JUNIOR

Class of 2025

"GEAR UP"

→ PRESENTATION

By the end of today...



Understand the next steps required for your post high school plan



Know resources to help solidify your plan



Get ideas for what to work on over the summer

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(located on 2nd floor above main office)

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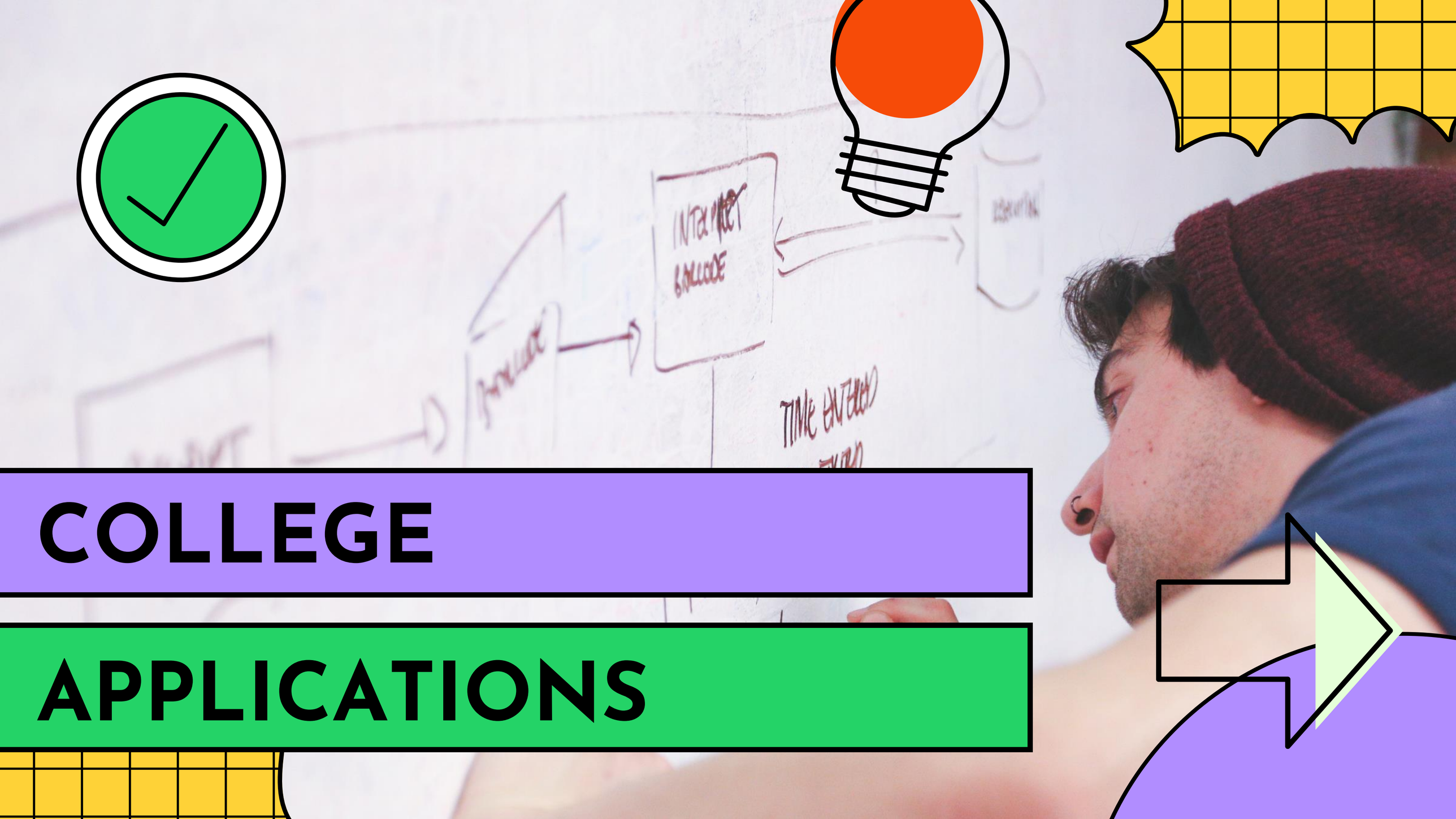
Post HS Options

Military

2 or 4 yr College

Employment

Apprenticeship or Gap Year


COLLEGE
APPLICATIONS

College Application Items

What items *might* I need to apply to a 4 year University?

