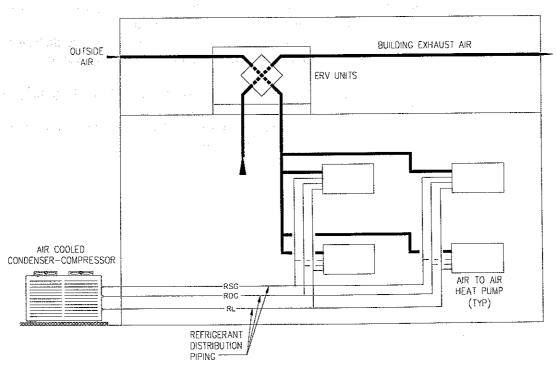
# Alternative 4: Air to air pumps with variable refrigerant volume control and dedicated ventilation system:

This system alternative would utilize air to air heat pumps above the corridor ceilings or in mechanical closets adjacent each zone or space, except for large assembly spaces which would have packaged rooftop heat pumps. Each heat pump would heat and cool its associated zone with conditioned supply air delivered through ductwork located above the ceilings to air outlets distributed throughout the served zone, with supplemental electric duct heaters for low ambient temperature operation. The supply air temperature would vary in response to a space temperature sensor using a direct expansion (DX) compressor to reject or absorb heat to and from the atmosphere. Outdoor units would have a dedicated DX compressor for each unit and indoor units would have multiple indoor units connected to a single outdoor condensing unit by common refrigerant piping. Outside air for ventilation would be tempered and dehumidified by rooftop energy recovery ventilators (ERVs) ducted to the return air ductwork of each heat pump.

Building entries, stairwells, storage, mechanical / electrical rooms, and kitchen would be heated with electric heaters.

Kitchen exhaust air would be replaced with tempered air (not air conditioned) using a propane-fired rooftop make-up air unit.

A DDC control system would regulate space temperature according to an occupied / unoccupied schedule.



**Alternative 4 System Schematic** 

Each heat pump would be capable of independent operation in either a heating or cooling mode. Energy savings for indoor heat pumps can be achieved when some zones require heat while others require cooling. The zones in cooling mode would reject heat to the refrigerant loop while the zones in heating mode absorb heat from the refrigerant loop. Essentially, the refrigerant loop moves heat energy from areas that have an excess to areas that have a deficit.

Energy recovery ventilators temper outside air using an enthalpy wheel to transfer heat and moisture from a warm air stream to a cooler airstream. In the cooling season when the outside air is warmer and more humid than the indoor air, heat and moisture would transfer from the outdoor ventilation airstream to the cooler, drier building exhaust airstream, effectively precooling and dehumidifying the air before being supplied to the heat pumps. In the heating season when the outside air is cooler and less humid than the indoor air, heat and moisture would transfer from the building exhaust airstream to the cooler, drier outdoor ventilation airstream, preheating and humidifying the air before being supplied to the heat pumps.

#### Benefits:

- Good temperature control.
- Reduced operational cost would occur with the use of the energy recovery units.
- No building space required for boiler plant.

- Anticipated to have highest probable operating cost due to supplemental electric duct heaters required to maintain indoor conditions when outdoor temperatures exceed heat pump condenser minimum ambient operating temperature of approximately 10°F.
- Reduced dehumidification load with dedicated ventilation system / no active dehumidification.
- An airside economizer mode utilizing outside air to cool the building would not be provided.
- Equipment servicing would require ceiling removal and a ladder if a service closet is not provided.
- Heat pump compressors located adjacent to occupied spaces generate audible noise.
- Relatively lower comfort level due to cool air discharge for heating by heat pump.
- No 'free' heat from the earth like the ground-coupled system.
- Minimal building core space provides limited opportunity for energy transfer from interior to exterior zones.
- Floor plan modification to accommodate system would add approximately \$50,000 to the building's construction cost.

