

Heather Bryan Capuzzi

Athlete- Lacrosse, Field Hockey, Soccer
Shawnee High School Class of 1997



Named the “**New Jersey Player of the Year 1996**” (Lacrosse), Heather Bryan Capuzzi earned a total of eight varsity letters in the sports of Lacrosse, Field Hockey and Soccer as a Shawnee student athlete. Heather played the position of Attack (Center) and Defense in Lacrosse, Forward in Soccer, and Wing in Field Hockey.

In her Lacrosse career, Heather helped lead her team to three State Championships (1994, 1996, and an undefeated 1997), was named Burlington County Times All-County in 1995, 1996, and 1997, 1st Team All-Selection in 1996 and 1997, 1st Team All-South Jersey 1996 and 1997, and 1st Team All-State 1996 and 1997.

Serving as Team Captain for the 1997 Girls Lacrosse team, her senior year saw Heather named as the **Inquirer Player of the Year**, the **Courier Post Player of the Year**, the **NJ Female Athlete of the Year**, the **All-American Attacker of the Year** and recipient of the All-American Award from the US Women’s Lacrosse Association and STX.



Heather attended Monmouth University, graduating in 2001 with a degree in Psychology and dual-major in Criminal Justice. At Monmouth, Heather continued to play varsity Lacrosse at the collegiate level for four years, specializing in the position of Attack. Heather’s impressive college accolades included her induction into the Monmouth University Athletics Hall of Fame in 2014, named the **Monmouth University Female Athlete of the Year in both 2000 and 2001**, a three-time All-American selection and a four-time All-Region selection. Heather was elected as a two-time Captain and led Monmouth to their first NCAA Tournament appearance after winning the NEC regular season and tournament title in 2001. Heather was a four-time First Team All-Northeast Conference selection, and **Conference Player of the Year in 2000 and 2001**. As the most decorated player in Monmouth University history, Heather is a record holder as Monmouth’s all-time leader in goals (186) and points (251) and she holds numerous single-season and single game scoring records. Heather was the first player in NEC Women’s Lacrosse history to win the **Player of the Year Award** in back-to-back years and first player to win **Female Player of the Year Award** in back-to-back years.

Heather currently works in the field of Medical Sales for Alto Pharmacy as the Executive Partnerships Manager. Professionally, Heather has reached level of President’s Club (top sales award) multiple years with Amgen, Sanofi, Pfizer and Celgene. She was named the Global Representative of the Year with Sanofi. Heather led and launched a new startup healthcare technology company (Alto Pharmacy) in Southern California as was named Representative of the Year with Alto. Heather currently lives in Redondo Beach, California. She and her husband Michael are parents to Ella, Mila, and Michael.

-Congratulations on your induction, Heather!