Common App Application or other platform

Personal Essay and/or school specific prompt

*** Please note that you will need to check specific University admission requirements; these are general ideas.***

Counselor letter of recommendation *not always required!*

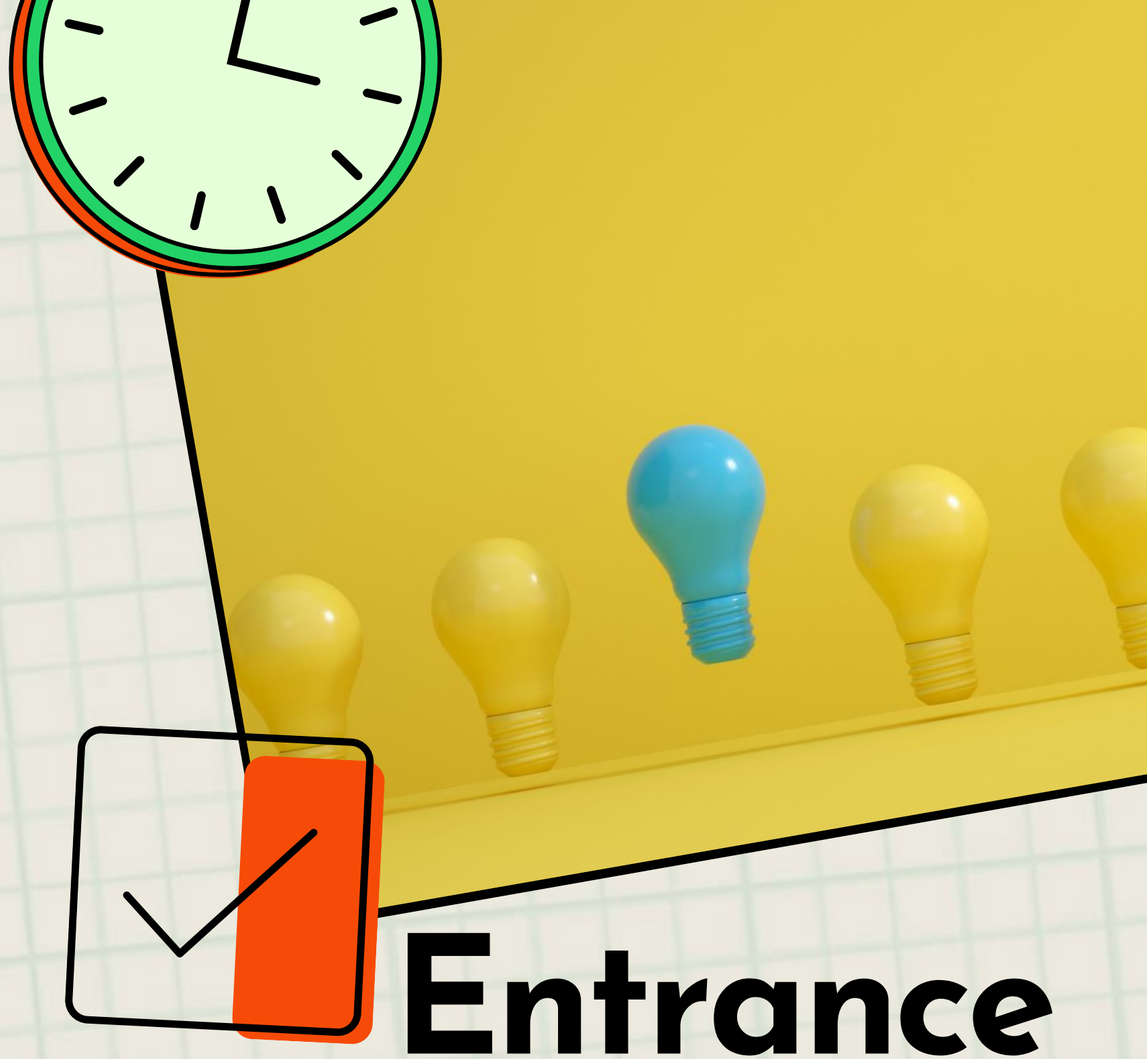
Transcript

Extracurricular Activities/ Volunteer Experience

Teacher Letter of Recommendation

SAT or ACT Scores *not always required!*

Entrance Exams- SAT & ACT



01 Many colleges are not requiring SAT/ACT scores anymore*, but make sure to check on each school's website to be sure!

02 When required, colleges recommend taking either the SAT or ACT twice ... but...taking the tests more than 3 times typically does not change score outcomes

