

Ionia County mental health & suicide prevention resources



The Right Door; Children’s Mobile Crisis.....888.527.1790

- Services up to age 21
- Goes to homes
- Operates Monday to Friday 8 a.m. to 9 p.m.
- Access services by call the Right Door directly at 616.527.1790 (Ionia & Belding)/ 517.647.2128 (Portland)

For further county resources, visit: rightdoor.org

Emergency

****If there is an immediate risk or fear of safety, please go to the nearest emergency department****

Emergency.....	911
Ionia County Sherriff’s Office.....	616.527.5737
Ionia County Public Safety	616.527.4431
National Suicide Prevention Lifeline.....	988 or 800.273.TALK (8255)
.....	Española 888.628.9454
.....	TTY: 800.799.4TTY (4889)
.....	Chat at 988lifeline.org
Spectrum Health Helen DeVos Children’s Hospital Emergency Department.....	616.267.1680
Spectrum Health United Hospital Emergency Department.....	616.225.6580
Sparrow Ionia Hospital	616.523.1400
Pine Rest Psychiatric Urgent Care (300 68th Street, Grand Rapids, MI)	616.455.9200
Pine Rest Christian Hospital Crisis Line	800.678.5500
Crisis Text Line	Text “start” to 988 or 741.741
The Trevor Project Crisis Line for LGBTQ Youth	866.488.7386 or Text “start” to 678.678
Trans Lifeline.....	877.565.8860

Counseling/Outpatient - Local agencies

Psychology Today - Michigan.....	psychologytoday.com/us/therapists/michigan
Counseling Center of West Michigan	616.805.3660 ext 1137
North Kent Guidance Services	616.754.2364
Wedgewood Christian Services	616.930.5004
Spectrum Health Helen DeVos Children’s Hospital	616.391.9000
Pine Rest Christian Mental Health	866.852.4001
Spectrum Health Psychiatry & Behavioral Medicine	616.447.5820
Spectrum Health United Hospital	616.754.4691
Wayne Haines Counseling - Belding	616.666.0206
Journeys Counseling Center Family Counselors - Ionia.....	616.523.9033
Viewpointe Counseling - Ionia.....	616.523.6537
Two Rivers Counseling - Portland.....	517.647.4747
Be Well Counseling - Portland.....	517.526.3787
Four Health Family Resource - Saranac	616.642.6466

Other helpful resources

Mental Health Information and Referrals.....	211
Self-Injury Crisis Hotline	800.366.8288
Sexual Assault Hotline - Safe Helpline	877.995.5247
National Domestic Violence Hotline.....	800.799.7233 Text “start” to 88788
Substance Abuse & Mental Health Services Hotline.....	800.662.4357
Veteran’s Crisis Line.....	800.273.8255 Text 838255
SMART Recovery Support Group	meetings.smartrecovery.org

