

Food Allergies

Date: _____

*Please fill out this form and turn it in to your student's secretary. A new form must be completed every school year!

**A separate form must be filled out per food allergy- only one food allergy per form.

Student Name: _____ DOB: _____

School: _____ Teacher: _____

What food is your student allergic to? _____

Does your student have an Epipen for this food allergy? Yes: No:

If yes, what kind/brand of Epipen does your student have? _____

Where is the Epipen located? (Please check all that apply.) Office: Student Backpack: Student Locker:

Does your student take Benadryl for an allergic reaction to this food? Yes: No:

(Please explain/provide specific instructions.)

Does your student take any other medications when having a reaction? Yes: No:

(Please explain/provide specific instructions)

Does your student have a reaction if they touch the allergen (contact reactive)? Yes: No:

(Please Explain)

Does your student only have a reaction if ingested? Yes: No:

(Please Explain)

What are your student's allergic reaction symptoms? (Please check all that apply.)

LUNGS: (Breathing Problems) Wheezing: Shortness of Breath: Coughing: Difficulty Speaking:

THROAT: (Upper Airway Problems) Hoarseness: Swallowing Difficulty: Breathing Difficulty:

HEART: (Circulation Problems) Blue lips: Faint: Dizziness:

GUT: (Intestinal Reactions) Vomiting: Cramping: Diarrhea:

SKIN: Hives: Redness: Swollen Face:

MOUTH: Swelling of lips: Swelling of tongue: Metal Taste:

BRAIN: (Mental Changes) Feeling of Impending Doom: Anxiety: Confusion:

Other Symptoms: _____

Have you filled out the form: _____ for your student for this school year and given a copy to the office?

Yes: No: (*If you have not, please obtain the form, fill it out, and turn it in!)

Do you have a Care Plan or Action Plan from your student's Doctor? (Please attach a copy if so!) Yes: No:

Additional Comments: _____

Parent/Guardian Name (printed): _____

Signature: _____