03 Try practice tests of both the SAT and ACT to determine which one is a better fit (IHS PTSA offers practice exams twice a year). Schools do not have a preference for one over the other.

Letters of Recommendation

Teachers

Need at least one month's notice to write a solid letter

Some teachers only take a certain number of students and fill up before summer – so start asking now!

Only some schools require letters of rec – check online to see if you will need any.

These letters are written outside of school hours, so be appreciative and write a thank you note!

Counselors

Counselors will need 2 weeks' notice in the fall to process our part of your application, but there's no need to talk with us about this now.

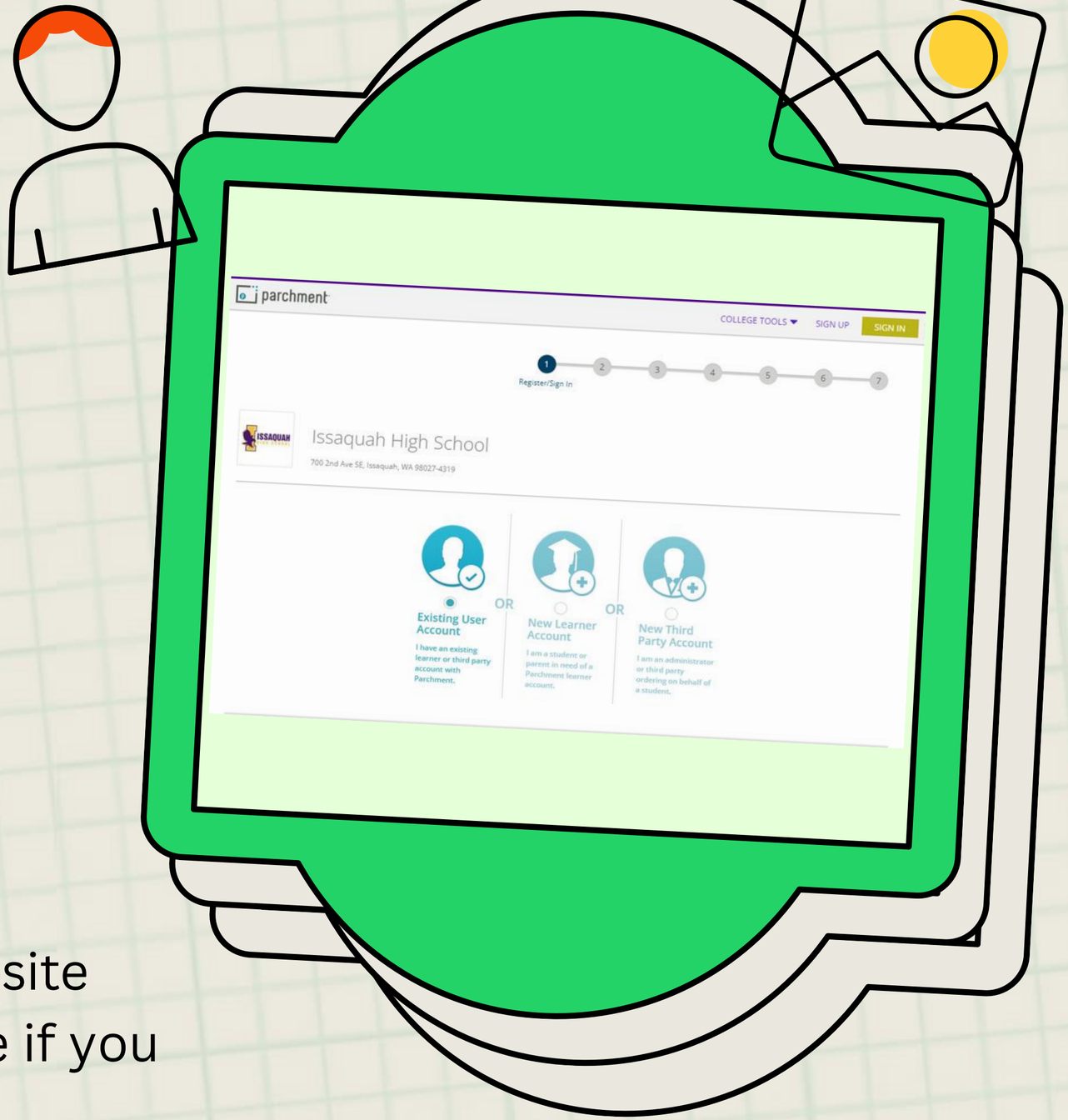
More information about our process will be presented to you early on next fall. (You can look at the website now if you want to learn more!)