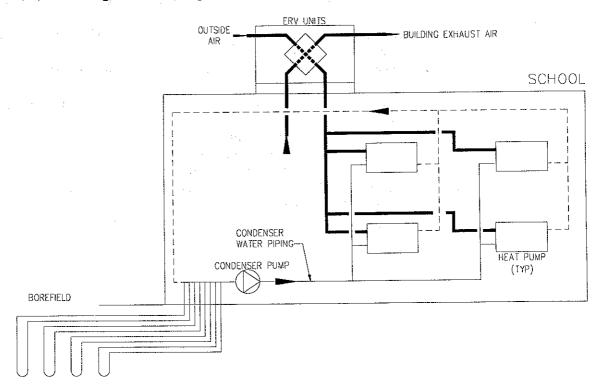
# Alternative 5: Ground coupled water source heat pumps with dedicated ventilation system:

This system alternative would utilize water source heat pumps above the corridor ceilings or in mechanical closets adjacent each zone or space, except for large assembly spaces which would have equipment located on the roof (or mechanical room). Each heat pump would heat and cool its associated zone with conditioned supply air delivered through ductwork located above the ceilings to air outlets distributed throughout the served zone. The supply air temperature would vary in response to a space temperature sensor using a direct expansion (DX) compressor to reject or absorb heat to and from a condenser water loop that extends throughout the building. Condenser water pumps would circulate an antifreeze solution between the building's condenser piping and a closed loop borehole field. The field would be a series of vertical piping loops installed in boreholes that moderate the antifreeze solution temperature by rejecting or absorbing heat from the ground, which stays at a relatively constant temperature. Outside air for ventilation would be tempered and dehumidified by rooftop energy recovery ventilators (ERVs) ducted to the return air ductwork of each heat pump.

Building entries, stairwells, storage, mechanical / electrical rooms, and kitchen would be heated with electric heaters.

Kitchen exhaust air would be replaced with tempered air (not air conditioned) using a propane gasfired rooftop make-up air unit.

A building automation system with DDC unit controllers would provide centralized HVAC system control, scheduling, and monitoring.



**Alternative 5 System Schematic** 

Each heat pump would be capable of independent operation in either a heating or cooling mode. Energy savings can be achieved when some zones require heat while others require cooling. The

zones in cooling mode would reject heat to the condenser loop while the zones in heating mode absorb heat from the condenser loop. Essentially, the condenser loop moves heat energy from areas that have an excess to areas that have a deficit.

Energy recovery ventilators temper outside air using an enthalpy wheel to transfer heat and moisture from a warm air stream to a cooler airstream. In the cooling season when the outside air is warmer and more humid than the indoor air, heat and moisture would transfer from the outdoor ventilation airstream to the cooler, drier building exhaust airstream, effectively precooling and dehumidifying the air before being supplied to the heat pumps. In the heating season when the outside air is cooler and less humid than the indoor air, heat and moisture would transfer from the building exhaust airstream to the cooler, drier outdoor ventilation airstream, preheating and humidifying the air before being supplied to the heat pumps.

The size of the borefield is determined by the cooling requirements of the facility which is approximately 125 to 155 tons. Using the typical 300' deep borehole capacity of 2 tons when spaced approximately 20' apart, 64 to 80 bore holes over approximately 25,200 ft² would be required (the area could be used for athletic fields or parking when construction is complete). A test borehole during design would be recommended to determine the available capacity of the borehole field, as conditions vary between sites.

# Benefits:

- Good temperature control.
- Anticipated to have lowest operational cost with the use of the energy recovery units & ground coupled system.
- Ground-coupled system provides 'free' heat from the earth.
- Active dehumidification could be provided with equipment having refrigerant hot gas reheat capability.
- Maintenance would be less than alternative 1 each zone would have a unit with a fan, compressor and filters to maintain but no chiller or boiler plant.
- No building space required for boiler plant.
- Additional LEED credits may be available for this system.

