

Course: Human Behavior
Unit #/ Unit Name: Unit 1 Decision Making

Year of Implementation: 2019-2020

Curriculum Team Members: Michael Zechman mzechman@lrhsd.org, Brian Boland bboland@lrhsd.org

Stage One - Desired Results

Link(s) to New Jersey Student Learning Standards for this course:

9.2 Career Awareness, Exploration, and Preparation:

- This standard outlines the importance of being knowledgeable about one's interests and talents, and being well informed about postsecondary and career options, career planning, and career requirements.

Unit Standards:

Established Goals

2.1 Wellness: All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.

- A. A Personal Growth and Development

2.2 Integrated Skills: All Students will develop and use personal and interpersonal skills to support a healthy, active lifestyle.

- B. Decision Making and Goal Setting
- C. Character Development
- E. Health Services and Information

Transfer Goal(s): Students will be able to independently use their learning to make decisions that promote a healthy lifestyle.

<p><i>Enduring Understandings</i> Students will understand that...</p> <p>EU1</p> <ul style="list-style-type: none"> • The brain plays a vital role in how we make decisions. <p>EU2</p> <ul style="list-style-type: none"> • The methods we use to make decisions can have both positive and negative consequences. <p>EU3</p> <ul style="list-style-type: none"> • Basic principles of psychology influence our actions and opinions. <p>EU4</p> <ul style="list-style-type: none"> • Creating both short and long term goals can have a positive impact on personal achievement 	<p><i>Essential Questions</i></p> <p>EU 1</p> <ul style="list-style-type: none"> • What part of the brain is most important in the decision making process? • Why is it important to protect our brain? <p>EU 2</p> <ul style="list-style-type: none"> • What are positive ways to make decisions? • How do I make positive decisions rather than negative decisions? • What decisions can have a negative impact on my life? <p>EU 3</p> <ul style="list-style-type: none"> • How can understanding basic principles of psychology support a positive lifestyle? • What aspects of psychology most influence my behavior? <p>EU 4</p> <ul style="list-style-type: none"> • Why is important to have goals? • Is it more important to have short term or long term goals?
<p><i>Knowledge</i> Students will know that. . .</p> <p><i>Students will know . . .</i></p>	<p><i>Skills</i> Students will be able to. . .</p> <p>EU 1</p> <ul style="list-style-type: none"> • label the parts of the brain on a diagram.

EU 1

- various parts of the brain and their primary function.
- how brain damage can impact the decision making process.

EU2

- how to recognize the difference between positive and negative decisions.
- strategies for making positive decisions.

EU 3

- the role that psychology plays in how we think and behave.
- the elements that make up personality theory. Be more specific

EU 4

- the difference between long term and short term goals.
- the steps to making short term and long term goals.
- ways in which goal setting can increase success.

EU 2

- identify positive and negative decisions.
- explore various scenarios and recognize decisions with positive outcomes.

EU 3

- link specific actions and behaviors with the psychological theory.

EU 4

- create short term goals and list the steps taken to achieve each goal.
- create long term goals and list the steps taken to achieve each goal.
- reflect on whether they achieved their goals and what factors led to achieving or not achieving each goal.

Stage Two - Assessment

Other Evidence:

- Tests
- Quizzes
- Prompts
- Self-assessment
- Observations
- Dialogues
- Teacher checklist
- Class discussion
- PowerPoint
- Role playing scenario
- Posters indicating short and long-term goals

Stage Three - Instruction

Learning Plan: **Suggested Learning Activities to Include Differentiated Instruction and Interdisciplinary Connections: Each learning activity listed must be accompanied by a learning goal of A= Acquiring basic knowledge and skills, M= Making meaning and/or a T= Transfer.**

- Create a kahoot quiz displaying information from various elements of psychology (A) (EU3)
- Research the elements of personality theory (A) (EU3)
- Research a current event article on CTE (A) (EU1)
- Create a goal setting wheel establishing goals for various daily activities (A) (EU4)
- Label the parts of the brain involved in the decision making process (A,M) (EU1)
- Research Phineas Gage and explain why his case is relevant (A,M) (EU1)
- Role playing various scenarios pertaining to decision making (M,T) (EU2)
- Practice decision making using t-charts (M,T) (EU2)

- Establish healthy short and long term goals and identify 3 steps needed to achieve each goal (M,T) (EU4)
- Demonstrate appropriate steps needed to achieve their goals (M,T) (EU4)
- Break up long term goals into several short term goals (M,T) (EU4)
- Create a venn diagram for classical and operant conditioning (M) (EU3)