****Not all schools require a counselor LOR- please verify before requesting a counselor LOR****



Requesting Transcripts

All transcript requests will go through parchment.
****You will be required to send your transcript directly to common app or any other college you are applying for****



Directions on the IHS counseling website
See Ms. Lipsen in the counseling office if you need assistance with logging in

Common App Essay Prompts

August

August 1

Launch of the 2024–2025 Common App

Common App has announced the 2024–2025 essay prompts.

Below is the complete list of the Common App essay prompts.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

We will also retain the optional community disruption question within the Writing section.

Looking for tips on how to approach the essay? Check out this video.

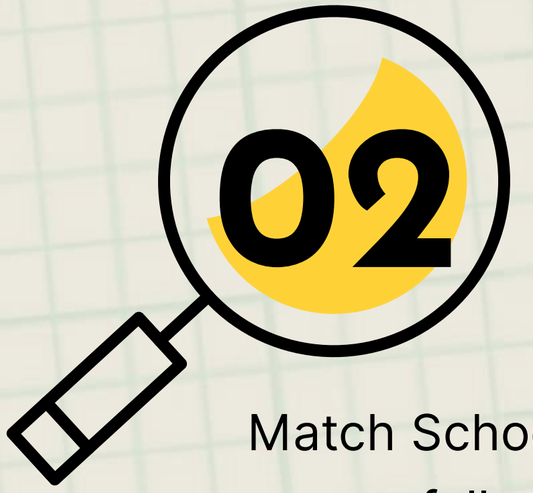
Creating a College List

Reach, Match & Safety Schools

Compare your GPA and ACT/SAT scores to the average incoming class profile. These can be found online.