- An airside economizer mode, utilizing outside air to cool the building, when appropriate, would not be provided.
- Equipment servicing would occur in occupied spaces and requires ceiling removal and a ladder if equipment closets not provided.
- Heat pump compressors located adjacent to occupied spaces generate audible noise.
- Anticipated to have highest first cost of the alternatives evaluated primarily due to the borehole field.
- The discharge air temperature from heat pumps operating in heating mode is typically lower than conventional systems and occupants may have comfort concerns.
- Existing ground conditions may not be suitable (sinkholes have occurred in the area).

# ALTERNATIVE COMPARISON TABLE

✓ Alternative		-5-	. <del>.</del>	4	ψ
/	Vertical unit	Packaged Variable Air	Water Source Heat	Variable Refrigerant	Ground Coupled
/	ventilators with	Volume (VAV)	Pumps w/ dedicated	Heat Pumps w/	Water Source Heat
/	hydronic heat, chilled	Rooftop Units with	ventilation system	dedicated ventilation	Pumps w/ dedicated
Criteria	water cooling and	and Hydronic Heat		system	ventilation system
	packaged air-cooled chiller				
Construction	\$22.50	\$25.50	\$21.50	\$28.00	\$31.00
$Cost^*$ (\$/SF)					
Probable HVAC	\$1,400,000 + \$200,000 building	\$1,600,000 + \$300,000 building	\$1,350,000 + \$200,000 building	\$1,750,000 + \$50,000 building modification	\$1,937,500
(62,500 SF)	modification	modification	modification	\$1,800,000	
	\$1,600,000	\$1,900,000	\$1,550,000		
Life, Years	20	15	20	15	15
Air Distribution	Fair	Good	Good	Good	Good
Floor Space	Medium - Units	Medium - Boiler	Medium - Boiler room	Low – Outside air	Low - Pump room
Requirement	occupy space in	room and chases	and outside air duct	duct chases required.	required and outside
4	classrooms. Boiler	required for ductwork	chases required. Heat	Heat pump closets	air duct chases
	room required.		pump closets	recommended.	required. Heat pump
	•		recommended.		closets recommended.
Temperature	Fair temperature	Good temperature	Good temperature	Good temperature	Good temperature
Control	control (due to air distribution).	control	control	control	control
Humidity Control	Fair - active	Good - active	Fair (reduced	Fair (reduced	Good - active
	dehumidification	dehumidification	dehumidification load	dehumidification load	dehumidification
	would be provided.	would be provided.	with dedicated	with dedicated	would be provided.
	1		ventilation system / no	ventilation system/no	
			active	active	
	-		dehumidification)	dehumidification)	
Architectural	Fair - Outdoor chiller	Fair – Rooftop	Fair – Rooftop	Good - Rooftop ERVs	Good - Rooftop ERVs
Aesthetics	and boiler flues may	equipment and boiler	equipment and boiler	may be visible	may be visible
	be visible.	flues may be visible.	flues may be visible.		