Reach Schools: your scores are lower than average



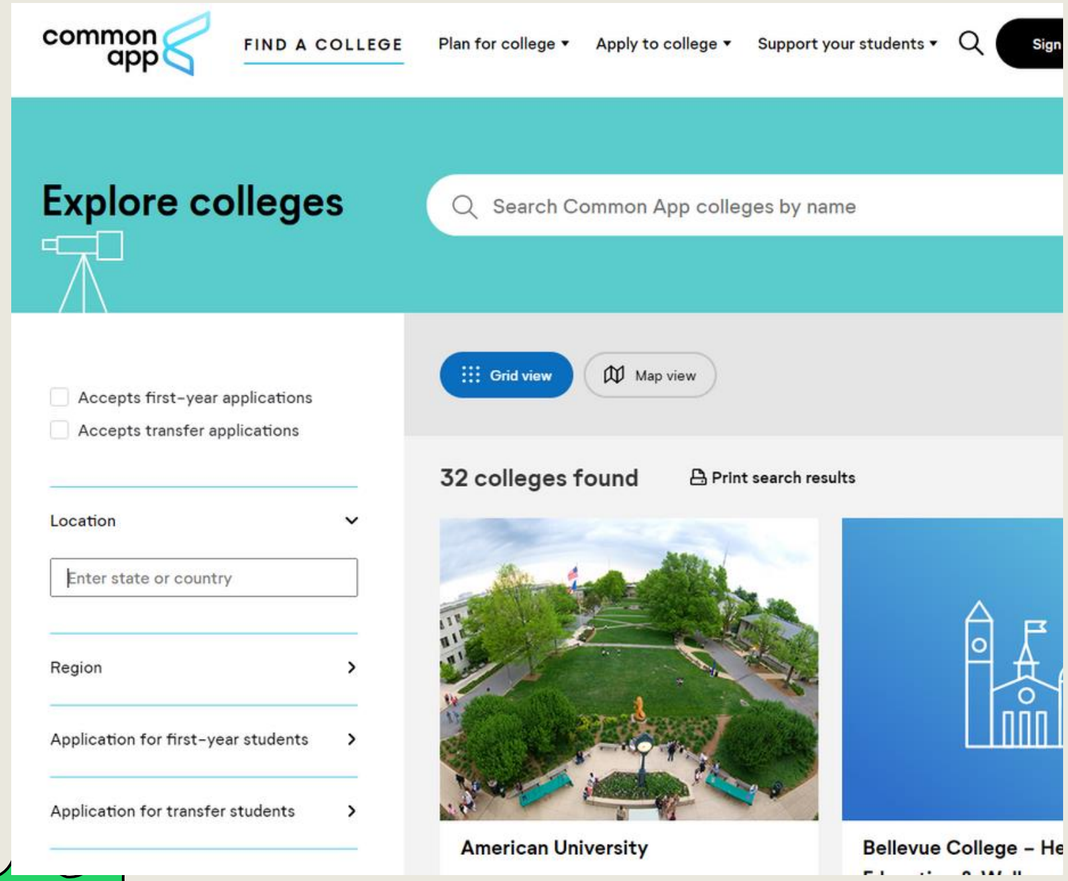
Match Schools: your scores fall within the average range

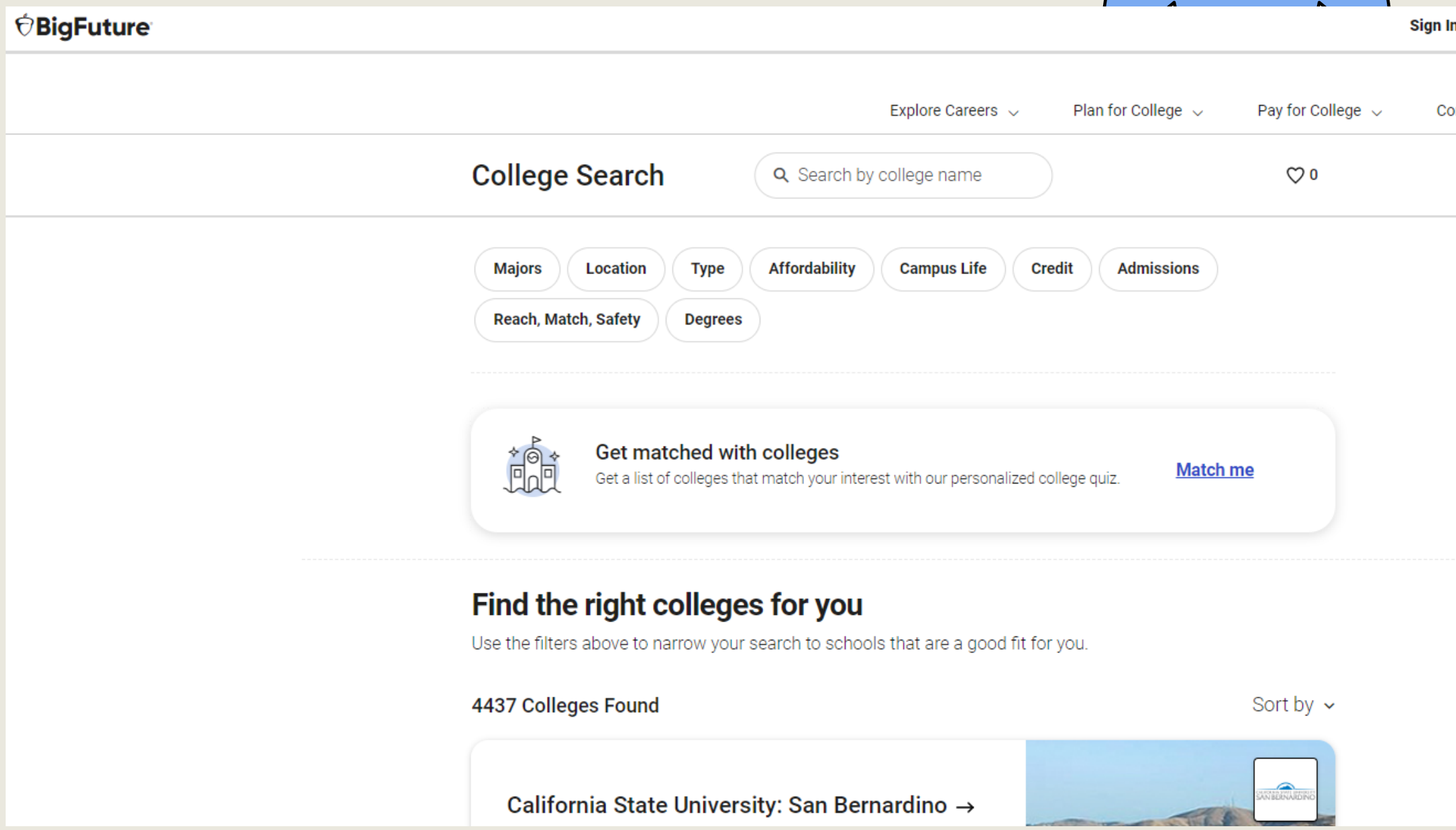


Safety Schools: your scores fall above the range

Apply to 4-6 schools, with a mixture of reach, match, and safety options.

College Search





Common App

College Board: Big Future

IHS

College and Career Center

College & Career Center

College Rep Visits & Scholarship Information

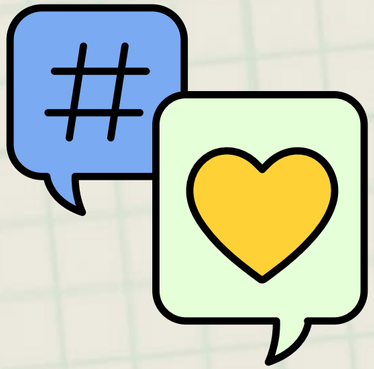
High School & Beyond Plan

ASVAB Testing Military Information

Community Service & Apprenticeship Opportunities

Career Exploration & Post High School Planning







- Senior class of 2025 Xello is due on **January 31, 2025**

- 9th-12th grade core Xello lessons and a Senior exit interview that will be held **March 19th**-details to come. Please continue to monitor your ISD email for communication from the CCC.

- Please stop by our office, email us at ihscollegeandcareer@issaquah.wednet.edu, or set up a meeting via Calendly.

- Running start students, please remember that all seniors must complete a Senior Exit Interview.
- Starting in January, interview time will be available once Xello is complete.