Alternative	-1-	-2-	-3-	-4-	-5-
/	Vertical unit	Packaged Variable Air	Water Source Heat	Variable Refrigerant	Ground Coupled
/	ventilators with	Volume (VAV)	Pumps w/ dedicated	Heat Pumps w/	Water Source Heat
/	hydronic heat, chilled	Rooftop Units with	ventilation system	dedicated ventilation	Pumps w/ dedicated
Criteria	water cooling and	and Hydronic Heat		system	ventilation system
/	packaged air-cooled				
	chiller				
Maintenance	Ventilator filters,	Fewer units to service	Heat pump filters and	Heat pump filters and	Heat pump filters and
Considerations	chiller plant, and	but located on roof.	compressors,	compressors to	compressors to
	boiler plant to		evaporative cooler and	maintain.	maintain.
	maintain.		boiler plant to		
			maintain.		
Sound/Noise	Medium - units	Low – rooftop	Medium - heat pumps	Medium - heat pumps	Medium - heat pumps
	located in or near	compressors located	located in occupied	located in or near	located in or near
	occupied spaces	over occupied spaces	spaces	occupied spaces	occupied spaces
Major Equipment	Unit ventilators	<ul> <li>Packaged rooftop</li> </ul>	Heat pumps	<ul> <li>Heat pumps</li> </ul>	<ul> <li>Heat pumps</li> </ul>
	<ul> <li>Packaged rooftop</li> </ul>	units	<ul> <li>Condenser water</li> </ul>	<ul> <li>Air cooled</li> </ul>	<ul> <li>Condenser water</li> </ul>
	Units	Boilers, pumps, hot	piping, pumps	condensers	piping, pumps
:	• Boilers, pumps, hot	water piping	<ul> <li>Energy recovery</li> </ul>	<ul> <li>Energy recovery</li> </ul>	<ul> <li>Energy recovery</li> </ul>
	water piping	<ul> <li>VAV boxes</li> </ul>	units	units	units
	<ul> <li>Packaged air</li> </ul>	<ul> <li>Hydronic heaters</li> </ul>	<ul> <li>Boiler, pumps</li> </ul>	<ul> <li>Electric heaters</li> </ul>	<ul> <li>Electric heaters</li> </ul>
	cooled chiller,	<ul> <li>DDC controls</li> </ul>	<ul> <li>Evaporative cooler</li> </ul>	<ul> <li>DDC controls</li> </ul>	<ul> <li>Electric duct</li> </ul>
	pumps, chilled		<ul> <li>Electric heaters</li> </ul>		heaters.
	water piping		<ul> <li>DDC controls</li> </ul>		<ul> <li>DDC controls</li> </ul>
	Hydronic heaters				<ul> <li>Borehole field</li> </ul>
	DDC controls				
	• UDC controls				

<sup>\*</sup> Probable Costs should be used for comparative purposes only. These costs can be further refined as the design is developed.

# Life-Cycle Cost Analysis

A life-cycle cost analysis was performed on the selected HVAC systems to help assess which system would have the lowest overall cost over the life of the system. Life-cycle cost analyses are helpful in determining whether a high-performance HVAC system should be selected even though it may have a higher initial cost when compared to other systems, but may result in dramatically reduced operating and maintenance costs. The life-cycle cost analysis evaluated a 25 year time period for each system.

There are numerous costs associated with acquiring, operating, and maintaining a building HVAC system. The following costs were evaluated in the life cycle cost analysis:

- Initial Cost
- Energy Costs, both electric and natural gas
- Operation, Maintenance, and repair costs
- Replacement costs at either 15 or 20 years

Initial system costs were determined for each HVAC system based upon previous project experience and current market conditions. These costs can be found in the system comparison matrix above. Operational expenses for utilities were based on consumption, current rates, and price projections which were supplied by the 7 Group. Operation and maintenance costs for each system were determined by historical data developed by ASHRAE and Barton Associates. Replacement costs for each system were incorporated in the analysis based upon projected system life. The results of the life cycle cost analysis can be seen in the table below. The ground coupled water source heat pump system has the overall lowest operational costs and life cycle costs of the systems evaluated.

Life Cycle Cost Analysis					
HVAC System	Estimated Probable Construction Cost	Annual Energy Cost	Annual Maintenance Cost	Life Cycle Cost	
Unit Ventilators	\$1,600,000.00	\$130,413.00	\$12,470.00	\$5,593,780.00	
VAV w/ Hydronic Heat	\$1,900,000.00	\$108,123.00	\$7,150.00	\$5,436,538.00	
VRV Heat Pump	\$1,800,000.00	\$50,792.00	\$9,465.00	\$4,122,667.00	
Ground Coupled Heat Pump	\$1,937,500.00	\$42,490.00	\$6,730.00	\$3,716,962.00	

Simple Pay Back Analysis				
System Comparison	Construction Cost Difference	Operational Cost Difference	Simple Pay Back (years)	
Unit Ventilators Vs VAV	\$300,000.00	\$27,610.00	10.9	
Unit Ventilators Vs VRV	\$200,000.00	\$82,626.00	2.4	
Unit Ventilators VS GCHP	\$337,500.00	\$93,663.00	3.6	