Before you Leave for summer

Before the end of Junior Year:

1. Know where you are at with graduation requirements
   - If you believe you are missing graduation requirements, contact your school counselor to ensure you have a plan for these requirements

2. Request to remove your HS level courses taken in MS grades (if applicable) from your transcript - form is due to counseling office by June 18th, 2024
   - **These forms will not be accepted after June 18th, 2024**

3. Register for Summer School:
   - In Person Credit Recovery Deadline: June 20th, 2024
   - Online Grade Improvement Deadline- June 4th, 2024

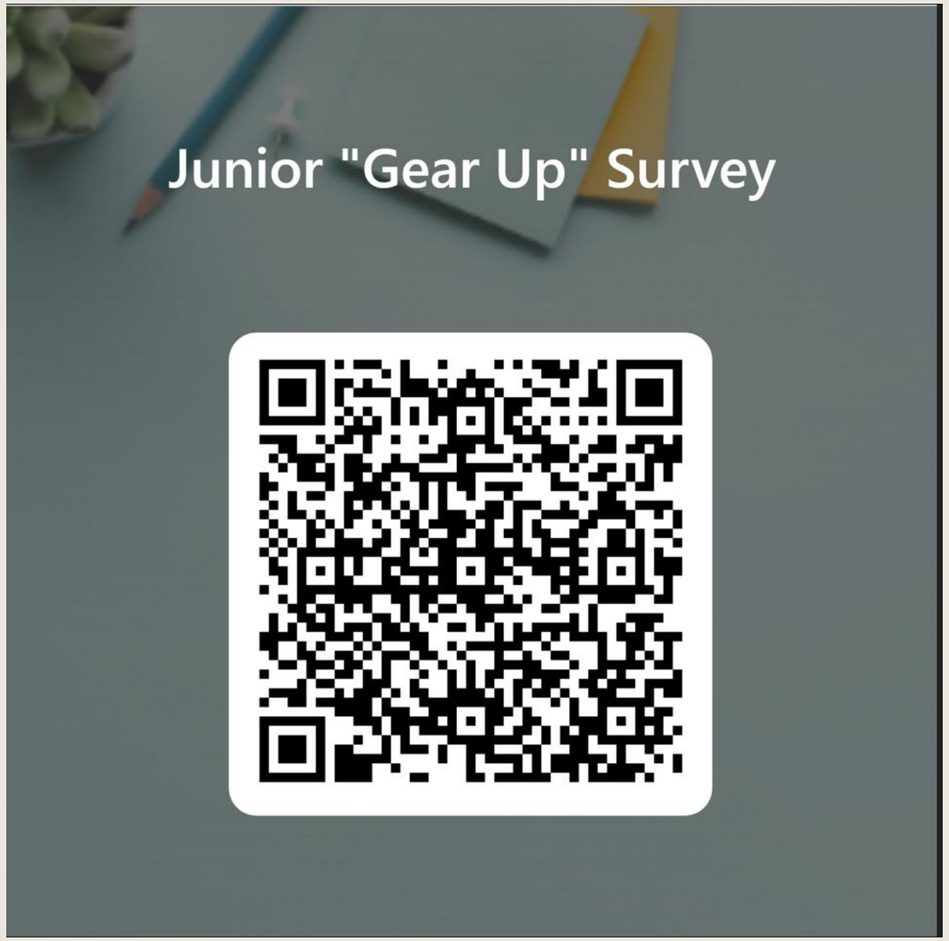
4. Turn in senior waiver request to counseling office, if interested

5. Ask teachers if they would be willing to write a letter of recommendation

6. Make sure Xello lessons are complete through 11th grade

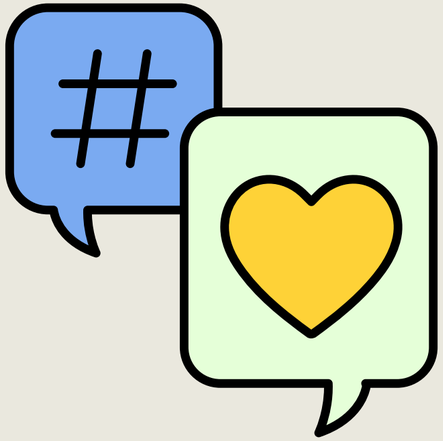


Survey time



Direct links





IHS Counseling: College & Post HS Planning

IHS College & Career Center

Transcript Requests: Parchment

Request to remove MS Grades from HS Transcript form

Request for senior waiver form

ISD Summer School Information

Contact Information for your school counselor